

The Alumnae



FEBRUARY, 1956

ALUMNAE BOARD OF DIRECTORS — 1956

PRESIDENT:

Mrs. Marybeth Curth
312 Neola
Park Forest, Illinois
Skyline 5-8414. Term ends 1956

FIRST VICE-PRESIDENT

Mrs. Lucille Narva
415 Darrow Avenue
Evanston, Illinois
Davis 8-4346. Term ends 1957

2nd VICE-PRESIDENT

Miss Ida Gindele
5934 N. Harlem Ave.
Chicago, Illinois
Ne. 1-0018. Term ends 1956

TREASURER

Mrs. Edna Travers
4019 No. Harding Ave.
Chicago 18, Illinois
Ju. 8-6576. Term ends 1956.

RECORDING SECRETARY

Miss Sally Zeeman
O. S. 450 Summit Ave.
Villa Park, Illinois
V. P. 3307M. Term ends 1957

CORRESPONDING SECRETARY

Miss Nancy Allen
5407 So. Dorchester Ave.
Chicago 15, Illinois
Mi. 3-3907. Term ends 1956.

MEMBERSHIP COMM. CHAIRMAN

Mrs. Margaret Lennarson
10740 So. Emerald Ave.
Chicago 28, Illinois
Co. 4-5828. Term ends 1957

RELIEF COMM. CHAIRMAN

Miss Nora Gaulke
1500 S. Indiana
Chicago 18, Illinois
Harrison 7-5040. Term ends 1956

NOMINATING COMM. CHAIRMAN

Mrs. Marion Byrne
92nd Ave.
Palos Park, Illinois
Gibson 8-3775. Term ends 1956

PROGRAM COMM. CHAIRMAN

Miss Marion Etten
2600 Rascher Ave.
Chicago 25, Illinois
Ar. 1-4736. Term ends 1956

PRESS AND PUBLICATION COMMITTEE CHAIRMAN

Mrs. Lucy Pistilli Tyner
428 Lowell
Glen Ellyn, Illinois
Glen Ellyn 4017. Term ends 1957

HISTORY OF NURSING COMMITTEE CHAIRMAN

Mrs. Charlotte Baumgartner
1421 Summerdale Ave.
Chicago 40, Illinois
Ra. 8-8826. Term ends 1956.

HISTORICAL SOUVENIR COMMITTEE CHAIRMAN

Mrs. Elizabeth Griffith
739 S. Princeton Ave.
Villa Park, Illinois
Te. 2-8340. Term ends 1957

SCHOLARSHIP AND LOAN COMMITTEE CHAIRMAN

Mrs. Mary Everett Merchant
5424 Cornell Avenue
Chicago 15, Illinois
Pl. 2-6285. Term ends 1957

MEMBERS-AT-LARGE

Mrs. Leone Vetren
7034 East End Avenue
Chicago 49, Illinois
Do. 3-5759. Term ends 1956.

Miss Rosemary Scott
5455 Blackstone Ave.
Chicago 15, Illinois
Mi. 3-3228. Term ends 1957

Miss Muriel Stewart
458 Fullerton
Chicago 14, Illinois
Li. 9-7215. Term ends 1957

PRIVATE DUTY SECTION CHMN.

Mrs. Doris Rogers
1145 W. Lunt
Chicago 26, Illinois
Am. 2-1830. Term ends 1957

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.

THE ALUMNAE

Official Organ of
The Alumnae Ass'n of Saint Luke's Hospital School of Nursing
Chicago, Illinois

Volume 54

February, 1956

No. 1

ANNUAL REPORT OF ST. LUKE'S ALUMNAE ASSOCIATION PRESIDENT'S REPORT FOR 1955

At the close of her first year in office, your President expresses thanks to each member of the Association who has helped immeasurably, both in time and service. Everyone has made this first, rather difficult year easier and more enjoyable.

Our officers during 1955 have met at seven board meetings, and our members have participated in four general meetings and the annual meeting in December of 1954, with the president present at all of the meetings. She also attended seven meetings of the Nursing Council and related pertinent data to the board members.

In February, our program chairman provided us with an evening of games and cards following the general meetings. It was also an opportunity for members to become better acquainted. Following our April meeting, a representative from Patricia Stevens agency provided our program. In October, Mr. Mortimer Zimmerman, from Weiss Memorial Hospital, spoke to the members and guests on hospital accreditation. A question and answer period followed this interesting discussion.

On May 18, we held our annual buffet supper at the Midland Hotel, with two hundred and sixty-eight members and guests present. We all, are indeed appreciative of the time and work involved in this great undertaking by the chairman and her committee.

During the past year, we accept with regret, the resignation of Miss Maude Gooch, who has worked tirelessly on our Relief Committee for almost thirty-five years, and has had a smile, a

kind word, and a helping hand for all those who requested it. Miss Gooch resigned her position in May, and the Association was truly sorry to have her leave. Miss Nora Gaulke was appointed to succeed Miss Gooch as chairman of the Relief Committee.

Five Alumnae Journals were published and sent to members.

The 1955 Year Book was sent to all graduates this year, and through the efforts of Miss Barbara Trethaway and her committee, was well received.

Since no one from our Association was recommended for the Ellen Robinson Fund, the monies this year were awarded to a graduate of the Illinois Training School for Nurses.

Our donation to the Harriet Fulmer Award was increased from \$50.00 to \$100.00

A contribution of \$100.00 was made to the Tuberculosis Service Fund of the 1st District, Illinois State Nurses' Association.

In February, Mrs. W. Glenn Suthers was engaged to instruct the members in Parliamentary Procedure. She attended all regular meetings except one, and spoke before each business meeting. Her information and instruction has aided all of us in the proper conduct of business meetings.

The Alumnae Association was the recipient of \$100.00 bequeathed from the estate of Mary Thompson, which was placed in the Welfare Fund.

Our legal advisors remain Winston, Straun, Black and Towner; our auditors, Arthur Young and Company.

I wish to thank everyone on the board and the members of their committees, and to the Association as a whole for their work, co-operation and encouragement.

MARYBETH C. CURTH, *President*

History of Nursing Annual Report

The history of nursing committee has again made available for purchase in the "Shop," "The History of St. Luke's School of Nursing."

A questionnaire was distributed to 14 senior students, however only one was returned and this was incomplete. The purpose of this questionnaire is to keep some type of record concerning the school so that when a revision of the present volume is written, the necessary information will be available. It has been decided that the questionnaire will now be distributed to alumnae members who are recent graduates with an explanation of its purpose. The committee hopes that in this way there will be a better response.

Respectfully Submitted,
C. Baumgartner, Chairman
A. Pishce
M. Omoir

Corresponding Secretary's Annual Report

The Assistant Secretary, who is the Corresponding Secretary, attended to the correspondence of the Association, notified officers and Board members of six regular Board meetings, informed members who were appointed to office and provided the Secretary of the First District, Illinois State Nurses Association the names and addresses of the Association's officers.

The task of mailing notices and communications to the membership was very ably and dependably performed by Miss Alice Sanderson throughout the year.

Respectfully Submitted,
Nancy Allen

Press and Publications Committee Annual Report

There were five St. Luke's Alumnae Journals published during the year 1955. The Journal's staff wishes to thank those members who supplied the material to make this possible.

Respectfully Submitted,
Bernice House

Endowed Rooms Annual Report

Twenty-three members have occupied the endowed rooms for a total of 291 days.

The following alumnae members have been taken by death during 1955:

Marjorie McDougal De Bere
Lillian Sleighthalm Schwarz
Ada Blumer
Adda Eldredge

Respectfully Submitted,
Nora Gaulke, Chairman
Helen Rutherford
Leila Bostwick

Recording Secretary's Annual Report

During the year 1955 the Recording Secretary kept the minutes of four regular meetings and six Board of Director's meetings and handled all other business pertinent to the office.

Respectfully Submitted,
Sally Zeeman

Historical Souvenir Committee Annual Report

The catalog of the Souvenir Collection has been brought up to date. There were several donations made to the collection this past year.

I would suggest a display each year at the Alumnae Teas to stimulate interest in it.

Respectfully Submitted,
Gertrude B. Hunt, Chairman

Membership Committee Annual Report

Membership in the Alumnae Association from November 1, 1954 through October 31, 1955, is:

Total Membership	1250
Regular Members	802
Life Members	447
Life Members Partial Paid	1

This year 32 nurses have joined the Alumnae, of which 21 are new members and 11 reinstatements.

Respectfully Submitted,
Rosemary Scott, Chairman
Miss Maude Gooch
Mrs. Edna Travers
Miss Muriel Stewart

Annual Report of the Nominating Committee

The nominating committee presented the ballot at the October meeting, when it was approved by the Alumnae Association. The ballots were then sent out to the members of the Association on November 2, 1955.

Respectfully Submitted,
Margaret Lennarson, Chairman
Joan De Mars
Lucille Gross
Marion Etten

Revisions Committee Annual Report

There have been no changes in the by-laws of the Alumnae Association of St. Luke's Hospital School of Nursing, Chicago, during the past year.

Respectfully Submitted,
Lucille A. Narva, Chairman
Caroline Mitchell
Helen Redelsheimer
Olive Richardson

Scholarship and Loan Fund Committee

This committee has awarded five scholarships of \$65 to each of the following alumnae members: Miss Doris Malbo toward her B.S. degree at N.W.N.; Miss Ellen Littlewood for her B.S. degree in nursing at Boston University; Miss Susan Yeomans for her M.A. degree in Public Health Nursing Supervision at Chicago University; Miss Frances Geddo for her B.S. degree in Nursing at Loyola U.; Miss Jean Hunter for her M.S. degree in Nursing Education at U. of Calif.

Each nurse by letter to the chairman has expressed her appreciation for the interest and aid given her by the association and has asked that I extend her thanks to you.

An application is also on file from a 1955 graduate which will be granted as soon as she has finished her training in January and her membership in the association is completed.

The committee feels that this program for spreading the scholarship fund, (although not large), will in time help a great number of nurses; that the past year in which it has actually been in force, shows its merit and warrants its continuance.

Respectfully Submitted,
Mary Merchant, Chairman
Nancy Allen
Alice Sanderson
Leone Vetren
Susan Yeomans

In Memoriam

The Alumnae Association extends its deepest sympathy . . .

. . . to Lucy Verity Younger (1918) in the loss of her husband, Harvey O. Younger in January, 1956 at St. Petersburg, Florida.

. . . to Mary Lu Bell McGrew (1934) in the loss of her father, Harry T. Bell in December, 1955 at Macomb, Illinois.

. . . to the family of Dr. Harold O. Jones, 71, retired professor emeritus of obstetrics and gynecology at Northwestern University Medical School, who passed away in Texas on November 26. He interned at St. Luke's and was associated with Dr. Watkins. At one time he was head of the St. Luke's Hospital medical board and chairman of the hospital's department of obstetrics and gynecology.

Results of Annual Election of Board of Directors

1st Vice-President
Mrs. Narva 497
Mrs. Kato 160

Recording Secretary
Miss Zeeman 324
Miss Worthington 227

Membership Committee Chairman
Mrs. Lennarson 419
Miss Kratovil 132

Nominating Committee Chairman
Mrs. Byrne 301
Mrs. Palfi 242

**Press and Publications
Committee Chairman**
Mrs. Tyner 549

**Historical Souvenir
Committee Chairman**
Mrs. Griffith 545

**Scholarship and Loan
Committee Chairman**
Mrs. Merchant 349
Mrs. Amador 207

Members at Large
Miss Scott 425
Miss Stewart 266
Mrs. House 246
Mrs. Wolff 114
G. B. Hunt One Write In

Ballot Tally—December 5, 1955

Ballots mailed 1250
Ballots received 566
Ballots valid 555
Ballots not valid 4

Four were returned — 2 because of insufficient postage and 2 because the members had moved away. Three were returned unmarked.

Respectfully Submitted,
Gertrude B. Hunt

. . . to the family of Dr. Arthur H. Curtis who passed away in November. He had been associated with Dr. Thomas Watkins of St. Luke's staff. He retired in 1947 after having been on the staff of Passavant Hospital.

. . . to the family of Isabelle Schmidt Retrum (22B) who died in December, 1955. Mrs Retrum did not finish training but most of her classmates will remember her.

. . . to Beatrice Lambert (22B) in the loss of her husband, Duane Moore, who died January 13 in Pasadena, California.

. . . to Rita Rioard (22B) in the loss of her husband, E. B. Kabish, who died this fall in Oak Park.

ANNUAL REPORT OF FINANCE COMMITTEE

The proposed income for 1955 was estimated on a membership of 850, which does not include life membership, making the income for the year \$2,550.00.

The following are the proposed figures and actual expenditures:

	Proposed Budget	Actual Expenses
Committee Expenses	\$ 50.00	\$ 73.61
Postage	100.00	193.44
Printing, Stationery and Supplies	100.00	165.15
Publishing of Alumnae Journals	1,300.00	1,325.63
Educational Program	100.00	106.21
Banquet Expense	400.00	373.46
Harriet Fulmer Award	100.00	100.00
Report Charge, Sec. of State	1.00	1.00
Safety Deposit Box	5.50	5.50
Auditor's Expense	125.00	125.00
Legal Expense	100.00	75.00
Week's Free Care Fund	100.00	100.00
Treasurer's Bond	5.00	5.00
Convention Expense	50.00	00.00
Parliamentarian	100.00	50.00
Year Book	1,200.00	1,131.00
Miscellaneous	100.00	57.33
Total	\$3,936.50	\$3,887.33
Deficit	\$1,337.33	

Deficit will be made up from our General Fund.

Respectfully Submitted,
Ida Gindele, Chairman
Finance Committee

ALUMNAE ASSOCIATION OF ST. LUKE'S HOSPITAL SCHOOL OF NURSING STATEMENT OF ASSETS OCTOBER 31, 1955

EXHIBIT A

	Cash	Investments (Exhibit E)	Total
Treasurer' accounts (Exhibit B):			
General Fund	\$ 894.53		894.53
Welfare Fund	1,017.07		1,017.07
General Alumnae Fund (Exhibit C)	3,780.73	11,000.00	14,780.73
Endowed Room Account (Exhibit C) ..	2,030.03	10,000.00	12,030.03
Scholarship and Loan Fund (Exhibit C)	1,335.95	2,000.00	3,335.95
Life Membership Fund (Exhibit D)	1,953.23	14,000.00	15,953.23
	<u>\$11,011.54</u>	<u>37,000.00</u>	<u>48,011.54</u>

Alumnae Association of
St. Luke's Hospital School of Nursing, Chicago

We have examined the accounts kept by the Treasurer of the Association for the year ended October 31, 1955, and have prepared therefrom the accompanying statement of assets at that date and statements of cash receipts and disbursements for the year then ended. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests of the accounting records and such other auditing pro-

cedures as we considered necessary in the circumstances.

In our opinion, the accompanying statements fairly present the cash and securities owned by the Association at October 31, 1955 and its cash transactions for the year then ended.

ARTHUR YOUNG & COMPANY

Chicago, Illinois

November 9, 1955

TREASURER'S ACCOUNTS
CASH RECEIPTS AND DISBURSEMENTS
YEAR ENDED OCTOBER 31, 1955

EXHIBIT B

	General Fund	Welfare Fund	Total
Receipts:			
Dues and reinstatements	\$2,388.03		2,388.03
Alumnae banquet receipts	664.00		664.00
Contributions to Welfare Fund		116.00	116.00
Transfer from General Alumnae Fund ..	1,300.00		1,300.00
Transfer from Scholarship and Loan Fund	325.00		325.00
Transfer from Endowed Room Account ..	241.77		241.77
	<u>\$4,918.80</u>	<u>116.00</u>	<u>5,034.80</u>
Disbursements:			
Journals and postage— "The Alumnae"	\$1,328.63		1,328.63
Postage, printing, stationery and supplies	434.00	30.00	464.00
Banquet expense	850.10		850.10
Audit and legal expense	200.00		200.00
Board meeting expense	39.91		39.91
Alumnae meeting expense	18.78		18.78
Educational program expense	32.31		32.31
Harriet Fulmer award	100.00		100.00
Contribution to Weeks of Free Care Fund	100.00		100.00
Year book expense	1,163.50		1,163.50
Press and Publicity Committee expense	26.56		26.56
Nominating Committee	5.00		5.00
Safety deposit box rental	5.50		5.50
Repair addressograph machine	7.63		7.63
Annual report—Secretary of State	1.00		1.00
Purchase cabinet	25.50		25.50
Surety bond for treasurer	5.00		5.00
Refund banquet admission	3.50		3.50
College credit tuition	325.00		325.00
New pillows for endowed room	26.42		26.42
Service contract on airguard in endowed room	24.20		24.20
Parliamentarian	50.00		50.00
	<u>\$4,772.54</u>	<u>30.00</u>	<u>4,802.54</u>
Excess of receipts over disbursements	\$ 146.26	86.00	232.26
Balance October 31, 1954	748.27	931.07	1,679.34
Balance October 31, 1955	<u>\$ 894.53</u>	<u>1,017.07</u>	<u>1,911.60</u>
Represented by cash on deposit in the Continental Illinois National Bank and Trust Company of Chicago			<u>\$1,911.60</u>

CASH RECEIPTS AND DISBURSEMENTS
GENERAL ALUMNAE FUND, ENDOWED ROOM ACCOUNT,
AND SCHOLARSHIP AND LOAN FUND

YEAR ENDED OCTOBER 31, 1955

EXHIBIT C

	General Alumnae Fund	Endowed Room Account	Scholarship and Loan Fund	Total
Receipts:				
Contributions to Endowed Room Fund	\$	505.00		505.00
Overtime in Endowed Room		9.00		9.00
Income from investments (Exhibit E)	313.00	276.00	50.00	639.00
Interest on savings account	54.07		55.07	109.14
Sale of "History of St. Luke's Hospital School of Nursing" books	6.00			6.00
Repayment of sick benefit— Edna Rohr		50.00		50.00
	<u>\$ 373.07</u>	<u>840.00</u>	<u>105.07</u>	<u>1,318.14</u>
Disbursements:				
Transfer to General Fund to cover:				
Year book and general expense	\$1,300.00			1,300.00
Five college tuitions			325.00	325.00
Prior years' expenses paid		191.15		191.15
Current year's expenses paid		50.62		50.62
	<u>\$1,300.00</u>	<u>241.77</u>	<u>325.00</u>	<u>1,866.77</u>
Excess (deficiency) of receipts over disbursements	\$ (926.93)	598.23	(219.93)	(548.63)
Balance October 31, 1954	4,707.66	1,431.80	1,555.88	7,695.34
Balance October 31, 1955	<u>\$3,780.73</u>	<u>2,030.03</u>	<u>1,335.95</u>	<u>7,146.71</u>
Represented by cash on deposit at the Continental Illinois National Bank and Trust Company of Chicago, Savings Account No. 195964....				<u><u>\$7,146.71</u></u>

LIFE MEMBERSHIP FUND
STATEMENT OF CASH RECEIPTS AND DISBURSEMENTS

YEAR ENDED OCTOBER 31, 1955

EXHIBIT D

Receipts:				
From members	\$	461.00		
Interest from investments (Exhibit E)		365.60		
Interest on savings account		19.22		
				<u>\$ 845.82</u>
Balance October 31, 1954				1,107.41
Balance October 31, 1955				<u><u>\$1,953.23</u></u>
Represented by cash on deposit in the Continental Illinois National Bank and Trust Company of Chicago, Savings account No. 210437				<u><u>\$1,953.23</u></u>

INVESTMENTS

OCTOBER 31, 1955

EXHIBIT E

	Principal amount	Book value	Redemption or market value*	Interest received
GENERAL ALUMNAE FUND:				
New York Central Railroad Company refunding and improvement mortgage, Series C, 5%, dated October 1, 1921, due October 21, 2013	\$1,000	1,000.00	910.00*	50.00
U.S. Savings bonds, 2½ %, Series G—Due January 1, 1956	5,000	5,000.00	4,960.00	125.00
U.S. Savings bonds, 2.76%, Series K—Due April 1, 1966	5,000	5,000.00	4,895.00	138.00
		\$11,000.00	10,765.00	313.00
ENDOWED ROOM ACCOUNT:				
U.S. Savings bonds, 2.76%, Series K— Due September 1, 1964	5,000	\$ 5,000.00	4,845.00	138.00
Due February 1, 1966	5,000	\$ 5,000.00	4,895.00	138.00
		\$10,000.00	9,740.00	276.00
SCHOLARSHIP AND LOAN FUND:				
U.S. Savings bonds, 2½ %, Series G—Due February 1, 1961	2,000	\$ 2,000.00	1,916.00	50.00
LIFE MEMBERSHIP FUND:				
U.S. Savings bonds, 2½ %, Series G— Due February 1, 1962	6,000	\$ 6,000.00	5,712.00	150.00
Due September 1, 1962	2,000	2,000.00	1,898.00	50.00
U.S. Savings bonds, 2.76%, Series K— Due September 1, 1964	4,000	4,000.00	3,868.00	110.40
Due February 1, 1966	2,000	2,000.00	1,950.00	55.20
		\$14,000.00	13,428.00	365.60
		\$37,000.00	35,849.00	1,004.60

Please Send All Changes Of Address To:

MISS ROSEMARY SCOTT

5455 Blackstone Ave.

Chicago 15, Illinois

St. Luke's - Presbyterian Merger Discussed

Due to the recent publicity in the Chicago press, Mr. John Bent, President, Board of Trustees, St. Luke's Hospital has written for our use in this publication, the following letter which is self-explanatory.

No action has been taken or will be taken hastily, and you all may be assured that our fine Board of Trustees has the best interests of everyone before them constantly.

Marybeth C. Curth, President

January 24, 1956

Mrs. Otto Curth

312 Neola Street

Park Forest, Illinois

Dear Mrs. Curth:

In view of the recent publicity concerning the future of St. Luke's I feel that a group as loyal as the St. Luke's School of Nursing Alumni should know how the Board of Trustees feel regarding the future of the hospital.

For sometime now it has been evident that to maintain our high standards of patient care and service to the community St. Luke's should take a realistic view of trends in the practice of medicine, keeping in mind the high caliber and eminent medical staff which has been synonymous with St. Luke's.

With this in mind the Board of Trustees feels that St. Luke's should become identified with a nationally known medical center. This would mean building our own hospital on the campus of the University of Illinois, Northwestern University or the University of Chicago. Because of the high cost of land and building and other factors the Board of Trustees, after careful consideration of the above possibilities, has adopted, in principle, a merger with Presbyterian Hospital if, and only if, the merger can be accomplished on the basis of equality with no thought of absorption or domination and without the loss of identity and reputation built up over a period of ninety years.

There are many ramifications involved in such a move and even if an equitable agreement can be reached it would be two to three years before the merger would take place.

I would like to assure the alumni that they will be kept well informed of any developments and that if the final decision of the Board is to merge the alumnae vested interest in St. Luke's will be uppermost in our minds.

Very truly yours,
John P. Bent, President
Board of Trustees

And So They Were Wed

Carolyn Jane Chapplears (48B) to Edgar LeGros Russell, Chicago, December 31.

Cynthia Ann Hall (56A) to Dr. Richard Redfield Horswell, Delphi, Indiana, October 30.

Ruth Hennig (52B) to Dr. Hyman Mackler, Chicago, November 30.

Joan Elizabeth Barton (56A) to Hoazy Thomas Sweeney, Chicago, December 19.

Marcia Damaris Waterman (55B) to Donald Robert Thorpe, Lieutenant, United States Air Force, Chicago, December 31.

Carol Marjorie Mooney (55B) to John Allyn Muller, Lake Forest, Illinois, January 7.

Diane Phillips (53B) to Robert Edward Firchar, Glen Ellyn, Illinois, January 14.



Stephanie Clark (56B) to Dr. Hershell Lee Keeling, Wilmette, Illinois, February 11.

Barbara Ann Bigelow (46B) to Benjamin Jaliaferro Jordan, Jr., Kalamazoo, Michigan, January 28.

Janet Leach (48A) to Henry W. Volkman, Dallas, Texas, September 17.



Birth Announcements

Mr. and Mrs. Bud Stimart, (Nancy Hall, 54B) announce arrival of Denise Lynn, January 8.

Lois Stafford Sackley (49B) and husband, announce arrival of Paul in October.

Mr. and Mrs. Richard Filser, (Helen Ringen, 46A) announce arrival of John David, September 30.

Mr. and Mrs. Fred Corban, (Evelyn Santay 50B) announce arrival of Margaret Allison, December 4. They have two other children, Keith, 3, and Todd, 2.

Doris MacGillvary (51A) and husband Dr. Chen announce arrival of Steven in October.

New Members

We welcome the following nurses into the Alumnae Association:

Barbara Hunter Brown, 1949A
(reinstatement)

Louella Gamble, 1955B

Eileen Fender, 1955B

HAVE YOU PAID YOUR 1956 DUES?

DUE—JAN. 1, '56

DELINQUENT—FEB. 15, '56

Don't risk having your Journal and other services discontinued, just because you forgot to send your dues on time.

St. Luke's Alumnae News

1906—Maude Gooch spent Christmas with her nephew in Hawaii after touring Canada and greeting friends and relatives in Vancouver, Victoria, Seattle, Portland, and California.

1914—E. Ahrenlaf is back in Chicago from Escanaba, Michigan ready for a winter of work.

1918—Lucy V. Younger is visited every day by her former roommate, Irene Corliss Hargrave who lives only a block away from Mrs. Younger in St. Petersburg, Florida.

1922—Rita Castle Ashton spent her month's vacation in October in New Orleans — a trip on a United Fruit Boat to Havana. From Havana to Guatemala up into the Guatemala Highlands and back to Chicago via New Orleans again.

1925—Gladys Agar Stark is back after 30 years at Doctor's Hospital in Michigan City, Indiana. She likes it very much.

Anita Fraser Swaggerty is still plugging away in Menasha.

Fannie Smith Kisco writes to say she visited Nance McDonald McKay last April at her home. "She has a lovely place, 200 years old, filled with antiques and beautiful pictures. We roamed along a creek that winds around a pasture field and at that time of the year everything was just getting green, and the air was so fresh and sweet. I guess Nance will be here in May for the banquet and homecoming."

1929—Alice Sanderson has joined the Morton Clinic Staff after many years of private duty.

1930—Mrs. Helen Rutherford is leaving St. Luke's to become the director of nurses at the Lapeer General Hospital, Lapeer, Michigan. She will vacation for a month and be at her new post on March 1st.

1933—Marian Keck Frey writes:

"We would so enjoy seeing any St. Luke's people who might be passing thru Sacramento, California at anytime. We have a large home full of six growing children between the ages of three and fifteen; so, everyday is open house here. Life here is easier than in Chicago. We love it. No snow or ice, flowers bloom all year long. We are 100 miles from San Francisco and 85 miles from Lake Tahoe, so, we

consider ourselves very fortunate.

"My husband enjoys general practice even after 16 years."

1938—Eurice Hawkes Levander (38B) writes from Skokie, Illinois to say how much she enjoys *The Alumnae*. She works part time as a clinic nurse at the Illinois Research and Educational Hospital.

1939—Mrs. Rudolph Vetren (Leone Brandt, 39B) of Chicago is an anglerette who made her catch aboard the *Narcissus*. Her 65-pound beauty weighed 13 pounds more than the one which has been reported on the tourney board for Mrs. G. David Balsley of Linwood, New Jersey.

Cora Rude Sivers (39B) writes from Minneapolis, Minnesota to say: "I'm back in nursing education. I am an instructor in nursing at Swedish Hospital. There are five of us in the department. The head of the department, who has her masters in education, gives most of the formal lectures. We have 84 freshmen so we are kept busy.

"I have been seeing so much about St. Luke's lately and of course anytime someone sees an article in a magazine about the hospital, I hear of it as you well know the caps and the Blue Cross are unique. A few of the doctors at the hospital recognize the cap. One had interned at Luke's.

"I was real interested to see the article in *Nursing Outlook* for November 'Communication in Nursing Education' and to see that St. Luke's has a course in communications. We have been aware that it is needed and much is being said about communications as part of the curriculum.

"Also saw St. Luke's pin on the covers of December, 1955 *Nursing Outlook*. *Modern Hospital*, October, 1955, has a picture of Dad's Day at St. Luke's. Surely interesting to see. Oh, yes! and we are using *Price* for text this year and in there is a picture of senior St. Luke's nurses. Our students told me about that too.

"I would like to get current news of what is occurring at St. Luke's."

Lois A. Gannon writes from Tacoma, Washington to say that she received her promotion to the rank of Captain in the U.S. Army

Nurse Corps last October. She has been attending the N.P. Nursing School at Brooke Army Medical School in Fort Sam Houston, Texas since January. Upon completion of the course in May she plans to go overseas.

1942—Mary Ellen Sheets (Mrs. W. W. Dalrymple) was a patient on M16 and would like a word from her classmates. She can be reached at 306 N. Range, Oblong, Illinois.

1946—Jean Lenzi Anison (46B) writes in her letter of December 31:

"We have heard from several of the 46Bs at this holiday season. Farthest away would be Dorothy Rasmussen Blade with her navy flyer husband and two children in Alaska.

"I keep in touch with St. Luke's thru Beth Prest Dalgaard. We are so happy for her with a new baby to arrive in February.

"Our children are healthy and busy which makes a happy household. We moved into our new home this month so that Christmas came and went before I realized it.

"George finds himself quite engulfed in the practice of E.N.T. Oddly enough, one of his greatest worries in this climate are patients with severe nose bleeds.

"We thoroughly enjoy the Southwest, the wonderful bright sunshine all year round is hard to beat. It has been unusually warm for the month of December which is definitely winter for us."

LET'S HAVE SOME MORE INTERESTING LETTERS LIKE THE PRECEDING ONES!!

1947—Christmas Notes.

Ken and Vera Kouder (Fritsch) will adopt a baby girl in April. Vera was involved in an accident last January when she was eight months pregnant and the baby was a stillborn. We're all happy about the adoption.

Pat Crowley (Mrs. Richard Keller) writes that Kim Ann, who was born on July 25, 1955, is still holding her own. Kim had been hospitalized since September with cystic fibrosis.

Marion Ruckel (Mrs. Russell Jones) wrote of her life in California. She keeps real busy with her family of three.

Dottie Colton (Mrs. Ray Hinton) finally got her boy. She now has three girls and a boy. As if that doesn't keep her busy enough, she works two nights a week at a local hospital.

Jean Peterson Pierzchala, Nan Shaddon Kernery, and Margaret Swanson Lennarson sent invitations to 47As for the class reunion, held February 11 at Helen Elfuerson Bupple's home in Lansing, Illinois.

1950—Colette Bakke (50B) is having a wonderful time touring Europe. She spent the Christmas holidays in Norway.

1951A—News via Round Robin letter from the entire class of 1951A, as follows:

Delores Ellis Fisch from Austin, Texas, writes about their little 2½ year old Matthew who is active, handsome and blonde, but who has recently been diagnosed to have a mild cerebral palsy. Her doctor husband expects to set up practice soon.

Betty Gosha writes of a gay life out in California. She travels during much of her spare time in her 1955 Lincoln Capri while she is away from a general duty position. She also spent her summer vacation in her own 112 ft. sailboat.

Doris Paepke Nason, also living in California, writes of her interesting work at Shriner's Hospital for Crippled Children. Her doctor husband finishes his residency in anesthesia next year and they are then planning a trip to Illinois.

Doris MacGillvary Chen recently moved to Accokuk, Maryland, where husband Dr. Paul has set up practice. The small backwood community (12 miles from Washington, D. C.), seems overjoyed to have their own doctor and he carries a practice in an area of 22 miles. He has an office fully equipped with all the latest in equipment from X-Ray and E.K.G. to minor surgical set-up. Doris helps with his records in her spare time away from her three children. She recently recovered from a vein ligation.

Alvis Hansen Groman is now living in Rothchild, Wisconsin, where husband Frank works for a drug company. They have a four month old daughter, Margaret Elaine.

Chris Berner Leuty is busy with

her two youngsters and expects a third child in January. Her husband David is building them a new home in Beloit, Wisconsin. FLASH! She just had a girl as we go to press!

Barbara Duhigg Schmaling and husband John, lead a happy life in Rockford, Illinois with their son and a new baby daughter, Maryanne, born last July 4th.

Virginia Modlinsky Quinn writes about her lovely home in Springfield, Illinois.

Joan Newman Swistowicz and her husband live in Elgin, Illinois with their three lovely daughters.

Cathy Keebler leads a gay life besides working in the research department at the University of Chicago.

Jean Ann Howren Veach is enjoying being a housewife of leisure and preparing to help her doctor husband set up his urology practice in Indiana next summer.

Barbara MacMillan Urick is busy with head nurseship of recovery room at the new LaGrange hospital, besides taking care of her two boys.

Jean Lind Moore is leading a busy life at home in Des Plaines, Illinois with her two boys.

Joanne Swatek Merkt is now a lady of leisure and is busy decorating her apartment in Chicago.

Irene Lenhart is busy with her job in surgery at St. Luke's plus taking evening classes at Northwestern.

Helen K. Muchow is busily engaged with her home and her two small boys in the suburb of Scottsdale.

Elizabeth Weeks Griffith is settled comfortably in her new home in Villa Park, Illinois and is expecting her second baby in June.

Lucy Pistilli Tyner has moved into her home in Glen Ellyn, Illinois, where her children, Christine and Timothy, have plenty of room to romp and play.

1952—June Baur Dewsberry (52B) writes:

Dear Classmates:

"It is with many apologies that I begin this letter to you. It should have been completed many months ago, but you with homes, husbands and youngsters will understand my delay.

"First let me tell you of the

successful reunion we staged in Schweppe House on August 26, 1955. We met at 1:30 p.m. in Ryerson Lounge, and from there we were taken on a tour of the hospital by Mrs. Mauksch and Jean Quick. This may seem rather strange to those of you who were not there, but there have been many changes. The connecting building between Main and Smith sides has been completed, greatly improving kitchen and other facilities. Then too, there are new classrooms on M13, and Smith 6 sports a brand new penthouse with wonderful game equipment for the use of the psych department. Schweppe itself has been changed to the extent of rearranged classrooms — and brand new form-fitting desks! So much for the physical set-up.

"At about 3:30 we gathered again in the beautiful Ryerson for tea, and a chat with Miss Payne, our new Directress of Nursing. She is a dynamic person, and has certainly made many improvements in the nursing program. She told of uniform changes, short sleeves now — and of changes in curriculum. Diet kitchen no longer exists as a separate entity, but rather as an integral part of nursing care on the floors. And so it is with many of the services — they are more frequently handled as part of the whole picture of nursing, and not as a separate entities. This has brought about a more integrated program, and a satisfying experience for both students and faculty. Something else Miss Payne brought out that might interest all of you, is the fact that a complete rotation and vacation schedule is posted for each class for the entire three years. Isn't that fantastic? Imagine being able to plan your vacations ahead of time!"

1952—Lt. Donna Henrichs (52B) is waiting to be sent to France with the U.S. Air Force.

1954—Sophie Majde is off to Europe in May.

1953—Delores Peterson Stasch writes to say thanks to the holiday season. She has news of the following 53Bs.

Ruth Reimersma Stover is in her new home in Haspers, Iowa. Diane Phillips is working in Elmhurst but her big news is her marriage to

Bob Firchan.

Audrey Anderson Cameron is in the South with her Marine husband.

Lila Patter Mueller now lives in Champaign, Illinois, where Max is doing graduate work at the University of Illinois. Lila is head nurse on a medicine floor in one of the local hospitals.

Marilyn Brons Keener is living in Little Rock, Arkansas where Herb is in the Navy.

Lu Ellen Stoaks Schmitt had a baby daughter Mary, in August.

Betty Lee Warnack does V.N.A. work in Decatur and likes it very much. She is a busy gal, with violin lessons, Sunday school class, craft class, etc.

Carolyn Clawson Grisez, has a baby daughter, Karen. Her husband is an Indiana State policeman.

Helen Brown is working at St. Luke's training auxiliary workers. She received her college degree last June.

Martha Luman and Ellen Littlewood are still working at Massachusetts General Hospital in Boston. Marty works in the emergency room which sounds real exciting.

Jean Meyers Frey also lives in Boston and is expecting her first baby in May.

Joan Nelson is still working in FOR at St. Luke's.

Diana Vespa is working in surgery at Children's Memorial hospital.

Mary Maupin is planning a March wedding.

Barbara Conroy Sunderland is back at Luke's. Louie is studying law at Northwestern.

Joan Wolf Halla lives in Streator, Illinois and expects her second baby in April.

Barbara Edgar Schmidt had a baby girl, Jan Louise, on October 29th, and everyone is writing to tell me what a beauty she is.

Mary Mulliken is living in the clouds these days, the reason being her engagement to a navy man. She is still doing private duty in Elgin.

Sheila McCann is in California again but it looking forward to being a bridesmaid for Rita Leslie in April.

Caroline Van Dyke Clock is living in Muskegon with her parents and her baby daughter, Terri, while

waiting for Wayne to return from an eight month Pacific cruise. They expect to live in California when he returns in April.

Marion Wilson Rinehart writes that she, Wendell and son Greg, had enjoyed a visit with Gloria Williams last summer. Gloria has two daughters and a son and lives in Oklahoma City.

Mary Hoffman Hyde lives in Niagara Falls, N. Y. where hubby Gene is a chemist. She is expecting her first baby.

Roberta Seiglenger is working on M16 at St. Luke's

Aileen Dahl is keeping more than busy with classes at Northwestern and also singing lessons.

Blanche Cravener Snider is expecting her second baby.

"Patient-Evacuation" Fire Escape Drill Successful 17 Stories Up

Sixty-four nurses from sixteen Chicago-area hospitals staged a dramatic "patient-evacuation" fire-escape drill ten to seventeen stories above ground at St. Luke's October 10-12. This demonstration of modern techniques which included the disaster plan and procedure of removing patients from a hospital room was sponsored by the Chicago Association of Commerce and Industry, the Chicago Hospital Council, the Greater Chicago Safety Council, the Fire Prevention Bureau and the Program Committee of Fire Prevention Week.

Teams of four nurses representing the sixteen participating hospitals had been trained by Lt. Robert McGrath, Inspector of Hospitals for the Chicago Fire Department. The St. Luke's team consisted of Joanne Hamer, Carol Jeske, Donna Koons and Lorraine Kratochvil. To stage the actual demonstration, an area adjacent to the heating plant was converted to an open-air "theater" accommodating some 200 spectators who witnessed the evacuation of patients from a "three-bed" hospital room.

During each of the first two days, eight teams participated in the drills held on the fire escape and in the "theater." Each team demonstrated its skill and coordination in transporting patients down the escape and removing patients from the "hospital room." To perform the latter procedure, each member of a team was assigned a number and carried out her specific duties to synchronize with the other three nurses as the team evacuated patients and extinguished fires blazing in drums placed near each bed. Blankets, 2½-gallon acid extinguishers, 7½-lb. and 15-lb. CO-2 extinguishers were used to put out the small fires. And all four nurses manned a hose to extinguish a larger fire set near the "room" area.

On the third day, only the teams cited by judges for exceptional mental and physical skill and coordination demonstrated the "room-evacuation" techniques. In announcing the judges' decision, however, it was stressed that all of the participants should be commended for the skill and courage they exhibited under conditions far more hazardous than an "indoor" emergency would be expected to create. St. Luke's was one of six teams to earn recognition, with the South Chicago and Presbyterian Hospital teams judged to be the best on successive days of competition.

In the first event of the final day, all sixteen teams simultaneously carried patients down the fire escape. Two members of each team, assigned two floors, carried a patient down one flight and then, assisted by two teammates, used the "blanket carry" to transport the patient to the next floor. During practice and public demonstrations, each team used "model" patients.

Another dramatic event, staged on the last day, was the unrehearsed performance of "mixed teams." To demonstrate the standardized methods used and the coordination of such a team, the inspector of hospitals assembled groups who never before had worked together. With high efficiency and precision, each of these combinations performed procedures and executed the intricate routines. This demonstration

proved that trained personnel can evacuate patients during such an emergency occurring in any hospital.

Mr. Leo M. Lyons, Director of St. Luke's, greeted the guests at the demonstrations and expressed gratitude to Commissioner Mullaney and other fire department officials for such a vital contribution to patient welfare. Miss Alberta Hilton, Asst. Director in Nursing Education, served as Lt. McGrath's liaison here.

Reprinted from
"St. Luke's News" Fall, 1955

"SPACE FILLERS"

Definition of Chaos

Four probies figuring out who owes what on one luncheon check.

* * * *

Psychiatrist: "I'm sorry to have to report that your husband is wandering in his mind."

Wife: "Don't be too concerned about that — he can't wander far!"

Please Address All News Items To:

MRS. LUCY PISTILLI TYNER

428 Lowell

Glen Ellyn, Illinois

PLEASE INCLUDE MAIDEN NAME, IF MARRIED, AND YOUR YEAR OF GRADUATION. THIS WILL BE GREATLY APPRECIATED AND WILL CONTRIBUTE TO THE ACCURACY OF THE NEWS ITEMS.

VOLUNTARY CONTRIBUTION TO MARGARET EDITH JOHNSTON MEMORIAL ROOMS

I pledge to pay into the Endowed Room's Fund an additional \$50.00 to help support the rooms and increase the fund.

Please check one:

- ☐ \$50.00 in cash
☐ \$25.00 in two yearly installments
☐ \$12.50 in four yearly installments

Signed _____

Address _____

Class _____

Please cut out and mail with your remittance to:

Treasurer: MRS. EDNA TRAVERS

507 N. Albany Avenue

Chicago 12, Illinois

Back Injuries

Back injuries are still leading the parade. We should review our methods of lifting and ask ourselves such questions as:

Am I in the proper position?

Do I have good footing?

Can I lift this by myself or do I need help?

Why not let my legs do the lifting instead of my back?

Why take a chance?

Fundamentals

Here are the fundamentals of accident prevention:

1. To the supervisor is delegated the authority and the responsibility to:
Plan safe work
Train safe workers

Require safe practices

2. To work safely is the duty of every employee — preventing accidents is part of every job.
3. Accidents are errors — considered as a measure of job performance.

Your Turn Next?

The National Board of Fire Underwriters says the odds are one in a hundred you'll have a fire in your home this year. Yet it can be easily prevented by a few simple rules: Don't smoke in bed. Keep ash trays handy around the house and use them. Replace frayed floor lamp cords. Clear away trash from cellar, attic, and garage. Keep matches away from the youngsters. Keep your kitchen stove cleaned of grease.

STANDING COMMITTEES — 1956

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Elaine Worthington
Helen Redelsheimer
Caroline Mitchell

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HISTORICAL SOUVENIR

Elizabeth Griffith, *Chairman*
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NOMINATING

Marion Byrne, *Chairman*

SCHOLARSHIP AND LOAN

Mary Merchant, *Chairman*
Bernice Carlson Amador
Alice Sanderson
Susan Yeomans
Ruth McCarthy

RECEPTION

Dorothy Dimock Palfi

of St. Luke's Hospital School
of Nursing
1500 S. Indiana Ave.
Chicago 5, Illinois

Entered as Second Class Matter at
the Post Office at Chicago, Illinois

The Alumnae



APRIL, 1956

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Glen Ellyn 4017. Term ends 1957

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Te. 2-8340. Term ends 1957

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Pl. 2-6285. Term ends 1957

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Chicago 15, Illinois
Mi. 3-3228. Term ends 1957

Miss Muriel Stewart
458 Fullerton
Chicago 14, Illinois
Li. 9-7215. Term ends 1957

PRIVATE DUTY SECTION CHMNM.

Mrs. Doris Rogers
1145 W. Lunt
Chicago 26, Illinois
Am. 2-1830. Term ends 1957

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.

THE ALUMNAE

Official Organ of
The Alumnae Ass'n of Saint Luke's Hospital School of Nursing
Chicago, Illinois

Volume 54

April, 1956

No. 2

MERGER BASED ON EQUALITY BORLAND TELLS ALUMNAE

Speaking to members of the Alumnae for the first time, St. Luke's Board Member, Mr. Borland said he wanted to instill in those present a great feeling of confidence and pride about the St. Luke's-Presbyterian merger. The merger has been approved in principle by the boards of both hospitals.

The final plans hinge on the primary basis of equality with no thought of absorption or domination and without the loss of identity and reputation of either hospital.

Endowed Rooms To Stay

Mr. Borland assured the nurses that the endowed beds will be protected and maintained and that St. Luke's will have a great say as to what the school curriculum will be.

The aim of the move is to affiliate with a medical school and to combine two eminent groups of doctors to make one of the country's foremost voluntary teaching hospitals in the midwest.

At the time of Mr. Borland's discussion, the attitude of the Board of Trustees on the merger was as follows:

1. To have a good nursing school.
2. To have a permanent national medical center.
3. To have a voluntary teaching school with an affiliation with a prominent medical center.
4. To be able to remain at present location for at least two or three years.
5. To take better care of patients.
6. To establish a more direct line of communications.

The board takes a dim view of the present location and they are unwilling to pour any more money in old institutions.

Question and Answer Period Followed

Some of the typical questions were:

Q. When and why did St. Luke's become non-sectarian?

A. I don't know.

Q. What will happen to the Alumnae?

A. Nothing. I can foresee three Alumni and eventually all three will merge into one if legalities and differences of opinion can be ironed out.

Q. When is the contract date?

A. I don't know.

Q. What voice does the Alumnae have in making the decision?

A. There will be members of every department present at the board meetings to express their opinions and desires. The final decision will rest with the board. There will be space for Alumnae offices in the new hospitals.

Q. What will happen to the hat and pin?

A. Nothing, but the new combined school will have an entirely new uniform, hat, and pin.

Q. What with all the rivalry with Presbyterian, why all the sudden have they become great chums?

A. Both boards are looking for a fine hospital. The end results depend on the funds that can be raised.

Q. What will become of the St. Luke's building located at its present site?

A. There were many discussions with the real estates but nothing can be decided upon until the merger becomes a positive thing.

Q. Can city politics be kept out of the hospital, what with it being located across from Cook County Hospital?

A. Yes, definitely.

Q. Why can't St. Luke's meet its responsibilities right now like other hospitals are doing?

A. Well, its the location, the old buildings which are almost impossible to improve anymore. Also it is surrounded by industries, hotels and restaurants who don't offer any funds. It's the general over-all picture of its present set-up.

Q. What will be the cost of the merger including living quarters?

A. Ten million dollars.

Q. There was a rumor that the city wasn't in favor of moving its location?

A. We have found no one who opposes it.

Q. Those doctors who don't wish to go to Presbyterian, can they go elsewhere?

- A. Yes. The board can only make recommendations in the strongest manner they know of, but they can't force anyone to do anything they don't want to do.
- Q. When was the merger plan first discussed?
- A. A member of the Presbyterian Board approached the St. Luke's Board during the early part of June, 1955.
- Q. Why not make a contract with Northwestern?
- A. They have a different philosophy and set-up. They control all the land and committee members. They do all the appointing. Presbyterian operates independently of the University of Illinois.
- Q. How much of the 25 million dollars is St. Luke's and how much bargaining power does it give St. Luke's?
- A. Let me assure everyone, it will be a half and half proposition. Complete equality.
- Q. What will be the size of the new hospital?
- A. The size of the hospital is going to depend on the number of the staff men that will stay with St. Luke's.
- Q. By the merger will the University of Illinois do the research?
- A. Yes—it will be in conjunction with the hospital.
- Q. Have any new names been considered?
- A. Yes — two names — Presbyterian-St. Lukes or St. Luke's-Presbyterian.

ALUMNAE BANQUET

Wednesday May 23, 1956

MIDLAND HOTEL 172 WEST ADAMS

GUESTS OF HONOR

CLASSES OF 1906, 1931, 1956

\$4.00 Per Plate

Social Hour 6:30 - 7:30 P.M. Adams Room

Dinner Served 7:30 P.M. In Ballroom

ADVANCE RESERVATIONS REQUESTED

Make Checks Payable to

ST. LUKE'S ALUMNAE ASSOCIATION

To give us some idea of the number to plan for, won't you please check one of the boxes below?

- ☐ I have already made reservations.
- ☐ I'm coming. Enclosed is check for \$4.00.
- ☐ I plan to come, but will send money later.
- ☐ I cannot come.

BLUE CROSS SERVICE GUILD

Treasurer's Report for March 1955 to March 1956

Bal. on Hand Mar. 1, 1955 (Ck. Acct.)		540.27
Receipts:		
Dues for 1955	390.00	
Initiation Fees	2.00	
Reinstatement Fees	2.00	
Dues for 1956	155.00	
Initiation Fees	3.00	
Donations H. McNab	5.00	
Repayment of excess of \$200 Nus. Serv.	40.00	
Class of 1905 gift to B.C.S.G.	72.00	
In memory of Edith Bender from M. Madden	74.00	1283.27
Disbursements:		
5-29-55 D. Rogers (N. S. rendered		
D. Pendleton 7-3 P.M. 5-16—5-19 inc.)	64.00	
J. Richardson (N. S. rendered		
D. Pendleton 11-7 A.M. 5-16—5-18 inc.)	48.00	
B. Blodgett (N. S. rendered		
D. Pendleton 3-11 P.M. 5-16—5-19 inc.)	64.00	
9-22-55 D. Means (N. S. rendered		
S. Meo 11-7 A.M. 9-9)	16.00	
10-24-55 I. Ashby (N. S. rendered		
M. Boyington 11-7 A.M. 10-8—10-13 inc.)	96.00	
B. Blodgett (N. S. rendered		
M. Boyington 3-11 P.M. 10-7—10-9— $\frac{3}{4}$ day) ..	44.00	
M. Stahl (N. S. rendered		
M. Boyington 7-3 P.M. 10-7—10-9— $\frac{3}{4}$ day)	44.00	
11- 7-55 L. Chisholm (N. S. rendered		
M. Boyington 11-7 A.M. 10-7)	16.00	
11-17-55 St. Luke's Hosp. (Blood for S. Meo)	90.00	
12-21-55 B. Nussle (N. S. rendered		
M. Jackson 11-7 A.M. 12-15—12-17)	30.00	
L. Lanier (N. S. rendered		
M. Jackson 3-11 P.M. 12-16—12-17)	30.00	
R. Lawrence (N. S. rendered		
M. Jackson 7-3 P.M. 12-16—12-17)	30.00	
2-10-56 C. Somerville (N. S. rendered		
M. Evans 7-3 P.M. 2-6—2-7)	32.00	
M. Shaw (N. S. rendered		
M. Evans 11-7 A.M. 1-30—2-6 inc.)	128.00	
M. Madden (N. S. rendered		
M. Evans 3-11 P.M. 2-2—2-5 inc.)	80.00	471.27
Cont. Ill. Nat. Bank (Savings Acct.)		
Bal. on hand March 1955		5134.63
Int. on Savings	77.31	5211.94
On Hand March 1955	5674.90	
On Hand March 1956	5683.21	
Gain	8.31	

PLEASE SEND ALL NEWS ITEMS TO . . .

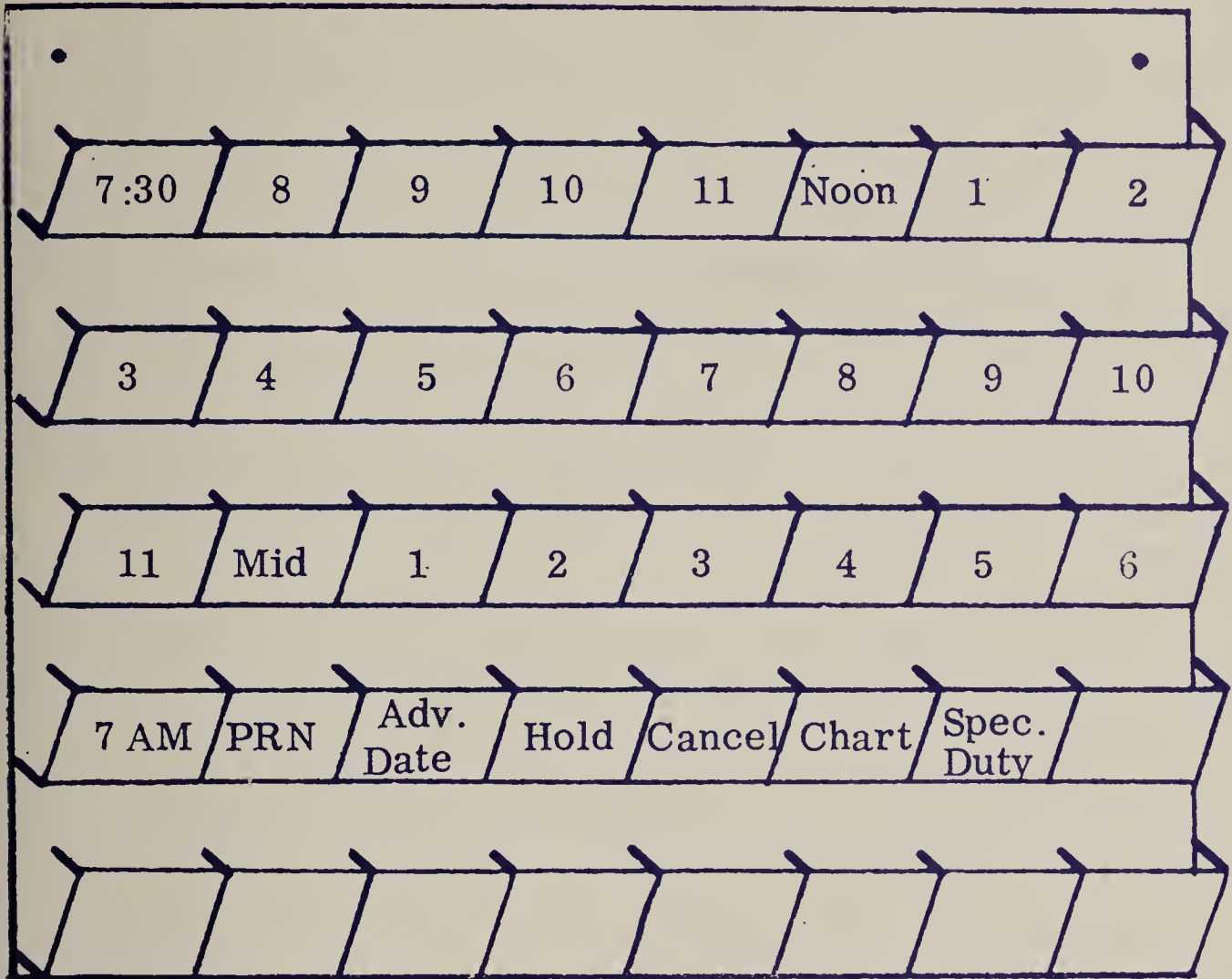
LUCY PISTILLI TYNER

428 Lowell

Glen Ellyn, Illinois

PLEASE WRITE — *We are interested in every one of
our Alumnae Members.*

ST. LUKE'S NEW MEDICINE CARD RACK



MEDICINE CARDS — Preparation, Use and Storage

PURPOSE:

To provide a safe effective method of preparing, using and storing medicine cards.

1. To provide a storage place for medicine cards when they are not being used to prepare, pass or chart medicines.
2. To provide the nurse in charge an immediate way of checking to see if all medicines have been administered by just looking at the card rack.
3. To help eliminate the possibility of errors due to colored medicine cards.
4. To eliminate unnecessary handling of the medicine cards.

GENERAL INSTRUCTIONS:

1. All medicine cards are white in color.
2. A medicine card is printed for each drug or combination of drugs ordered and is placed in the card rack at the time the order is transcribed in the Kardex. (The Kardex contains a card for every patient which describes all the treatments, medications, the type and the degree of the seriousness of each patient's illness on their individual cards.)
3. The medicine card rack is placed on the wall near the medicine cabinet.

PREPARATION:

1. Make out the medicine card from the physician's written order. The following information is printed on the card:
 - a. Date the order is written
 - b. Full name of the patient
 - c. Nursing unit, room and bed letter

- d. Name of the drug
- e. Dosage
- f. Hours of administration
- g. Route of administration
- h. Signature of the nurse making out the card.
2. Place the card in the proper pocket of the medicine card rack.

USE:

1. Obtain medicine card from the rack at the time the medicines are to be prepared.
2. Check medicine cards for holds, cancellations, and expiration date.
3. Pour and pass medicines.
4. Chart medicines. If there is not time to chart or if the medicines are to be charted by the ward clerk, place a small piece of white paper with the nurses initials written on it and paper clip or rubber band it around the cards and place in the pocket labeled "chart." Medicine cards are to be in the medicine card rack at all times when not in use. They are not to be held by the nurse awaiting time for charting.

STORAGE:

1. Return medicine cards to the card rack storing them according to the next hour of administration. When the last dosage of a drug for a twenty-four hour period (7:30 A.M. until 7:00 A.M.) has been administered, place A.M. cards, except cards for A.C. medications in the section in the lower left corner of the rack. 7:30 A.M. and 8:00 A.M. cards are returned to their proper pocket for the next day's administration. The nurse-in-charge will return the cards to their proper pockets when the medicine cards are checked every morning.
2. Tear medicine cards and place in the pocket labeled "Cancel" when a drug is discontinued.

Thanks from Our Director

Dear Alumnae Members:

I want to express my very real appreciation for the response to the letter sent to you in January. Your letters have been most interesting and I do appreciate your taking the time to write me of your interest and concern for St. Luke's. By the time your bulletin goes to press I hope that we will have one ward reopened for patient care.

I regret that I cannot reply to each of you individually, but I know that you will understand that the many demands upon my time at present make this impossible.

Very sincerely yours,
Edith D. Payne
Director, School of Nursing
and Nursing Service

OUR NEW MEMBERS

Welcome to the Alumnae Association;
Elva Ruth Janort Brown—
1953B Reinstatement

Mary Veronica Clarke—
1929A Reinstatement
Joan Jursinic—1956A
Sara Jane Pastoor—1954B
Janet Wells Ward—1954B
Catherine Stern Calvin Maginiec
—1948B Reinstatement
Dorothy Seyfang—1956A
Blanche Cravener Snider—1953B
Janet Thiemann Kepplinger—
1953B
Erma Page Lewis—1949A
Reinstatement
Jeanne Breyman Helse—1949A
Helen Bland Gokbudak—1956A
Edith Stewart—1948A
Reinstatement
Arlene Neubauer—1956A
Marlene Millet—1956A
Jeanne Watson Hawry—1949A
Anne Keller Thompson—1953B
Mary Lebaron—1955B
Elinor Birkholz—1949B
Eileen Fender—1955B
Louella Gamble—1955B
Barbara Brown Hunter—1949A
Reinstatement
Paulette Timm—1955A
Mary Erickson Brechbill—1954B

Rx CENTRALIZATION

By James J. Herman
Surgical Supply Director

The case in point is a ninety year old voluntary hospital, admitted for observation because of increasing discomfort and a tendency for portions of its medical backbone to become spastic on occasion.

Upon admission it was ascertained that, despite the patient's advanced age, its productivity remained extremely high; its pride of achievement, uncompromising. Abnormal pressure was noted in many areas, due primarily to the fact that many organs were functioning beyond rated organic capacity. Spasms of the motor portion of the medical backbone were observed to occur frequently in the absence of various supply hormones so necessary for good patient care. Demand on the supply organ was far below potential. In the light of this, other organs were attempting to compensate with resutling discomfort and elevated pressures.

Diagnosis: General and specified discomfort, hypertension, and spasm due to hypotrophy of supply organ.

Prescription: Rehabilitation of supply organ and open reduction of the workload for the remainder of the system with the objective of complete centralization.

Prognosis: Excellent.

I remember a lecture about a year ago at which most of the Chicago area hospitals were represented. The speaker was in the midst of a general and very objective discussion of hospitals' problems, when, during a pause, a female voice was heard to whisper, "My God, Gertie! How did he find out our place was such a mess?"

So it is that, even though many hospitals may be faced with the same situation, our loyalties and work associations make that problem a personal one. For us Saint Luke's becomes the case in point. Surgical Supply at Saint Luke's is the area of discussion.

As a student, and perhaps later as a graduate, do you remember what broke loose when a doctor said, "I'll be back in thirty minutes to perform so and so procedure on Mrs. Brown in 12. Have all the supplies ready!"

Not since the search for the Holy Grail had there been such a general and zealous penetration of shelves, drawers, boxes and what have you in quest of the proper items, and, if and when you found what was needed, more valuable time had to be spent in sterilization. Perhaps at this point, with the patient waiting, the doctor waiting, and the rest of your work yet to do, you spent a few precious seconds wishing that supply preparation was not a portion of your duties.

Saint Luke's is now in the midst of a comprehensive effort aimed at making that wish come true. Our objective is to centralize preparation and sterilization of supplies completely and to standardize the quantities and locations of all supplies on the nursing units. Standards of supplies and equipment for all ordinary procedures will be maintained on the units by supply personnel, eliminating not only the need for preparation but also much of the necessity for writing requisitions.

To make all this possible, Surgical Supply is undergoing a great deal of reorganization. Deliveries and hours of operation have been increased. The Saint Luke's nurse can now find catheter sets, straight, coude, and foley catheters, genito-urinary drainage sets, two way irrigation sets, and lumbar puncture trays in her supply cabinet. All of these items are prepared by Surgical Supply and replenished daily on an exchange basis. Also centralized are trays and sets for female bladder irrigation, thoracic drainage, sternal puncture, paravertebral block, venous pressure, myelogram, and pneumoencephalogram. Thirty six variations of catheters are furnished in sterile packs. Equipment has been ordered for venisection, thoracentesis, paracentesis, and pneumothorax, and machinery which is being installed will enable Surgical Supply to prepare all needles and syringes. Centralized thermometer service is in use on three floors and will soon be extended throughout the hospital. Foley insertion trays, instrument packs, and suture removal sets will soon follow.

What has been mentioned is just

the beginning. Our potential is unlimited, and our plans are just as large. Every service which is centralized leaves time to nurses for additional patient care. This freedom for added attention will do much toward increasing the prestige of the Saint Luke's family and the professional satisfaction of its members.



IN MEMORIAM

The Alumnae extends its deepest sympathy . . .

. . . to the family and friends of Eleanor Gwynedd Webster, 1902, who passed away February 4, 1956 following a stroke in her home, Berkeley, California.

. . . to the family of Louise Nimtz Pappenheim, 1931, who passed away on October 5, 1955 at Menominee Falls, Wisconsin.

. . . to the family of Hildur Johnson Bull, 1919, who passed away in November, 1955.

. . . to the family of Dr. John Dayhuff Ellis who passed away on March 16, in Denver, Colorado, after a long illness. He formerly was a senior surgeon at St. Luke's.

Dr. Ellis was a native of Rensselaer, Indiana and a graduate of the University of Chicago and Rush Medical College.

He was a fellow of the American College of Surgeons; member of the Institute of Traumatic Surgery, American Association for the Surgery of Trauma, Chicago Surgeons Society, American Board of Surgery, Chicago Literary Society and the Renaissance Society of the University of Chicago.

. . . to Mildred F. Trent, 1920, in the loss of her father, Abraham L. Trent in Riverside, Illinois.

. . . to Maxine Brown Holderman, 1931, in the loss of her mother who passed away on February 9, 1956.

. . . to Patricia Crowley Keller in the loss of her 8 month old daughter, Kimberly Ann, on March 14 at Childrens Hospital in Boston, Massachusetts, after a lengthy illness.

TO ST. LUKE'S PRIVATE DUTY NURSES

To carry your St. Luke's cap from home to hospital while doing nursing, use a doll's hat box.

BIRTH-O-GRAMS

Mr. and Mrs. Eden Tharrington (Patricia Greene 41) announce the arrival of Garrett Eugene on February 13, 1956. They have two other children.

Mr. and Mrs. Phillip N. Smith (Fran Mitchell 54) announce arrival of Kevin Frederick Tim on January 10, 1956.

Mr. and Mrs. James Whalen (Donna Miller 53B) announce arrival of Cynthia Ann on February 26, 1956.

Mr. and Mrs. Robert Young (Patricia Fischer 54B) announce arrival of Robert Peter on January 26, 1956.

Mr. and Mrs. Iggy Hodnik (Jo McAlpin 53A) announce the arrival of Frederick John on January 27, 1956.

Mr. and Mrs. Bernard Heile, Jr. (Stacey Mesec 47) announce arrival of a baby girl in January, Terre Haute, Indiana.

Wanda Watson Wallenberg announce arrival of David Edwin on August, 1955. She and her husband have three older girls.

Dr. and Mrs. Clarence Webb (Maxine Mueller 47) announce arrival of James Martin on March 11, 1956.

Mr. and Mrs. Roger B. Ytterberg (Gretchen Sautter 52B) announce arrival of Gail Ann on March 17, 1956.

Memorials to Blue Cross Service Guild

In memory of M. Evans . . .
Mrs. Caroline Gates Mitchell
Miss Mary Hind
Mrs. Henry Berger
Miss Madge Boyington
Mrs. Edna Travers

FATHERS OF STUDENT NURSES SEE DAUGHTERS IN ACTION AT HOSPITAL

One of the fathers registers for the day's activities and receives his registration card. Students from left to right are Gaile Dimmick, class president, from Skokie, Illinois, and Betty Gemmill from Benton Harbor, Michigan.



Too often father just pays the bills. He knows the money goes for board and tuition, but frequently he doesn't know precisely what his daughter is studying and how she is progressing.

To overcome this situation, Miss Edith D. Payne, director of the nursing school instituted an annual visiting day for fathers of freshman students.

Its success is indicated by the fact that 71 fathers — from states as far away as California — attended the event the other day. (There are 94 freshman in the nursing school.)

Each father and daughter attended at least two classes together, and the fathers raised the questions in a discussion period. Afterward, a luncheon was held for the visitors so they could become acquainted with members of the staff and board members.

In the afternoon the fathers were taken on a tour thru the hospital where students were at work. Later a tea was given for them in the Ryerson lounge at which the freshman chorus sang.

The visitors also took a peek at daughters' rooms in the dormitory and looked in on the clinics, the kitchen, and the chapel. By this time, an interested group of men had begun to understand that there is more to nursing than usually meets the male parental eye.

Freshman student nurses needed no wiles to induce their dads to make dinner dates with them. Freshmen whose fathers couldn't be present were taken out by fathers of their friends.

Also, to prove that nursing is not all work and no play, a drama, "Stage Door," was presented by the freshman class, under the direction of Florence K. Lockerby, instructor in communication.

No curfew sounded as fathers lingered in several of the "beau parlors" to talk things over at the end of a rewarding day.

Reprinted from the Tribune
which was written by
Ruth Mackay

St. Luke's Alumnae News

1901—Grace Critchell Tracy was operated on for a cataract last October.

1915—Winifred Bramhall Drake and family are celebrating the arrival of a new granddaughter, Ann Elizabeth (Jan. 27, 1956).

The granddaughter's mother, Dr. Elizabeth Humphreys (Mrs. Drake's daughter) took the first part of her pediatrics exam just a month before the baby arrived. Her husband, Dr. Roderick J. Humphreys, passed his internal medicine boards last October. Dr. Elizabeth took just four weeks off to recuperate and care for Ann. She has now resumed her practice.

Mrs. Drake's son is in the army in Stuttgart and they expect to meet him probably in Northern Ireland soon after his discharge this summer.

1919—Lena Bjornstad Rapp spent the month of September with Leona Brall Fitzmaurice at Leona's summer home in Michigan. Leona was a patient in one of the endowed rooms in February.

1921—Margaret M. Mathis wrote: "We enjoyed Miss Gooch's visit so much. We only hoped she would have stayed with us longer. Before her trip to the Islands, she was here a short time. My sister and I enjoyed so much taking her to see St. Luke's nurses who were not in Los Angeles.

"On December 10, we had open house and 23 St. Luke's nurses were present. They were: Mina Ashton Shidler '08, Margaret A. Bulkley '08, Frances Blake Lynch '09, Jessie Ball Martin '13, Lucia Noyce '13, Edythe Schlageter Haller '19, Gertrude L. Zickert '19, Bertha Madison Webb '21, Beatrice Lambert Moore '22, Rosaellen Churchill Michael '23, Helen Van Wyk Shure '29, Alice Berryhill Wallace '29, Erma E. Mathis '29, Ethel Gibbs '31, Violet West Lewis '36, Irene A. Carlson '40, Eleanor Holmes Butler '41, Doris Johnson Mayers '44, Betty Borchardt Parker '44, Roberta Sanders Hauge '44, and Leona Johnson Kouri '44. We had a lovely visit and Maude took pictures of many as they arrived. It was a lovely day.

"Maude left the 17th for the Islands and returned Jan. 13 for a few days with us. My sister and I are school nurses, so on Saturday and Sunday, we traveled to places of interest. We visited Palm Springs and the Date Groves where we stayed over night and then on to Victorville and Apple Valley to Mrs. Rosaellen Michaels. We left Maude there so that Mr. and Mrs. Michaels were able to take her to Las Vegas, Boulder Dam, Calico, etc. (She didn't tell us if she won or lost in Las Vegas.)

"The next Saturday, she was with us again and we had a lovely drive up through North Hollywood, Santa Laguna Pass to Simi, California to have lunch with Evelyn Kimmel Hicks '07. We had chicken and dumpling — Oh! so good, and ate from a set of dishes with paintings by Grandma Moses. Mrs. Hicks has a beautiful place which has grape vines, berries, citrus fruit trees and she gave us some delicious canned boysenberries to take home. The day was sunny, but we sat and enjoyed the fireplace during part of the time. En route home we stopped and called on Gertrude Moore Chambers '07.

"At another time we drove to La Jolla and had lunch at Mr. Duffy's (formerly of St. Luke's) Pan Cake Cottage as guests of Ruth Sackett Zinke '21. Also present at that time was Frances Blake Lynch '09 and Miss Salome Dyson '05. We had a wonderful luncheon there. We then visited two other friends of Maude and afterwards, we drove to Knotts Berry Farm. It was a perfect day. We want Maude to return in July and August if possible to see the Laguna Art Festival."

1924—Helen Benjamin writes: "Dear Friends here and there — Ever since I arrived in this homeland, I've been promising myself that I would write a message to all my friends who have remembered me during these months. Christmas brought messages from so many of you and helped make the season a blessed one. I had plenty of leisure this year in which to open and read each message. My Christ-

mas responsibilities were so few in comparison with those I have when in Nellore.

"I loved the loveliness of Christmas here, the cold, the decorations, the beautiful music in the air, proclaiming peace to men of good will. We had no snow at Christmas. That beautiful experience of the earth's being transformed by the beauty of a softly falling blanket of snow came after Christmas.

"I realized this year more than ever that Christmas in India is so much more natural there than here. The shepherds, the wise men, the star, and the nativity are all in their simplicity, so much more real in the unsophisticated Indian background. In India many people live near the cattle. Babies are born in stable-like rooms, and many a newborn babe has less than a manger in which to lie.

"We are now thinking of Easter time. Some of you will receive this message after the season has passed. I believe that the message of Easter means more to many Americans than formerly. Some one wrote in an editorial 'Man, who has grown very tired of himself has come to fear that maybe God has wearied of him also.' To such the message of Easter is certain, God has not and will not weary of mankind, It is the purpose of God that we shall be victors over sin and death.

"The first months of my furlough I have had much time for relaxation. I have been relaxing looking out over Lake Michigan through the picture window in the beautiful home of my doctor sister."

1925—Louise A. Menard is confined to her bed most of the time.

1928—Lucille Carpenter Coomes and Marge Stoner Cappa with their husbands attended the daughter's wedding of Vernie Sedar Christoferson in Waterloo, Iowa, Jan. 14. Adeline Adkins Beason and her husband are taking a world cruise.

1929—Gladys G. Meber, long identified with the Public Nursing Service in Rockland County, New York, and active in public health here since 1943, won state wide recognition in her election to the office of chairman of the Public Health

Section of the N. Y. State Nurse's Association.

Following her graduation from St. Luke's, she received her Bachelor of Science degree and Master of Arts degree from the Teacher's College, Columbia University in Public Health Nursing Administration.

Miss Weber, named for office at the biennial convention of the New York State Nurses' Association last October during "Nurse Week," described the function and objective of the Public Health Section of the association.

She said, "The function of this section is to foster high standards of public health nursing practice and to stimulate a greater awareness of the responsibilities of the individual members in the promotion and the welfare, and professional development of public health nurses."

Miss Weber who came to the county in 1943 was not only instrumental in establishing District 17 of the Public Health Nursing Service, but was its first elected president.

She held her first N. Y. State association office as chairman of its committee on constitution and by-laws. She then became a member of its board of directors.

On the county scene, the honored public health figure holds the following positions: chairman of the public relations committee of District 17 of the association, chairman of the nursing scholarship committee of the organization and district representative to the Southern (N.Y.) League for Nursing.

Miss Weber is also director of nurses for civilian defense in Rockland County; secretary of the Rockland County Council for Youth Agencies; a member of the board and chairman of the membership committee of the Nyack Branch of the American Association of University Women, and chairman of a committee studying a "shelter workshop" for the physically handicapped. She is also a member of a national committee studying "The care of the long term patient at home," of the National Conference on Chronic Illness. She has been

appointed a member of the advisory council for the school of nursing at Rockland State Hospital.

Miss Weber wrote a letter to say that she expects to be in Chicago during the American Nurses Association and hopes to see some of the St. Luke's Alumnae at that time.

1931—Dallas Graham Camp wrote: "Hi — Remember me? The wanderer who has lived abroad most of the time since 1942. I haven't seen any one from St. Luke's since 1946 — A long time.

"I haven't had "The Alumnae" for a long time. My fault for we returned home from Rome, Italy, a year ago last November.

"We went to a small town in Georgia but things didn't work out there. We have been in Atlanta since December 5th. We like it very much. The doctor has a terrific practice, more than he can handle.

"Hope to see you all in Chicago one of these days."

Deana Vespa is an operating room nurse at Childrens Memorial in Chicago.

1932—Major Elizabeth L. Breitung, Army Nurse Corps, is the new nurse administrator in Medical Plans and Operations Division of the Surgeon General's Office. After nearly 15 years of duty in the Corps, this is her first assignment in the East. She has had duty in Europe and the Far East and at Army hospitals in San Francisco, San Antonio, Fort Bliss, and Denver.

She recently wrote: "I finished the advanced officer's course at San Antonio the end of November, then drove back to Denver to get packed up, then home to Wisconsin for the holidays, then down to Washington to a new job.

"I sure hope I can get to Chicago for the banquet. This job entails some travelling about the countryside, so am already aiming for the Army Hospital Convention in the fall. This next month I'll be taking the atomic casualty course out at the Armed Forces Institute of Research. In April the conference of all Army hospital chief nurses are here in Washington and in May I'm going back to Fort Sam Houston for a week's work-

shop for Nursing Management Analysts.

"There is so much to be done in the field of nursing management and I got so 'hopped up' — but I must learn to realize that research goes slowly and as an analyst I must take it easy.

"I am learning to find my way about Washington because of parking. I ride the bus to the office, so I am a regular tourist. I live across the river in Arlington Virginia. The new Iwo Jima monument is right out of my window. I am waiting for the cherry blossom season.

"If anyone from Chicago comes down here — would love to see them."

Her address and phone are:

Maj. E. Breitung, ANC
Nursing Methods Analyst
Liberty 5-6700 - Ext. 61545
Medical Plans and
Operation Div.
Rm. 2817 Main Navy Bldg.
Office of the Surgeon
General D/A

1938—Margaret De Vorss wrote: "We bought a house and it is lovely. The large windows in the living room give us a feeling of being outside with the comforts of inside. The mountains all around us are truly beautiful. I do private duty occasionally — enough to keep me on the ball."

1939—Anne Duga wrote: "I have been here in Fort Sam Houston since last September, taking a course in advanced nursing administration. I expect to leave here after graduation, the end of March, for another overseas tour.

"This has been my first opportunity to really enjoy the people and climate of San Antonio. The people are very hospitable and the climate is very mild. I haven't been in Chicago during the winter months in so many years, I'm afraid I'm going to have difficulty getting acclimated again. I was hoping to be able to attend the homecoming week and graduation activities, but I am afraid I'll be on the high seas by that time."

Lillian Wheeler Smith writes to say that she plans to start teaching a nurse's aide course for officers' wives at Smoky Hill Air

Force Base. Having been out of nursing for some time, she will have to brush up on some of the procedures which she is anticipating with much pleasure.

1941—Eleanor Holmes Huizenga wrote: "I was married on April 2, 1955 to Douglas Brant Butler. My daughter, Ellen Ann Huizenga and Ruth Cannon Pickering were among the spectators. We were married in the Las Atlas Congregational Church in Long Beach, California. Doug is finishing his college work at Long Beach State College and intends to be an industrial arts teacher. I am a school nurse and I am continuing my work on my B. S. in Nursing Education and my California Health and Development credentials at Long Beach State College. I hope to graduate in about three years."

1945—Fern Johnson Cain is now happily settled in their new home at 1612 Patricia Lane, Garland, Texas. She has two children and is expecting the third any time. She is leading a lively and interesting life with no time for outside nursing.

1947—Mary Jane Kerner has volunteered her help in teaching first aid for the Girl Scouts of Chicago.

1948—Eleanor Retza Zietz is now employed as a school nurse in Kansas City, Kansas.

Marion Haines Fox does substitute teaching in the grammar schools of Harvey, Illinois and surrounding suburbs.

1952—Jeannie Staller Eickenberger writes to say that her navy dentist husband is home from Korea since early December and they are established in a small apartment; so if any of the St. Luke's Alumnae are in this area, stop by for a chat and some coffee. Her address is 3452 Alnvia Dr., Bremerton, Wash.

Marquerite Warren Audette's husband underwent surgery.

1953—Paula May Petty is studying to be a missionary.

Sheila McCann is living in Redondo Beach, California and is working in industrial nursing.

LuEllen Stoaks Schmidt is in Rhodes, Iowa, with her husband and little girl. Her husband is a farmer and LuEllen sounds very happy with her new type of living.

Mary Lou Tatro writes to say that she has been a stewardess with the Flying Tiger Air Lines since June, 1953. "I love it very much and expect to fulfill the class prophesy yet. I've been to Paris, London, Shannon, Amsterdam, Frankfurt, Rome, Athens, Honolulu, Tokyo and most anywhere in between. I have an apartment in Newark, New Jersey, and I would love to hear from some of the classmates."

Jo Hodnik (53A) wrote: "I got news about some of the classmates from CheeChee Zupan Brnot, so thought I would pass it on — DeDe Wainford who has been in Japan with her family for the past couple of years is being married April 21, to Lt. Williams Conklin, U. S. Army. They will be living in Japan until army orders move them elsewhere.

Jim and Pat Nielsen Hopkins with their children have moved from their Nebraska home to 611 N. Chicago Ave., Dwight, Illinois, where Jim is continuing his residency in surgery.

Dick and CheeChee Zupan Brnot are getting settled in their new apartment at 736 S. Jackson St., Waukegan, Illinois, where CheeChee is awaiting the stork come summer.

Marion Ryder Kankal and Bill are planning on a trip to Chicago in June to attend the wedding of Marion's brother.

Louise Jones has resigned as a Santa Fe courier nurse and is doing private duty near her home town of Matteson, Illinois.

Marge Winkler is still living in Seattle, Washington and enjoying all the winter sports.

Please let's hear from the other classmates occasionally."

Remember Way Back When . . .

In 1896 private rooms at St. Luke's were \$12.00 to \$30.00 per week.

Student nurses employed as special nurses, earned the hospital \$15.00 per week. Graduate nurses earned \$21.00 per week.



And So They Were Wed

Helen Renkes (40B) to William Mathis last August in Morrison, Illinois.

Marilyn Rose Delfs (51B) to Robert Eugene Hack in Chicago, Illinois on February 18, 1956.

Carol Kaye Fuhrken (56B) to Frederick Edwin Middough in Galesburg, Illinois on March 4, 1956.

Maxine Helen Dobslaw (55B) to Ronald Charles Dust in Chicago on February 11, 1956.

Mary Ellen Archambeau (56A) to Timothy Joel Griffith in Chicago on January 21, 1956.

Theresa Kaszuba (52B) to John T. McCormack in Chicago during the month of April.

Ruth Shirley Polacek (51B) to Lester John Miller in Miami Beach, Florida on February 7, 1956.

Wilda Jane Faushee (55B) to Richard Kenneth Willms in Princeton, Illinois on January 28, 1956.

Sally Olivia Sautter (55B) to Robert Burton Gordon in Chicago on February 4, 1956.

Margaret Rose Carruthers (56A) to Rev. Ernest F. Campbell in Evanston, Illinois on February 19, 1956.

Adeline Adkins (28) to Ross Beason. They are now on a world cruise.

Tidbits

Scientists just discovered some people can't keep goldfish. Seems they are allergic to the dried water fleas the fish live on.

Researchers find (in experiments so far limited to animals) how to remove gallstones without a scalpel. They use supersonic vibrations to turn the stones to powder.

FILLS . . .

Only a psychiatrist can find it, but nearly everybody has a streak of sanity in him somewhere.

TELEGRAM BULLETIN

CHICAGO

THE BOARD OF TRUSTEES OF ST. LUKE'S HOSPITAL AFTER LONG AND CAREFUL DELIBERATION AS TO THE FUTURE BEST INTERESTS OF THE HOSPITAL VOTED TODAY

(APRIL 12, 1956) TO MERGE WITH PRESBYTERIAN.

WE ARE COUNTING ON YOU AND YOUR ORGANIZATION TO SUPPORT THEIR DECISION.

JOHN P. BENT
PRES. OF BOARD
OF TRUSTEES.

EDITH D. PAYNE
DIRECTOR OF
NURSING

Growing

It's something to be glad for,
This growing old—or growing up—
Or growing young;
It can be all of these, or any of them,
Depending upon how we view it.
The consuming fire of youth,
the agony of adolescence,
The unfulfillment of childhood,
The unblissful ignorance, relatively,
of bygone days—
All these lie behind.
The broader vision now,
The richer memories, the
accumulation of acquaintances,
The real friendships,
the modest successes,
The educational failures,
The truer appreciation for values, and
The security of having followed
choices that proved, though not
always easy, to be right:
These are things that have their day.
They have their day; but they,
too, shall sink
Into a yesterday, while life moves on
(By faith, and hope, and love)
Into the farther realm to which
Our souls are called.
Eternity's dust is in our eyes.
—Harry L. Dodge

THE RECOVERY ROOM

By Barbara J. Urick 1951A, Head Nurse, Recovery Room,
Community Memorial Hospital, La Grange, Illinois

Our hospital is a new one, having opened only last July, 1955. Many of us here never realized the amount of planning, adjustment, and readjustment which is required in the first months of a new hospital's operation. We have learned a lot and have seen much progress in our first eight months. Efficiency is improving always and the patient load is at its peak. It is a modern hospital with high standards and practices and the atmosphere is conducive to pleasant recovery.

The Recovery Room is one of the modern facilities of our hospital and such a room as this has become more and more vital to adequately care for post operative and emergency conditions. The room is set up to offer intensive therapy of all types and personnel should qualify by either experience or the desire and ability to learn. A registered nurse should always be in charge and available in the room. Though licensed practical nurses and aides work in the room and are invaluable, the nurse is at all times responsible for knowing the patient's condition and is required to use her good judgment and initiative in many instances.

Under Anesthesiology

Recovery Room personnel work directly with and under the supervision of the Anesthesiology Department. Their role is one I cannot over emphasize. At least one Anesthesiologist should be constantly available because of his special training in resuscitation and his knowledge of how surgical procedures and the various anesthetics

may affect the respiratory and circulatory systems. They are the first to be asked about or notified of changes in the patients' condition. However, the attending physician must also be notified if any unusual circumstance prevails. The esprit between the anesthesiologist, attending physician, and nurse, must always be maintained at the highest level for the benefit of the patient.

The primary purpose of the Recovery Room is to care for all post operative patients until they are re-acted and stable and until the anesthesiologist releases them to the floor. However, this room is more aptly called an intensive therapy center as it is equipped to care for severe accident cases in shock from hemorrhage or burns, etc., also acute poisonings and some other medical conditions such as renal shutdown, bleeding ulcers, and hyperthermia.

The Recovery Room is immediately adjacent to the four operating rooms and transport of the patient is accomplished easily and quickly from the OR to the RR by means of the Gendron wheel stretchers. These carts are equipped with wheel locks, side rails, IV standards, and a hydraulic jack for establishing Trendelenberg position. Available at the head of each stretcher is a wall Baumanometer apparatus, an oxygen outlet with flowmeter and humidifier intact and ready for use, and also a wall suction apparatus with adjustable valve. Equipment necessary in Recovery unit falls into the four classes shown in Table I.

TABLE I.

Installed or permanent	Mobile, non expandable	Supplies and prepared sets	Drugs
Wall suction	Beds	Cut down trays	Pain control
Piped oxygen	Stretchers	Burn dressings	Circulatory aids, vasopressin
Sink, refrig.	Resuscitation equip.	Tracheotomy set, etc.	Cardiac-
Narcotic safe	Emergency airway tray	Infusion equip.	Digitoxin
Cabinets	Laryngoscope	Needles, syringes	Nitroglycerin
Bedside table	Naso-gastric & drainage sets—Gomco pumps.	Dressings, towels	Antagonists
	Sphygmomanometers	All types catheters	Opiates
	Stethoscopes	Tracheal, urinary, oxygen, suction, rectal, levine	Fluids
	Infusion stands, floor & portable		Barbiturates
	Oxygen therapy equip.		

Immediately upon arrival in Recovery the patient's general status is checked and recorded promptly; ie., the blood pressure, pulse, respirations, and condition of the skin, etc. Also upon arrival of the patient an immediate record is instituted and in general a statement by both the physician and the nurse should be written on the record. It is then carefully maintained throughout the patient's stay with specific recordings of the status of the respiratory system, circulatory system, state of consciousness, intake and output, etc.

Some In Two Weeks

The average stay of the post operative patient is one to four hours but it may be as long as is deemed necessary and run into days and weeks. We have had patients as long as two weeks. Types of cases which stay longer than the average are head injuries, burns, and poisonings. The most radical surgical procedures, such as intra cranial, intra thoracic, and gastrointestinal surgery remain in most instances, for at least twenty-four hours.

The regular function of the Recovery Room is, above all, an advantage in the patient's recuperation but it is also an advantage to the hospital. Floor personnel are relieved of the time involved in immediate post operative and critical patient care and can thereby give more time to all other patients. The Recovery Room is air conditioned and arranged in such a way that all patients can be seen at once. There is adequate personnel to carry out the many details of intensive care required in this critical period. The stir-up routine is instituted as soon as the patient is awake for even a moment and they are urged to respond frequently. Deep breathing and coughing are encouraged often, and firmly enough to be effective. Position changes and movement of limbs is also encouraged and necessary assistance and support given. Any changes in the patient's status may be noted and brought to the attention of the near by anesthesi-

ologist without delay. Complications and mishaps are much less likely to occur under these conditions and the standards of the hospital remain high.

Intravenous feedings are given to almost all patients having surgery and also to the many other conditions we care for. These are kept open is fully reacted and quite stable. This offers an efficient means of administering vaso constrictors, stimulants, or other indicated IV medications directly into the blood stream without delay. No medication is given without an order but the fluids may be speeded up to expand the circulatory system and hence raise the blood pressure. Also Trendelenberg position may be instituted when necessary.

Narcotics are seldom given in Recovery but if necessary the anesthesiologist is consulted about the patient's condition and dosage indicated. Usually the written order of the attending physician is reduced by one-half. The patient is then checked closely for a half to one hour since even a small dose of narcotic or sedative in conjunction with remaining anesthetic may lower the conscious state considerably or even cause them to go into shock or become very depressed. In this condition they are not easily aroused and are prone to develop hypostatic pneumonia or even become obstructed sufficiently to cause hypoxia.

Complete cooperation of Recovery Room personnel is extremely important and each person, nurse or aide, is encouraged to ask questions and take part in the total patient care. A "know it all" attitude is a poor one in Recovery. We all work together in every aspect of our patients' care and maintain a friendly understanding of one another's capabilities.

Our experience in Recovery Room work here has been very interesting, very gratifying, and in every way an educational experience. The number and types of cases is rapidly increasing as this new hospital develops and our work in this intensive type of care continues to be an enjoyable and rewarding experience.

STANDING COMMITTEES — 1956

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Gertrude Hunt
Joanne Swatek Merkt

NOMINATING

Marion Byrne, *Chairman*

SCHOLARSHIP AND LOAN

Mary Merchant, *Chairman*
Bernice Carlson Amador
Alice Sanderson
Susan Yeomans
Ruth McCarthy

RECEPTION

Dorothy Dimock Palfi

of St. Luke's Hospital School
of Nursing
1500 S. Indiana Ave.
Chicago 5, Illinois

Entered as Second Class Matter at
the Post Office at Chicago, Illinois

The Alumnae



JUNE, 1956

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Chicago 15, Illinois
Mi. 3-3228. Term ends 1957

Miss Muriel Stewart
458 Fullerton
Chicago 14, Illinois
Li. 9-7215. Term ends 1957

PRIVATE DUTY SECTION CHMN.

Mrs. Doris Rogers
1145 W. Lunt
Chicago 26, Illinois
Am. 2-1830. Term ends 1957

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.

THE ALUMNAE

Official Organ of
The Alumnae Ass'n of Saint Luke's Hospital School of Nursing
Chicago, Illinois

Volume 54

June, 1956

No. 3

PRESIDENT'S MESSAGE TO MEMBERS AT ANNUAL BANQUET

"Tonight is a very special night to all of us Alumnae, I'm sure, and I hope that Miss Payne, Father Travis, and Mr. Bent will help us share in the excitement of the evening. This year has been a very momentous year for all of us present—to some it manifests itself in unhappiness and disappointment as it concerns St. Luke's. To others, the same feeling has appeared, but far and above the initial feeling, excitement has shown through. The hospital's merger with Presbyterian will be a tremendous undertaking with tremendous results. The Alumnae Association is in a position to help its school and hospital affect this move in a most pleasant way. What we say and do in reference to St. Luke's can have a great bearing on the attitudes others will form about this institution, so long a necessary part of Chicago. We are not the only ones affected by this move. It will enable the combined institutions to supply more needed hospital beds, provide a closer unity with a university, thus enabling more facilities to be used for education and research. Let us be glad that those who are in a position to do so, have enough faith in the future of the world to even consider something with a scope of this size.



President Curth

"Our Association has grown this year to the number of twelve hundred and seventy-five, the largest membership in its history. Increasing interest is being shown constantly. The class of 1955 is to be especially commended for their wonderful response in joining their Alumnae Association. I only hope that the new graduating

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class of 1956 will be as enthusiastic.

"I am sorry that more of the members of the Class of 1906 are not able to be present tonight. The two who were able to attend have traveled quite a distance to be here. Mrs. Jones will bring greetings from her class."

MARYBETH CURTH

GREETINGS FROM THE CLASS OF 1906

by Mrs. Alice H. Jones

"Madam President, honored guests, members of the St. Luke's Family; my thanks to the Alumnae Association for the corsage I'm wearing, and to the School of Nursing for the very comfortable room provided my sister and me during the festivities.

Fifty-three years ago we came into training individually — a few days — a week perhaps a month apart, with strictest seniority enforced while on duty.

"On August 10th, 1903, as of the eighteen in our class, I reported to Miss Margaret E. Johnstone. A few days later Maude Gooch entered and of her many years of service at St. Luke's we can be justly proud.

"Ten have now passed to their reward. Tonight two of our living eight are here.

"Fifty years has brought many changes. The last vestige of the St. Luke's we knew has vanished. Many of the Doctors, our beloved Miss Johnstone, as well as employees who meant St. Luke's to us are gone—only their memory lingers on.

"Our Commencement was June 20, 1906 in Hospital Chapel. Mr. Leslie Carter, Hospital President conferred the diplomas. Dr. Wm. O. Waters presented the badges, after an address by Dr. John E. Owens.

"As the 1906 message to the Class of 1956, I'd like to quote from Dr. Owen's address. 'There are few occupations in which there is greater responsibility—few in which the exercise of the combined mental and physical faculties is so essential as that of the nurse of the present day. We all know with what ability and conscientiousness you have been equipped for the going—and now that the journey has begun, I bid you God Speed, and when it is ended may you exchange your Cross of Blue for an immortal crown.' Thank you."

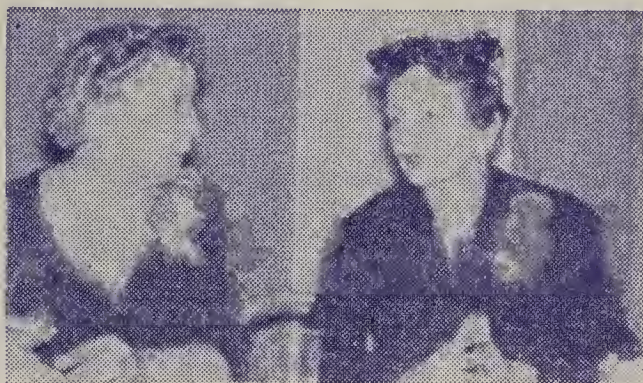


Alice Jones

GREETINGS FROM THE CLASS OF 1931

by Mrs. Ann Lucille James Laird

"Madame President, Alumnae members, guests, class of 1956, class of 1906—the class of 1931 extend to you their greetings on this eve of their twenty-fifth anniversary. We are privileged to meet here tonight in a spirit of happiness and well being because we are assembled together again as sisters reuniting at our traditional dinner.



Ann L. J. Laird Edith D. Payne

"It is out of our past that we build today and the tomorrows. Our parent school gave us a heritage of stability, honor, strength and humility. Time has traveled for over seventy years in St. Luke's Hospital, School of Nursing and it has gathered hardships and adversities along the way as it has also gathered prestige and growth. It is always with undisguised pride that we say that we came from St. Luke's. Our pride has grown with the years, it has grown with the reputation of many of our able members, it has grown with the distinction our school has achieved in the branches of learning in nursing education.

"One of the primary tasks of education is to teach us self discipline and social controls. We learn to look for progress through change in disciplines by drawing upon the talents of individuals and upon the thinking and the planning of the group. Our democracy must be bold and dynamic. Selfless Christian spirit unifies and preserves that which is good and enduring. Our school and our Alumnae members have made great contributions to our profession because of the excellent opportunities it has been our privilege to have. Our Alumnae will remain active and strive to work hand in hand together to promote our objectives and ideals. We will hand over the reins gradually as others take our places of responsibility and authority. We must have no fears for the future planning of St. Luke's Hospital because that planning is in well guided control.

"Tonight my class mates—there are 33 of us here at the banquet—have come from all parts of the country. There were 67 in our graduating class of which two are deceased—Elizabeth Norris and Louise Nimtze Pappenheim.

"We have messages from 18 members who were unable to attend. We did not have the addresses of two of our classmates.

We are delighted with the excellent response that we have had from the class of 1931. Two more will join us tomorrow evening for our reunion dinner, so that we will have seen or heard from all but 12 members of our class. We recognize those who came from far away places:

Catherine Meyers Coulton.....	Toronto, Ontario, Canada
Alyce Oleson Bowman.....	Walnut Creek, California
Gertrude Seipman Bradshaw.....	Guinda, California
Emily Faucett.....	Boston, Massachusetts
Elsie Hoin	Fort Carson, Colorado
Lela McCue Bolitho.....	Dallas, Texas
Adelaide Welch Kleitsch.....	Sutton, Nebraska
Winifred Schuler Anderson.....	Sandusky, Ohio

"The remainder of the 1931 class attending this dinner are from Iowa, Indiana and Illinois.

"We pay tribute to the past, to the history of our school, to our Alumnae members. We pay special tribute to the present and to the future. Let us join our hands and our hearts and look forward to great accomplishments in the years ahead. We are giving our heritage, our hopes, our prayers as our contribution to the future organization which may use our support and strength upon which to build. Thank you."

GREETINGS FROM THE CLASS OF 1956

by Miss Jane Stauffer



Jane Stauffer

"It is with particular pleasure that I welcome the opportunity to speak to this group in the name of my class. It's hard for us to believe that three years have passed since we started at St. Luke's. With the guidance and patient tolerance of our instructors, supervisors and head nurses, we struggled through the basic studies and learned to apply the knowledge and principles we were taught for patient care.

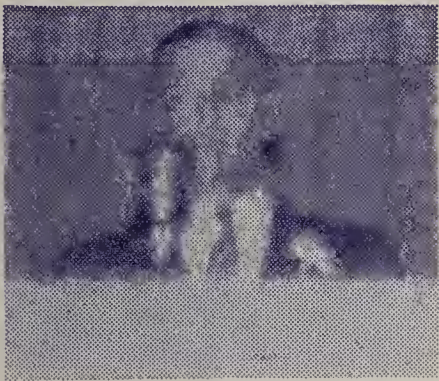
"Now we are about to assume the responsibilities of professional nurses and we all hope to uphold the standards of efficiency and friendliness that have been traditional of St. Luke's graduates.

"Nursing is a proud profession and we take pride in joining its graduate ranks. The alumnae association of a school is the repository of its traditions and its group spirit. Now we are about

to become eligible to join this organization and we feel very honored to be guests at this banquet tonight. This should be the beginning of a more permanent relationship of the members of my class with you. By joining you, we shall be organized to uphold the ethics of our profession and the tradition of St. Luke's School of Nursing. In the challenging days ahead, it is particularly important that we all work together to put forth our best contributions.

"I know I speak for all the members of my class when I thank you and bring you expressions of our pride and our loyalty. Thank you."

Why Merger Occurred



Board Pres. John P. Bent

"Starting 92 years ago St. Luke's first performed the services of community hospital with emphasis on medical care for the needy. The passing years saw the hospital grow in size, in quality of patient care, and in reputation. Traditions were started, specialties were encouraged, and St. Luke's Hospital became known as one of the country's important voluntary hospitals.

"Contrary to the idea of most persons, the financial strength of St. Luke's did not keep pace with the rest of its growth. True, our endowment funds are the envy of many but neither has the rate of increase nor the resulting income been sufficient to plan on other than a hand-to-mouth basis. For completion of capital improvements we have had to resort to mortgage financing, a step first taken in 1932 and ever present since then.

"Our special fund-raising efforts on several separate occasions have never produced the necessary money for development, improvement or rehabilitation at our present location. This, apparently, was because of the lack of careful campaign planning or lack of enthusiasm and follow-through.

"Without the necessary financial strength, no thought could be given to stimulate long-range planning that would enlarge the St. Luke's 'campus' and thus include 1) residential buildings for married house staff, graduate nurses, technicians and others; 2) a doctor's office building; 3) a diagnostic clinic with hotel-type rooms; 4) adequate parking areas.

"Now we find ourselves hemmed in and in effect 'muddling through' by leaning heavily on the glory of the past. The solution to our problems would be easy with unlimited resources, but we must be realistic and face two important facts; first, as aforementioned, our fund-raising efforts have failed; second, large gifts from individuals are fast drying up. Therefore, private institutions must rely more and more on generous consideration by industry and foundations. To attract attention from industry, institutions must offer some really outstanding services. To be considered by foundations, there has to be a stimulating realization of their goals.

"So we approach the future. At no time can we sell our souls. We must be practical; we must be foresighted; and we must so plan that all the wonderful history of St. Luke's will be protected, that its reputation and traditions will constantly be guarded, and that the finest patient care will always be the goal of everyone associated with St. Luke's hospital."

The preceding was written by Mr. Bent for the St. Luke's News and it fully tells the story of why the merger occurred. Mr. Bent spoke on

the same subject at the Banquet and also reassured the nurses that a top designer will be hired to design the uniform for the students of the new nursing school. She or he will be instructed to take all the emblems that mean so much to both the Presbyterian-St. Luke's Nursing Schools and try to apply them to the new uniform. The history of the schools will not be lost.

Presbyterian and St. Luke's Will Expand

Merger of St. Luke's and Presbyterian hospitals was approved on April 12, 1956 by the boards of both institutions.

The consolidation, which has been under consideration for several months, is the result of studies undertaken more than two years ago by St. Luke's, beset by expansion problems in a crowded commercial neighborhood.

Integration of the two institutions, as Presbyterian-St. Luke's Hospital of Chicago, was voted by the two boards at separate but simultaneous meetings in the Northern Trust Company, 50 S. La Salle St.

Heads Are Named

The consolidated board will have 48 members, 24 from each institution, Ralph A. Bard, Sr., president of President of Presbyterian's board of managers, will be chairman of the merged board. John P. Bent, president of St. Luke's board of trustees, was elected board president.

The two hospitals will occupy enlarged facilities on the Presbyterian site at 1753 Congress St. St. Luke's hospital now occupies five buildings.

\$11 Million Program

It was announced that the merger will entail a three year building program costing 11 million dollars.

Because building funds of both hospitals now total only slightly more than 2 million dollars, the new board intends launching a campaign to raise 9 million dollars to finance expansion needs.

One effect of the integration a spokesman explained, will be to increase, probably to 12 stories, a pavilion costing \$5,800,000 on which Presbyterian recently has broken ground. It was designed originally as a six story building.

800 to 1,000 Beds

The hospitals now have a combined capacity of 969 beds. Of these, Presbyterian has 416 and St. Luke's 553. The new Presbyterian pavilion was planned to provide 180 additional beds. These plans, however, the spokesman said, can be changed to bring the consolidated capacity of the two hospitals to around 800 to 1,000 beds.

The merger joins two of Chicago's oldest and most distinguished hospitals. St. Luke's was organized Feb. 18, 1864, by the Rev. Clinton Locke, then rector of Grace Church. The institution first occupied a small frame house in State St. near Eighth St.

Presbyterian Hospital was started by the trustees and faculty of the former Rush Medical College in 1879. The Presbyterian Hospital society was incorporated in 1883 when plans for a modern hospital were adopted under sponsorship of Chicago's Presbyterian Churches.

—Reprinted from the Tribune

The Future of Grace Chapel



Since the announcement of the merger of St. Luke's and Presbyterian Hospitals there have been many inquiries as to the future of Grace Church, the parish which founded St. Luke's Hospital and which for the past 30 years, has been responsible for the religious administration of the hospital.

The parish is considering several plans for the near future. For the immediate present we shall stay in this locality. By the first of the year it is hoped that something permanent will be worked out to enable this 105 year old parish to continue to be of service to our Lord in this Diocese.

(The Rev.) William T. Travis
Rector, Grace Church

ANNUAL ST. LUKE'S ALUMNAE BANQUET 1956



BIRTH-O-GRAMS

Mr. and Mrs. Richard Griffith (Elizabeth Weeks, 51A) announce the arrival of Debra Lynn on May 13, 1956.

Mr. and Mrs. Kenneth Lindbergh (Marion Lawson, 47) announce the arrival of a boy, Lee Lawson Lindbergh on March 15.

Mr. and Mrs. Burton A. Bilharz (Virginia Simmons, 48) announce the arrival of Walter Loren on March 26.

Mr. and Mrs. Armand Dalgaard (Elizabeth Prest, 47) announce the arrival of David Prest on March 5.

Mr. and Mrs. Roger B. Ytterberg (Gretchen Sautter, 52B) announce the arrival of Gail Ann on March 17.

Dr. and Mrs. William G. Aten (Ona Eger, 44A) announce the arrival of Nancy Louise on April 19.

Mr. and Mrs. Jack Stewart (Jeanne Sprately, 48A) announce the arrival of Marcy Jean on March 25.

Dr. and Mrs. Charles E. Reel (Dolores Jack, 52B) announce the arrival of Steven Marc on April 7.

Mr. and Mrs. John Yarosh (Lillian Vander Hagen, 54B) announce the arrival of Loreen Catherine on April 8.

Mr. and Mrs. Joe Halla (Joan Wolff, 53B) announce the arrival of Catherine Ruth on April 8.

Mr. and Mrs. Bill Primo (Carol Perry, 50B) announce the arrival of Jeffery Earl on March 29.

Mr. and Mrs. Seymour Haber (Carol Lofgren, 55A) announce the arrival of Gordon Samuel on March 25.

Mr. and Mrs. Henry Wieditz (Ruth Huber, 52B) announce the arrival of Kurt Henry on March 29.

Mr. and Mrs. Gene Modjeski (Mickey Johnson, 55B) announce the arrival of David Warren on April 3.

Mr. and Mrs. Dale Blackburn (Dorothy Foy, 48B) announce the arrival of Nancy Ann on March 31.

Dr. and Mrs. Perry A. Brucker (Vivienne Fongers, 52B) announce the arrival of Barbara Jo on April 30.

Mr. and Mrs. Warren Cecil (Jean Bulow, 47) announce the arrival of Diane Lynn on April 27.

In Memoriam

The Alumnae extends its deepest sympathy . . .

. . . to the family and friends of Geraldine M. Coy (1922) who died on Feb. 13, 1956 at Chester County Hospital, Marshallton, Iowa.

. . . to the family and friends of H. Merle Evans (1922) who died on March 10, 1956 in Markesan, Wis.

. . . to the family and friends of Aimee Sutherland Merrill (1907) who died on Dec. 27, 1955 in her home in Oakland, Calif.

. . . to the family and friends of Dr. and Mrs. Thomas McAlister (Marilyn Weiss, 49) who both died last month in an auto accident. They are survived by their three children.

. . . to the family and friends of Margaret Lowden (1900) who died on Feb. 19 in an Evanston, Ill. Nursing home.

. . . to the family and friends of Lillian Rein (1895) who died in Evanston, Ill. (Date of death unknown.)

. . . to Becky Riley (1920) in the loss of her mother in February.

And So They Were Wed

Gloria Masse (48) to Carl Reed on March 31 in Chicago.

Delores Sailor (49) to D. W. Young on April 21 in Gary, Indiana.

Florence Evelyn Henricks (56B) to Harold R. Lindemann on April 21 in Skokie, Illinois.

Rita Leslie (53B) to Thomas Patrick Mongoven on April 14 in Oak Park, Illinois.

Betty Lee Warnack (53B) to James Arter Garman on March 28 in Decatur, Illinois.

Mary Jane Oldenburg (54B) to Albert E. Hooper, Jr. on April 21 in Park Ridge, Illinois.

Jean Louise Spillner (56B) to Ensign Terry Meylan Weathers on April 8, in Beloit, Wisconsin.

Mary Margaret Maupin (53B) to Thomas DeBow Hammond, Jr. on March 10 in Hammond, Indiana.

Adela Wainford (53A) to Lieutenant William Charles Conklin on April 21 in Sagami-Hara, Japan.

Our New Members

Welcome to the Alumnae Association:—

Mrs. Ann Snyder Bargerhuff—1954B
 Miss Geraldine Rinkema—1955B
 Miss Ethel Kulhenbecker—1955B
 Mrs. Donna Morton Akin—1955B
 Mrs. Jacqueline Hawley Tack, Jr.—1955B
 Mrs. Carol Mooney Muller—1955B
 Miss Ruth Rinne—1950B
 Miss Nancy Ann Lewis—1955B
 Miss Carol Jeske—1955B
 Miss Doris Busch—1955B
 Miss Salley Gordon—1955B
 Mrs. Carol Habley Day—1954B
 Miss Jean Quick—1952B
 Mrs. Evelyn Hann Stokesberry—1935A
 Miss Marjorie Tanabe—1955B
 Miss Lois Eisner—1955B
 Miss Joanne Schierbecker—1955B
 Miss Evelyn Sweet—1955B
 Mrs. Mary Stark Fox—1955B
 Mrs. Barbara Conroy Sunderland—1953B
 Mrs. Margaret Richards Schoop—1954B
 Miss Erna Hillger—1943A
 Mrs. June Gailbraith Kegley—1952A
 Mrs. Nona Lou Murray Lundgren—1955B
 Miss Joyce Irey—1955B
 Mrs. Marcia Waterman Thorpe—1955B
 Mrs. Maxine Dobsław Dust—1955B
 Miss Barbara Bergevin—1956A
 Mrs. Marilyn Johnson Modveski—1955B
 Miss Marilyn Johnson—1955B
 Mrs. Ellen Royer Moore—1955B
 Miss Marilyn Strobel—1956A
 Mrs. Wilma King Maloy—1953A
 Miss Charlotte Huckel—1956B
 Mrs. Joyce Leach Flickinger—1931
 Miss Joanne Jacobs—1956B
 Mrs. Helen Stefan Lucas—1955B
 Miss Mildred Joan Reese—1955B
 Miss Winifred Retza—1955B
 Miss Edith H. Thomas—1955B
 Mrs. Mary Schroeder Hess—1953B

Corrections on Names of the New Members

I noticed some mistakes among the new members names in the last issue

of the Journal. In the future I shall try to be more careful in checking the names before they go to press.

Elva Ruth Van Ort Brown—1953B
 Catherine Sterns Maginel—1948B
 Erma Page Lewis—1944A
 Jeanne Breyman Heise—1944A
 Marlene Millet—1955B

Request from the Souvenir Committee

The committee would like to have anything of interest for their collection and especially, they would like commencement programs and annual dinner programs.

Memorials to Blue Cross Service Guild

A check was sent to the Blue Cross Service Guild in memory of Merle Evans from her nieces and nephews:

Iva and Lloyd Brennaman
 Sophie and Dustin Evans
 Gwendolyn and Wilbur Pennington
 Sally and Eugene Page

ALUMNAE NEWS

1914—Eve Morkill just returned from a long flight to Calgary, Alberta, where she attended her niece's wedding.

1920—Lois Newton Lowrey is back at work in Triboro Hospital, Jamaica, N. Y. after moving from Colorado.

1924—Helen Benjamin is touring the U.S.A. to make speeches at Baptist churches about India.

1925—Eda Stensland wrote:

"My sincere regrets at being unable to be there with all of you at the commencement festivities. It seems such a long while since my last visit (our own Silver Anniversary) in 1950.

"We are much too short staffed here at St. Luke's in Duluth, Minn. for me to get away at present, much to my sorrow. When May rolls round I invariably get that homesick feeling for dear 'old Alma Mater' and the Boul Mich.

"My congratulations to the 1956 class and warmest greetings to the Golden and Silver Anniversary guests. Best regards to each and everyone at dear St. Luke's—from Miss Payne and right on down the line."

1926—Elsa Ahrenlof (1914) and Mrs. Ella Rothschild (1926) just came back from a Florida vacation where they visited Olive Frost Richardson (1928) and Josephine Dinneen (1922). They also had a wonderful visit with Dr. Arthur R. Elliott and his wife.

1930—Florence Noble Fox wrote:

"The proposed merger of St. Luke's and Presbyterian has brought this member of the class of 1930 out of mothballs.

"On page two of the April Alumnae, I see that one of our nurses asks about the rivalry with Presbyterian and why all of a sudden the two have become great chums. Do I sense a little beligerency in the question?

"If she would look up the definition of the word rival she and perhaps others might feel better. In my dictionary the word is defined as one who is in pursuit of the same object as another or strives to be equal or out do another. If it is necessary for St. Luke's well-being to merge with anyone, surely it should be with someone who so aims, ideals and standards run as closely parallel to our own as possible. In my time Presbyterian certainly occupied that position.

"St. Luke's is dear to each graduate in a very personal way. There is no obvious reason why a merged hospital based upon the same fine traditions we knew will not produce in future graduates the same pride, loyalty and affection that we have felt. In our love for our own day we cannot afford to lose sight of the changing times. I for one, wish to see St. Luke's at the head of the great teaching institutions of the Middle West.

"One wistful thought crept in when I realized that eventually we would move into the Cook County area. That used to be a most dreary section. Over the past many years the view of the lake has been a source of comfort and pleasure to many at St. Luke's—both nurses and patients. How many children on frames have been lifted to look out of the window to see a boat, even a pretty cloud? To many long term patients the lake with its surrounding view was their only happy contact with normal life.

"In planning a new, efficient building I hope the architects will have vision enough to remember the spiritual and emotional needs of the patients. A window through which to watch the sun set, trees strategically planted, these intangibles still are important to the sick. No picture windows overlooking dirty back alleys. PLEASE.

"As I have moved around the United States during the past twenty five years I have become more convinced that St. Luke's School of Nursing gave its students not only an excellent nursing course but more opportunity for cultural all round development than most schools. In fact I can think of a small select group only that, in the past, recognized the importance of the nurse as a person and did something about it. For this foresight I give my personal thanks to St. Luke's.

"May the School of Nursing continue to flourish together with the hospital. The future of the two are inseparable; each needs an institution of high calibre. Best wishes to both."

1939—Mrs. Rudolph Vetren (Leone Brandt) is no longer leading in the Ft. Lauderdale fishing race.

1947—Class held reunion at Helen Elfverson Bapple's home. Marilyn Osborne Markovsky and Tony; Amelia Malichuk Aldrich and Ross; Frances Burgess McLachlan and Stan; Jean Peterson Pierzchala and Ted; Olga Kalaha Everman and Dick; and Nan Shadden Kerner, Nancy Kunath and Kenneth Nelson and Margaret Swanson Lennarson were present.

Mrs. Lennarson wrote:

"Gee, but we had a good time. No one wanted to go home. Fran is very busy in the Illinois State Nurses Association as chairman of the industrial section. She attended meetings all over the state and is trying to help raise salaries and make for better working conditions of our nurses. Amelia is still at Continental Can Co. She and Ross are buying a home in Park Forest. Olga and Dick are both taking a speech course. Olga is president of her P.T.A. Helen is working general duty two days a week at a hospital in Dyer, Illinois. She says

she is really rusty and that this is quite a challenge. Petie is on the last lap toward her degree which she will receive in June. She is still working at St. Luke's. Nan's children both had the measles. Nancy is due in July and feels fine. My family and I are fine.

"I had a letter from Dottie Rice Maloney who said that she is working nites.

"Lynn Temple Dressler, Ken, and family spent the weekend of April 6 and 7 with us. She worked for two weeks last fall as industrial nurse. (My apologies to you Dotty Lindberg Thompson.) Also, had Helen and Joe Bapple and family for dinner. We had a long gab session. Lynn and I came down to St. Luke's on Saturday and visited briefly with Sunny Myers. Sunny is fine and real enthused about her work in the O.R. She had seen Mary Montgomery on Easter. Mary is starting nites as supervisor at the nursing home where she worked before."

1948—Esther Jensen Mayes wrote:

"I would love to attend the banquet but this year it would be impossible for me to attend. The main obstacle is the matter of over 9,000 miles between Yokosuka, Japan and Chicago. I joined my husband in Japan on December 22, 1955 and will probably be here until December 1957.

"It's quite different living in a foreign land. But the different military services try to provide facilities to make life more enjoyable for us.

"Our weather has been damp lately. A few clear days but mostly cloudy weather. The farmers are getting the rice paddies ready for planting in several inches of water. It is getting warmer; soon summer will be here with its heat.

"We are expecting our first youngster in late September. Now I'll be able to put to use my past experiences and knowledge."

STUDENTS' CORNER

PROSE WRITTEN BY STUDENTS IN THE CLASS OF 1957 FROM LAB TO WARDS IN ONE EASY LESSON

"When are we going to start working on Wards?" we asked. Floor assignments were posted and we became oriented to the hospital wards and patients in October. Timidly we walked up and down the corridors, peering into the rooms and smiling weakly to the patients. How they immediately sensed without being told that we were 'the new students.' Mimeographed sheets were handed to us with a list of items that could be found in the various rooms of the floors. 'Goodness?', we thought to ourselves, 'How can they possibly expect us to straighten in our minds what belongs in which room?' Gradually, however, as we spent more time on the ward floors, we became aware of our surroundings, and our ways of thinking were sharpened. Surely we wouldn't look for 70% alcohol in the Linen Room!

"We assured ourselves that we were able to hear the blood pressures of our patients distinctly and perhaps we would be fortunate enough to correspond our results with the instructor.

"Beds? Oh! We made them in Nursing Lab anyhow and immediately changed our methods. During the first few days of bed making experience, our patients who were up and about had to wait for us to complete changing the linens on their beds; but for once we didn't care, just so the corners were mitered properly and everything looked nice and neat.

"On supervisions, we'd be a nervous wreck giving bed baths, enemas or apply fomentations. How can you help but be a little scared when an instructor is peering over your shoulder to see what you are doing!

"Now our knowledge of nursing procedures is expanding. In Nursing Lab on Main 13, demonstrations are presented to us. To help us progress, we return the demonstrations by acting as nurses and patients. Mrs. Chase, our dummy, is also used for practice. We often wonder how poor Mrs. Chase is able to tolerate all the

Please Send All News Items to:

Lucy Pistilli Tyner

428 Lowell

Glen Ellyn, Illinois

things we do to her!

"Each day ends with talk about our new experiences. Yes, we're learning more each day. We look forward to 1957 when we become full-fledged R.N.'s.

OLFACTORY NERVES QUIVER IN LAB

"The occasional aromas in the Science Laboratories create, for us, a very adventurous and mystic atmosphere. It may be the odor of sulfur, the result of an experiment test, the conglomeration of chemicals or the embalmed cat.

"Poor frogs, often used in our experiments, were dipped in various acids to test their reaction time to chemical stimuli; other times we dissected them for internal examination. Biopsy specimens of human livers, brains, pancreas and some glands were shown to us.

"Looking into microscopes, we found many unusual and odd shaped creatures. However, when we were asked to draw them we never did seem to get identical results!

"When we came to the skeletal and muscular systems, we cried, 'Oh, no!' Imagine, memorizing all those bones and muscles! Some of us, poor in memorization, would spend hours 'talking to the bones' or pointing at muscles on the chart to make sure they would remain impressed upon our memory. It was quite amusing to look around during a test and find one another in awkward positions, flexing our arms, feeling our clavicle and trying to locate the gastrocnemius muscle. We never thought we'd be tracing bile through the liver or urine from the kidneys. We got a totally different picture when we switched the urinary bladder for the gallbladder by mistake.

"Trying to remember all the cranial nerves, pathways and fiber tracts knocked us out of our senses — temporarily.

"In chemistry Lab a day never passed when we didn't break test tubes, beakers, or the like. Often times we'd spill acids on our fingers but immediately 'saved ourselves' by neutralizing the acid with an effective base. By the time our experiments were done the sinks would be plugged with match sticks, broken pieces of glass and other debris. So we'd clean it up and carry on.

Nurses Enter Profession To Help People, Study Shows

Chicago, May 15—Despite many shortcomings in nurses' salaries and working conditions which account in large measure for America's continuing shortage of nursing personnel, most nurses say they enter the profession to "take care of patients" and "because it gives them a feeling of helping people."

This was revealed in a 62-page preliminary report covering a series of more than 20 separate studies of nursing functions conducted over the past five years in 17 states. The report was released here today at the 40th Convention of the American Nurses' Association.

Findings from the studies, the report points out, "represent a solid basis of fact that can be useful in planning for nursing service and nursing education and in interpreting nursing to the public." This research program instituted by the ANA in 1951, has granted more than \$400,000 financed entirely by nurses, and will be continued by the American Nurses' Foundation, Inc., established by the association in 1955.

Among other things, the report contains data which shows that doctors' attitudes toward nurses is overwhelmingly favorable, and that they back in-service training programs for nurses and other opportunities for professional growth and development.

In one study, the report discloses, 96 physicians were asked if they would recommend nursing as a career to a younger sister, daughter or other young person. Seventy-six of the doctors unqualifiedly said "yes," ten said "yes" with reservations, and ten said "no."

The report also shows that when nurses say they want "better jobs," this means very specific things, among them: appreciation by others for the work nurses do, earnings more commensurate with nurses' training and responsibility, better personnel policies, more agreeable shift assignments, "preferred-service" assignments, a chance to work with more modern equipment, a lighter case load, more amicable "interpersonal relations," or perhaps the desire to change locations.



Conferring just prior to the opening of the American Nurses Association Convention are Miss Ella Best, R.N. (right), Class of 1915, executive secretary, American Nurses Association and Miss Agnes Ohlson, R.N., president of the American Nurses Association. The convention was held May 14 to May 18 in Chicago. 12,000 professional nurses attended.

The Nurse As Head of Nursing Service Team

CHICAGO, May 15 . . . An eminent social scientist today ridiculed the oft-heard lament that professional nurses are in danger of losing their position in society by abandoning their traditional duties at the bedside of patients.

Dr. John H. Rohrer, director of the Urban Life Research Institute at Tulane University, New Orleans, told a large gathering of nurses in the Grand Ballroom of the Conrad Hilton Hotel here today that the professional nurse is "a hub in a complex machinery who still has the major responsibility for seeing to it that all nursing care tasks are performed correctly."

Speaking before a program meeting of the Educational Administrators,

Consultants and Teachers Section of the American Nurses' Association now holding its 40th convention here this week, Dr. Rohrer called on nursing education to modify its training programs to meet two vitally important changes now occurring in the nursing profession.

He defined one change as "a rapid increase in the number of technical procedures that nurses are required to use." The second, he said, is the assignment to the nurse of more management functions.

Documenting these changes, Dr. Rohrer said that out of the total of 390,000 actively practicing nurses, 210,000 were now employed in hospitals in the U.S., reflecting the increased use of hospitals for medical

care as against the older tendency to receive care in the home.

Larger hospital units formalization of procedures, impersonalization of supervision, and specialization of personnel duties, means that nurses are called upon increasingly to perform specialized roles requiring complex technical skills, he declared.

Dr. Rohrer said that the demand for nurses with specialized skills comes from two sources; One, the delegation of "care skills" to nurses by physicians, and second, the development within nursing science of greater amounts of technical knowledge.

"The famed statement attributed to Dean MacLean that 17 technical medical procedures have been transferred from the physician to the nurse is, probably a conservative figure," the speaker said.

He cited as evidence a study in three Alabama hospitals conducted under an ANA grant which showed that nurses regularly administered oral medications, gave transfusions, administered intravenous medication other than blood. But they no longer regularly take temperatures, or bathe and feed patients, traditionally considered to be part of the professional nurse's duties.

Demand for nurses prepared to perform complex nursing procedures is shown by increasing numbers of nursing students who graduate from degree-granting schools — 2,398 in 1954 as compared to 1,474 in 1950.

Discussing the growing trend to assign more and more management and supervisory functions to professional nurses, Dr. Rohrer said that a study in a large general hospital showed that staff and head nurses provided roughly 16 per cent of total nursing care, with the remaining nursing care rendered by auxiliary workers under supervision of staff and head nurses.

"Generalized responsibilities of the nurse as traditionally defined no longer are valid," the speaker said.

With most care now rendered in the hospital, the nurse no longer assumes care of the patient's family. And the nurse had delegated simpler nursing duties to others whom she supervises.

"Others now wash the floors, make the beds and cater to the patients' wishes," he added.

While the changing culture of the

professional nurse cannot be denied, Dr. Rohrer stated that nurses themselves tend to resist changes which conflict with traditional values that nurses have been taught as students.

He said that considerable controversy exists among nursing educators and others in the profession over "bedside care vs. performance of technical duties."

"The leadership role in nursing education is one which demands the resolution of the conflict between the actual role of the professional nurse and the traditional values of the profession," Dr. Rohrer declared.

He outlined three alternatives for resolving the problem. One is to maintain traditional roles which Dr. Rohrer called "the path of maximum conflict and personal frustration," because what students are taught and what they actually encounter will be magnified.

A second alternative, he said, is to substitute "a new conception based upon a nurse as teacher, administrator and specialist. It would involve changing the focus of psychological satisfaction for the nurse from that of doing a good job of bedside nursing to other potential sources of satisfaction such as higher salaries, social recognition, social prestige, power gratification and the like."

Under this alternative, he said, "the professional nurse would have to learn bedside care of patients so that she could become a better supervisor of the nursing service team."

But he added that acceptance of training for the role of management and supervision would be the most difficult thing for the profession to accept. These duties conflict with the central set of values held by the nurse centering around the relationships she feels she has with the patient.

"Creating ways of harmoniously resolving this conflict for future members of the profession is an educational task of first magnitude," Dr. Rohrer said.

The speaker outlined a third alternative as "an attempt to translate traditional values into more modern guise." It would include total care, but without the menial tasks it once did, and put increased emphasis on psychological and social factors.

He stated however, that this alter-

native "leaves unresolved the problem of training for supervisory functions of the nursing team."

From the
American Nursing Association

Data on Nursing

Estimated number of employed professional nurses — December, 1953 — January, 1954:

Total	389,600
Hospital and other institutions	231,000
Nursing education	8,200
Public Health	25,300
Private Duty	74,000
Industrial	14,000
Office	35,200
Other	1,900

Institutional Nurses

Increases were evidenced from 1953 to 1954 for all levels of professional nurses except two. The number of administrators decreased by 4.3 per cent and the number of supervisors and assistants decreased by almost one per cent.

Federal hospitals showed approximately one per cent fewer professional nurses in 1954, although eight more hospitals were reported than in 1953. Professional nurses in nonfederal hospitals increased by 3.6 per cent although information for some 752 fewer hospitals was included in the data compiled for 1954 than 1953.

The majority of professional nurses in each position category are found in general hospitals. Almost 27 per cent of the total are employed as head nurses, supervisors, instructors and administrators, while 73 per cent are engaged in bedside care or were unidentified. There is a reverse ratio for mental and allied institutions where almost 55 per cent of the group were engaged in administration, teaching and supervision. Of the combined total of professional nurses and nonprofessional workers in mental and allied hospitals in 1954, 91,521 or 87.9 per cent, were of the nonprofessional group.

More nurses but still more needed

Between 1910 and 1950, the nurse population has been growing at a faster rate than the U.S. population. In 1910, there were 55 active graduate nurses for every 100,000 population; in 1950, there were 249 active graduate nurses for every 100,000

population. These ratios suggest that reported shortages reflect increasing needs for professional nurses.

Vast differences in distribution exist from state to state and from region to region. Five states — California, Connecticut, Massachusetts, New Hampshire and Vermont — and the District of Columbia had 350 or more active graduate nurses per 100,000 persons, while five states — Alabama, Arkansas, Georgia, Kentucky and Mississippi — show ratios of less than 150 nurses per 100,000 persons.

Following is the estimated percentage of active professional registered nurses by region:

New England	9.2
Middle Atlantic	25.3
South Atlantic	10.7
East South Central	3.8
West South Central	5.8
East North Central	20.5
West North Central	8.1
Mountain	3.7
Pacific	12.9

It is estimated that an additional 50,000 professional nurses are needed immediately to meet essential demands for nursing service. (This estimate is based on positions that are budgeted for, but unfilled).

In 1947, the President's Commission on Higher Education predicted that more than 500,000 active nurses would be needed by 1960.

Economic Status of Nursing

The U.S. census for 1950 shows that the median annual income for female nurses who worked 50 to 52 weeks in 1949 was \$2,490, with over 50 per cent of incomes ranging from \$2,000 to \$3,000.

In total annual income, professional nurses ranked low on the scale of all women's professional occupations. The average income of librarians averaged four per cent higher than that of nurses, teachers, 13 per cent higher, social workers, 17 per cent, accountants, 24 per cent.

According to a spot check of nursing in nonfederal general hospitals (conducted by the Research and Statistics Unit of the American Nurses' Association), the average starting salary for general duty nurse positions is \$234 per month. One-half of the nurses were in positions for which the starting rate is between \$219 and \$254 per month. Monthly starting salaries are less than \$205 for ten

per cent of the positions and over \$276 for another ten per cent. Salaries reported as currently being paid to general duty nurses averaged \$241.

Licensure

In 1954, 22,316 licenses were issued to professional nurses on the basis of prior certification in another state or territory. An additional 31,019 nurses were licensed for the first time under state or territorial law. Of these, 29,934, or 96.5 per cent, obtained licensure by examination; 1,067, or 3.4 per cent, were issued licenses on the basis of licenses or certificates issued by foreign countries. A vast majority of these nurses who were licensed by endorsement came from Canada.

Since the legal regulation of the practice of nursing is a prerogative of state and territorial governments, there exists 53 separate laws establishing standards and procedures. These laws were an attempt to protect the public from unskilled and incompetent persons who would practice or offer to practice nursing.

A mandatory nursing practice act defines the practice of nursing and prohibits persons from engaging in that practice, as defined, unless they are licensed.

A permissive nursing practice act prohibits only the use of certain titles or other means of indicating that a person is a registered professional nurse unless the person has met legal requirements and been licensed. Most of the laws in effect are permissive.

Schools of Nursing

There are 1,139 state approved schools of professional nursing in the United States and territories.

There is wide variety in basic education programs for nursing students. All prepare students for beginning positions in nursing. However, professional nursing programs range from two to five years in length, and academic admission requirements range from high school graduation to college graduation.

The diploma program is a three-year program offered by hospitals or independent schools of nursing.

The baccalaureate degree program is a four or five year program, combining academic and professional studies. It is offered by senior colleges and universities.

The associate in arts degree program is a two-year program new to nursing education. It is offered by

junior colleges and by some senior colleges and universities.

There are a few variations of these major types of basic programs, but in the main schools of nursing offer one or more of these three types.

The majority, 86 per cent of nursing schools, offer diploma programs and for 951 of the 981 such schools, this is the only program in nursing offered.

Eighty-six per cent of all students preparing for nursing positions are enrolled in schools which award diplomas upon graduation. However, there have been annual increases in the number of students enrolled in degree programs. These accounted for seven per cent of enrollment in 1948 and 14 per cent in 1954.

Student Nurses enrolled in State-Approved Schools of Nursing:

1955	107,572
1954	103,019
1953	102,019
1952	101,809
1951	102,509
1950	97,903
1949	88,817

Graduate Nurse Education

In the fall semester of 1954, there was a reported enrollment of 11,207 students in 104 institutions which offered educational programs for graduate nurses. The number of students enrolled in advanced degree programs has increased by almost 22 per cent since 1951. The number of graduate nurses matriculating in programs leading to the baccalaureate degree has increased by little more than three per cent during the same period.

The majority (59.4 per cent) of all graduate nurse students are enrolled in programs which will prepare them for beginning positions in nursing and lead to the baccalaureate degree upon graduation. Only 36.9 per cent are preparing for head nurse or advance positions.

Of concern to the profession are the numbers of graduate nurse students who must pursue their studies on a part-time basis. Simultaneous employment and study and the cost involved in obtaining additional education frequently make such study sporadic and often prevent completion. The per cent of part-time enrollment has increased from 54 per cent of the total in 1947 to 72 per cent in 1953 and in 1954, 69 per cent.

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The Alumnae



OCTOBER, 1956

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Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.

THE ALUMNAE

Official Organ of
The Alumnae Ass'n of Saint Luke's Hospital School of Nursing
Chicago, Illinois

Volume 54

October, 1956

No. 4

APPOINT MISS PAYNE AS NURSING DIRECTOR FOR MERGED INSTITUTIONS



The Board of Trustees of Presbyterian — St. Luke's Hospital has announced the appointment of Miss Edith D. Payne as Director of the Nursing Department. Miss Payne, who has directed the School of Nursing and Nursing Service at St. Luke's Hospital since July, 1953, will immediately assume her responsibilities of coordinating nursing education and nursing service for the merged institutions.

Before coming to Chicago in 1953, Miss Payne was Director of the Nursing Department at Presbyterian Hospital in Pittsburgh. Prior to this, she had been Director of Nursing at the Methodist Hospital in Philadelphia; Assistant Director of Nursing at Presbyterian Hospital in Philadelphia; and Assistant Direc-

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tor of Nursing at Bridgeport Hospital in Bridgeport, Connecticut.

Miss Payne is a member of the American Nurses' Association and the National League of Nursing. She also serves on the Citizens' Committee of the University of Illinois and the Education Committee of the Chicago Council on Community Nursing.

While in Pennsylvania, she was President of the Philadelphia League of Nursing Education and the Pennsylvania League for Nursing; Chairman of the Pennsylvania State Board of Nurse Examiners; and a member of the Board of Directors of the Pennsylvania State Nurses' Association.

Miss Payne's educational background includes a diploma from Methodist-Episcopal Hospital School of Nursing in Philadelphia; A B.S. degree from the University of Pennsylvania; and a Master's degree from Teachers College, Columbia University.

MERGED INSTITUTIONS PLAN DRIVE

The newly merged hospital has announced a campaign for \$7.5 million. The funds will be used to complete an air-conditioned 13 floor building which has now progressed to 7 storys of steel framing.

By combining into one unit, Presbyterian-St. Luke's Hospital, a saving of dollars by eliminating duplication in services will strengthen the operation of the Hospital, and more importantly, a saving of lives will be accomplished, due to the increased service, research and teaching strength of the new 1000 bed Hospital.

The immediate building plans call for:

13-story pavilion, air-conditioned and furnished.....	\$9,378,822
New Central Kitchen and Cafeteria.....	983,000
Renovation of old hospital buildings.....	1,000,000
Addition to the School of Nursing.....	300,000
Purchase of building for out-patient clinic.....	350,000
Reserve for contingencies.....	788,178

or a total of \$12,800,000.

The future building program includes:

Professional building	\$3,400,000
Employee apartment building	2,300,000

or a total of \$5,700,000. Plans call for these funds to be borrowed and rental will be sufficient to pay interest and amortize the loan.

The Professional Building will provide the latest in professional quarters for the physicians and surgeons of Presbyterian-St. Luke's. It will also have hotel-type rooms for patients who

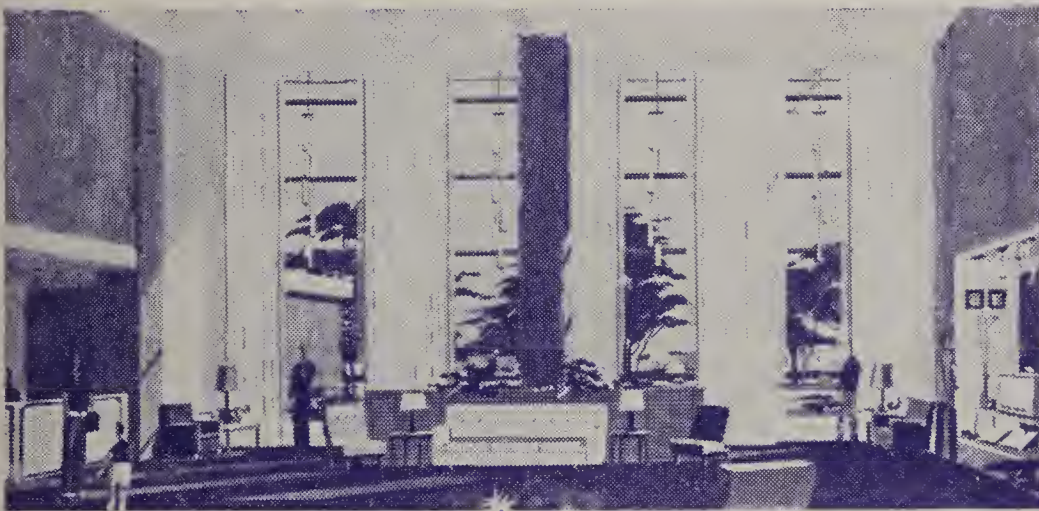
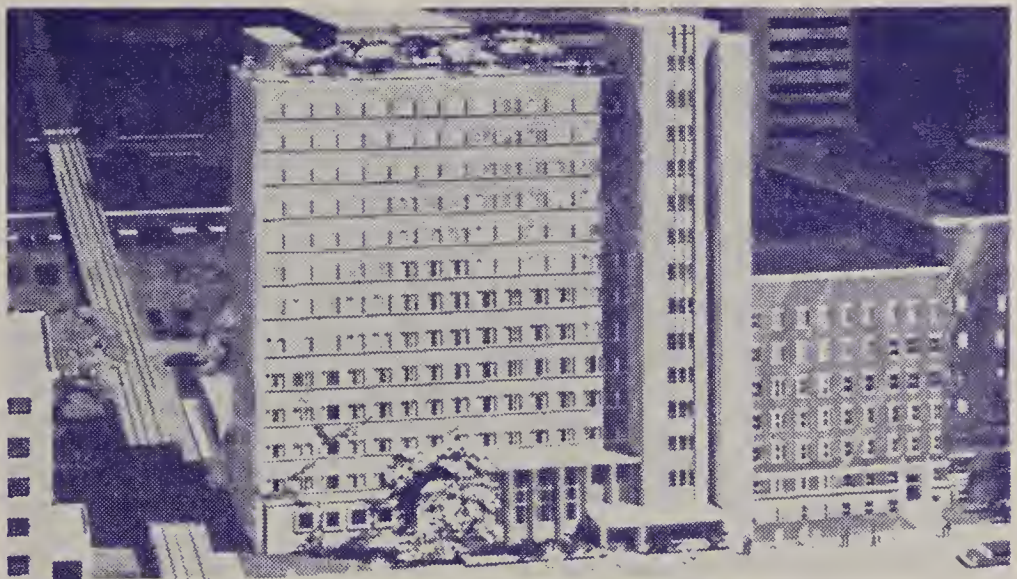
are undergoing observation and examination, as well as room for relatives of critically ill patients. This building will be a 12-story structure.

The apartment building will contain 150 apartments of varying sizes. It will be located on Congress just east of Ogden. Recreational facilities for families are included in the plans.

When the West Side Medical Center was legally created in 1941, its nucleus was made up of such pioneers in the district as Presbyterian and Cook County Hospitals. The new Presbyterian-St. Luke's merger and development program will increase the scope of the Center.

ARTIST'S SKETCHES OF FUTURE HOSPITAL

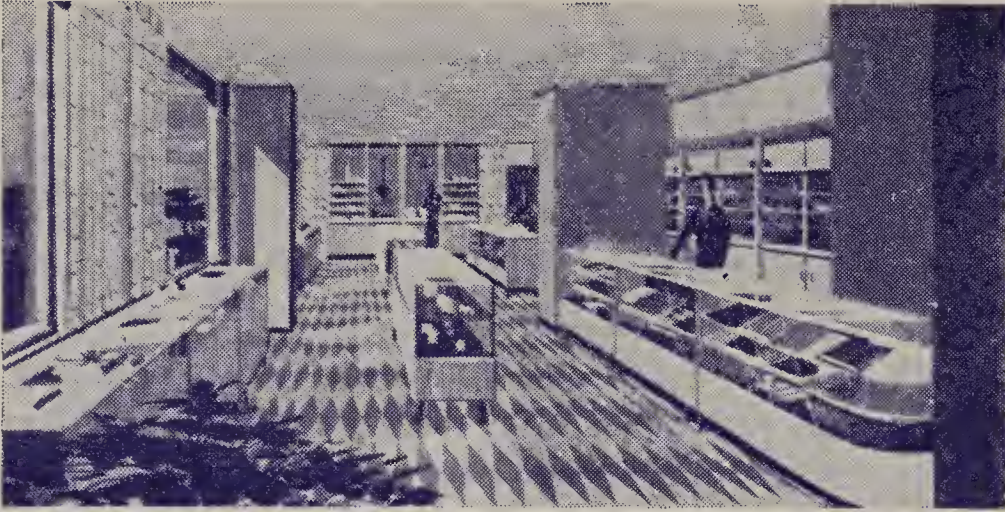
*New 13-Floor
Pavillion*



*The Main
Lobby*

*Admitting
Area*





The Gift Shop

Professional Building



Employee Apartment Building

Cafeteria



*Hall on
Private Floor*



*Private
Room*

*Private
Room*



Auditorium



IN MEMORIAM

The Alumnae extends its deepest sympathy

- to the family and friends of Shirley Oliver Johnson (1931) who passed away on August 13, 1956.
- to the family and friends of Marie Walker Taylor (1895) who passed away on August 2, 1956.
- to the family and friends of Clara E. Standish deJonckhere (1908) who passed away on May 26, 1956.
- to the family and friends of Mary Elizabeth Hanna Rudock (1912) who passed away on May 30, 1956.
- to Marie L. Edson in the loss of her mother who died on July 24, 1956 and in the loss of her step-father who died on June 24, 1956.
- to Maribeth Harper Bretzing (1940) in the loss of her thirteen year old daughter who was killed accidentally by electrocution while climbing a tree on August 21, 1956.
- to Grace Bryant Taggart (1920) in the loss of her husband who passed away during the summer.

And So They Were Wed

Harriet Anne Bush (54B) to Dr. Don Eugene Morehead on July 15 in Western Springs, Illinois.

Dagmara Ruta Veinbergs (56A) to Dr. Clifford O. Nyman on May 25 in Northbrook, Illinois.

Elaine Worthington (50B) to Mr. Eugene Gehrig on Sept. 2 in Golden, Illinois.

Margaret Ann Winkler (53A) to Mr. Robert Harry Bradford on Aug. 11 in Chicago, Illinois.

Myrna Jean Gillian (54B) to Mr. Bennie F. Carpenter on Aug. 11 in Hammond, Illinois.

Lois Wonn (52B) to Mr. Robert Norman Carson on Sept. 1 in Watertown, Wis.

Lorraine M. Moorman (56B) to Dr. Virgil H. Voss on Sept. 1 in Joliet, Illinois.

Rose Ann Nevers (50) to Mr. Samuel Riggs Snoddy, Jr. on July 1 in Carthage, Missouri.

Phyllis Irvine Dunham (34) to Mr. Albert Langeluttig on June 23 in Chicago, Illinois.

Correction! Please!

Correct name of one of our members is Mrs. Sally Sauter Gordon.

OUR NEW MEMBERS

Welcome to the Alumnae Association:

Miss Genevieve Watkins—1955A
Mrs. Elva Dahlenberg Tetrack — 1950B

Miss Barbara Shippy—1956B

Mrs. Carol Lofgren Haber—1955A

Miss Patricia Heindl—1956B

Miss Charlene Sering—1955A

Miss Mary Mulliken—1953B

Mrs. Barbara Sundberg Brunswick—1955B

Miss Margaret Montella—1956B

Miss Paulette Bos—1956B

Miss Sharon Sincox—1956B

Miss Jane Stauffer—1956B

Miss Marion Weigarten—1955B

Mrs. Patricia Nielsen Hopkins—1953A

Miss Gladys DeBoer—1956B

Miss Lenora Haas—1956B

Miss Barbara Jestal—1956B

Miss Constance Moore—1954B

Acknowledgments

The historical souvenir committee wish to thank the following nurses for their donations to the souvenir collection:

Mrs. Shirley Oliver Johnson, 1931, donated the programs of the commencement exercises and annual dinner of the class of 1931.

Mrs. Tara Falls Hallowell, 1906, donated her class pin. This class had the first class pin.

Mrs. Alyce Olson Bowman, 1931, donated her class pin.

Mrs. Grace Critchell Tracy, 1901, donated a St. Luke's pin and souvenir spoon of 1908.

Miss Berenice Harrigan, 1920, donated the musical program of the class of 1920 who performed at a reception in 1918 for Miss Adda Eldridge. Miss Harrigan was one of the students.

TID-BITS

Medical Professor: "What are the bones in your hand called?"

Medical Student: "Dice."

Old Maid Shopper: "Will this perfume help me catch a man?"

Saleslady: "Just don't put any on if you're bluffing!"

BIRTH-O-GRAMS



Judy and Scotty Webb

Dr. and Mrs. Clarence F. Webb (Maxine Mueller 48) announce the arrival of James Martin on March 11. Their other children are Judy and Scotty.

Mr. and Mrs. Vito Coleca (Virginia Tracy 46B) announce the arrival of Victor Jay through adoption. Their little boy was born on July 11, 1956.

Mr. and Mrs. Jack Tatro (Ethel Rang 54B) announce the arrival of Audrey Lynn on June 2, 1954.

Mr. and Mrs. Harold G. Zwitt (Virginia Myrouk 56B) announce the arrival of Lorelei Ann on June 12, 1956.

Mr. and Mrs. Merris Brody (Barbara Netherland 55A) announce the arrival of Beth Marie on April 29, 1956.

Mr. and Mrs. F. R. Troficante (Maiden name was not given nor was the date of her class) announce the arrival of Florence Ann on April 21, 1956.

Mr. and Mrs. Richard Brnot (Georgia Zupan 53A) announce the arrival of Catherine Ann on May 29, 1956.

Dr. and Mrs. Donald S. Freiburger (Nelda Gruener 55A) announce the arrival of Amy Leigh Freiburger on June 25, 1956.

Mr. and Mrs. Max Moeller (Lila Potter 53B) announce the arrival of Victoria Louise on Aug. 15, 1956.

Mr. and Mrs. Bill Flanders (Nancy King 53B) announce the arrival of Pamela Jean on July 26, 1956.

Mr. and Mrs. William E. Great-house (Evelyn Liland 55B) announce the arrival of Wesley Scott on July 20, 1956.

Mr. and Mrs. James J. Holland (Katherine Keefe 48B) announce the arrival of Mary Catherine on May 29, 1956.

Mr. and Mrs. Henning Anderson (Lorraine Nicolai 48B) announce the arrival of Calvin Neal, on May 8, 1956.

Mr. and Mrs. (first name not given) Yon (Lois Kraft 55A) announce the arrival of Kemal Sureyya Yon on June 5, 1956.

Mr. and Mrs. R. Woods Jr. (Irene Dekker 47A) announce the arrival of John R. on August 8, 1956.

Mr. and Mrs. A. Edward Hook (Ruth Williams 48A) announce the arrival of David Walton on September 16, 1956.

PLEASE SEND

ALL CHANGES

OF ADDRESS

to:

MISS ROSEMARY SCOTT ..

5455 Blackstone Ave.

Chicago 49, Ill.

ALUMNAE NEWS

1908—Margaret A Bulkley is now living in Michigan. After three years in Pasadena, California, she thought she would like to be nearer to her family. Before she moved, she saw in the local papers of Pasadena that Dr. Edward Bodman of San Marino, Calif. had died recently. He was a St. Luke's interne in 1907.

1909—Dr. and Mrs. George I. Wright (the former Annette Vahldieck 09) of Klamath Falls, Oregon, visited St. Luke's on June 14 while they were here for the A.M.A. convention. Dr. Wright was an St. Luke's interne in 1908-1909.

1921—Leona Dallman Gillett wrote: "In April there was a gathering of the clan of nine St. Luke's nurses at my home for a tea. Those that attended were Guinivere Mihills Mowry 1911, Edith Robinson Bentley 1918, Ruth Sime 1933, Kay Meade 1930, Margo Lucas Waskow 1935, Margaret Hanstein Lalich 1931, Viola Andler Kuenzi 1945, Rose Newman 1922."

"The purpose of getting this group together was to discuss what is happening to our beloved school. We all feel like a man without a country, so our aim is to strengthen the bonds that hold we St. Luke's together. We have a committee now to plan a luncheon or a dinner this fall. We hope to keep banded together."

1922—Henrietta Froehlke of Chicago and

1924—Avis Van Lew of Topeka, Kansas, attended the fiftieth anniversary of the Kansas University Department of Nursing at the medical center in Kansas City, Kansas last May 25th. Henrietta was director of the school for 14 years and Avis was director for 4 years. Both spoke at the convention. They were guests at the banquet, also.

1931—Marie Klein, director of Health and Safety Education for the Aurora Chapter of the American Red Cross selected from District 2 of the Illinois State Nurses Association as the district winner for the Illinois State Nurses Association "Nurse of the Year" award.

Miss Klein joined the Aurora Chapter, American Red Cross in 1936, as Director of Health and

Safety Services. Prior to that time she was employed by the Chicago Red Cross Chapter. She was responsible for introducing home nursing courses in the Aurora Public Schools, and through her efforts, this program was highly successful. With the advent of World War II, she developed the idea for a series of lectures which were first given to social workers, ministers, and directors of personnel from industry on mental hygiene. Dr. Harold Hulbert delivered the lectures, and later the program was extended to include the families of servicemen and women. As a result of this program which received such a tremendous response from the public, the Aurora Chapter employed a full time psychiatric social worker. Miss Klein was also responsible for the Disaster Plan of the Aurora Chapter and developed the first printed manual that the Chapter ever had. Through the years, she has continued her interest in both the local and national Red Cross Disaster Relief Program, organizing first aid mobile units, training thousands in first aid and home nursing. At present, she is working closely with each hospital in the Aurora area, in the development of their own hospital disaster plan, at the request of the American Hospital Association.

Ann Lucille Jones Laird, director of the department of nursing at the University of Illinois, has resigned after 22 years of service to the school. She has been director in the Research and Educational Hospitals since 1939, and received her first appointment at the University in 1935. From 1935-1939 she was assistant director of the Department, and during the planning period of the School of Nursing was the school's acting director from September, 1943 to September, 1951.

During Mrs. Laird's tenure, hospital nursing affiliation programs were launched along with a post-graduate course in orthopedic nursing, in preparation for the four-year School of Nursing. Continuous in-service training programs for non-professional personnel were established, which have been con-

ducted by staff registered nurses for the past 10 years.

Nursing procedure manuals were introduced and written here for all nursing services. Under Mrs. Laird's direction, 14 nursing procedure committees were organized with participation from all levels of the department. In addition, orientation programs for all new employees, and staff educational programs were introduced as were doctor-nurse conference groups in cooperation with Dr. Donald J. Caseley, medical director. The doctor-nurse group plan was created in 1954 for each clinical area as a method of improving communications between doctors and nurses.

Mrs. Laird directs the work of 650 Department of Nursing employees of which 350 are registered nurses, 60 are licensed practical nurses and the remainder non-professional nursing personnel. She administers the nursing activities in general nursing, orthopedic, neuropsychiatric, Illinois Eye and Ear Infirmary as well as clinic nursing services. She is aided by four associates and 15 assistants in addition to a secretarial-clerk staff.

In 1950 a medical student employment program was initiated by the department that employs 65 to 75 students each summer. The Department was one of the first hospital nursing departments in the country to begin such a program.

After September 1 she intends to continue with studies in nursing and devote a considerable amount of time to writing.

1934—Phyllis Irvine Dunham was married to a well known Chicago attorney, Mr. Albert Langelutting. She is presently employed as Director of Psychiatric Social Service, Board of Health, Chicago

1940—Maribeth Harper Bretzing said she would certainly be glad to hear from some of the girls from her class and others who she knows so well.

1945—Sarah H. Zeeman, Associate Director in Nursing Education since 1954, has resigned to accept a position in the Nursing Education Department at Loyola University.

1945—Nora Gaulke wrote to say that she saw Miss Josephine Gilbert while she was on her vacation in

Chicago. She looked very well and is enjoying her work.

1946—Betty Jane Daube Norris, Florence Bloomquist Bloomdahl and Cecelia Holmgren Peiper had a 10 year reunion at Betty Norris' house in Morton Grove. Cecelia was visiting from Mitchell, South Dakota, and Florence from Villa Park, Ill. They had a grand time with pictures, memories and talking about the present. Florence has three boys, Betty has two boys and one girl and Cecelia has one boy. Their only disappointment was the lack of information about some of the class.

Virginia Tracy Caleca wrote about the adoption of their little boy——— "You can't imagine our joy! A darling baby boy 12 days old. We just got him. We have a 6 month routine legal wait but then our own birth certificate. He is so quiet and sweet. This is our greatest thrill."

1949—Mar Mae Ebinger Burch wrote: "We moved to Minnesota last month and so far it's met all of my expectations. Everyone is so friendly. Right now we are living in an apartment in Hopkins, a suburb of Minneapolis, but we hope to move to a house shortly. What's happened to all the 49B's? And those round robin letters started so long ago?" Her new address is—133 Elmo Park, Hopkins, Minnesota.

1948—Jeanne Geise Welcker and her husband, Robert were recent visitors of John and Kay Mortell Stafford. A small party was held in their honor and other 48A's present were Ione Willis Piech, Elaine Koehler Kennedy and Joan DeMars.

John and Alma Herman Anderson recently returned to England from a tour of the Scandinavian countries. Major Anderson is stationed in England with the Air Corp.

Bill and Phyllis Rand Charlesworth and their family have recently moved from California to Decalb, Illinois.

1952—Dorothea Stuhrenberg Rober-son wrote:

"This is to inform you that after spending a wonderful summer traveling and visiting, I am once again returning to Whidbey Island in Washington.

Durward was sent overseas for a tour of duty on March 1st of this year and so, I took to the road. I drove from Seattle to San Francisco where I spent a month visiting. While there I visited with Marion Payne Mikita and her family, Andy and Karen.

"I also spent weeks in Los Angeles and a month in Phoenix, Arizona.

Between the last two stops I visited with Lory Hill Cech, who was one of our classmates but dropped out in our senior year. Lory now has three boys.

"I left Phoenix and drove to Chicago, arriving here for Mother's Day and in time to attend our Alumnae Banquet which was wonderful. Sure hope I can attend it again next year.

"Durward returned from overseas during August and so we are once again leaving Chicago and going West. Everyone who is in our area is more than welcome to stop in for a visit."

Her address is—Rt. 1—Box 624, Oak Harbor, Washington.

1953—Corinne Rentschler "Corky" wrote:

"As a parting gesture, I thought I'd finally send on some of the class news. I am preparing to leave for Saudi Arabia where my address will be—% Arabian American Oil Co., Dhahran Saudi, Arabia. I will appreciate all letters and if anyone ever gets over there, look me up. I plan on staying two years and will write to tell you what it is like in Arabia.

"I visited Chee Chee Brnot and her new daughter. On the same trip I saw Cuzo and Arlene Lenzini Nannini, who are fine. Arline is awaiting the stork in early fall.

"Pat and Jim Hopkins were in for the A.M.A. Convention and I saw Pat for most of the day.

"Bill and DeeDee Wainford Conklin are hoping to be Stateside about September. They will be stationed in Virginia.

"I hear that Louise Jones is working at St. Luke's now and plans for the future include going to Seattle. So, till I write from Arabia, that is all for now. Classmates—please write."

Ila Honholt Raven recently visited her family in Batavia. She

visited Nancy Stark Elliott and Barb Weidman Clements during the same trip. Ila has a son and is expecting in January.

Nancy Stark Elliott and Barb Weidman Clements drove up to Waukegan and had a nice get-together with Jo McAlpin Hodnik and Georgia Zupan Brnot.

Jean Presbrey is working out in California now. Her address is 1913 Highland, Manhattan Beach, Calif.

Rosemary King has left Chicago also, and returned to her home in Mattoon, Illinois. She works in Decatur.

SALARY STUDY REPORTED

A preliminary report on the survey of salaries and personnel practices for teachers and administrators in nursing education programs was given to the ANA convention by Mrs. Doris Preston of the ANA Research and Statistics Unit.

The report showed that the median annual salary of all teachers and administrators in nursing education programs was \$4,140, and the salary differentials between levels of positions increased with level of position.

On the whole, educational people in collegiate situations fared better than the ones in similar positions in other schools of nursing.

There is a very definite tie-up between economic return and the level of preparation. Average salaries are higher in collegiate schools only because the level of academic accomplishment is greater. Generally speaking, it is also true that salaries in accredited schools are higher than in other schools in all positions.

SCHOOLS IN THREE GROUPS

The study categorized all schools into three groups: state or local government, church, other non-government agency. The study showed that median education salaries were highest in the state or local government situation and lowest in the church group of schools.

Regionally it was found that the variations in salary were not as great as might be expected.

Furlough Thoughts

"To everything there is a season, and a time to every purpose under the Heaven—a time to keep silence and a time to speak."

1955 Annual Report of the Nursing Department

SERVICE

The national shortage of staff nurses creates a serious problem of providing bedside patient care in all hospitals. At St. Luke's our understaffing has been critical since February, 1955 and acute during the night tour of duty and on ward floors, obstetrics and pediatrics. Though the turn-over among graduate nurses has dropped from 116% in 1954 to 69.5% this year, only 84 of the originally budgeted 130 staff nurses could be procured. A continuous effort is made to recruit nurses by advertising and by writing personal appeals to alumnae and the Medical Staff. Private Duty Nursing does not alleviate the situation as only 70% of the requests for these nurses—both professional and practical—could be filled this year.

A variety of solutions has been tried. One women's and one men's ward were closed. Overtime staff work and part-time use of surgical technicians in the Operating Room and medical students in other areas have been scheduled. In the Indiana building, all medical and surgical patients are assigned to teams of nursing personnel. As each member of a team carries out specifically assigned duties, a greater number of patients can be given nursing care by the available staff.

Among 60 seniors graduating in 1955, 63% remained at St. Luke's. 140 practical nurses and nurses aids have assisted in patient care. Volunteers also have rendered valuable and commendable service in the Nursing Department.

Revision of procedures and Surgical Supply Room service to patient units have increased the number of hours available for bedside nursing care. The installation of the Addressograph System has reduced the hours expended in clerical work at the nursing stations.

EDUCATION

In September, 1955, 102 freshman students enrolled in the Basic Program. This experimental curriculum, first offered in 1954, has proved feasible and stimulating to both students and faculty. (The attrition rate of

the class admitted in 1954 is an impressively low 4.9%.) Now, the principles of an integrated course of study and emphasis on comprehensive nursing care have been incorporated in the clinical instruction of these students. Their learning and nursing experience are gained by more bedside teaching, ward conferences, supervision, and coordination of theory and practice. During their experience in Operating Room nursing and diet therapy the students acquire a greater understanding of comprehensive nursing care. An opportunity to observe patients in the Morton Clinic also enriches the clinical experience.

The faculty of the School of Nursing continues to study and evaluate the program we are building together. A number of instructors have participated in panels and published articles reporting our progress in curriculum revision.

To acquaint fathers of freshman students with their daughters' academic, professional and social life, the faculty and class held a Father's Day at the school. Response to this day was so favorable that Fathers' Day will be an annual event.

EDITH D. PAYNE

Courtesy St. Luke's News

Men in Nursing

Approximately 2.4 per cent of the professional nurses practicing today are men. Most men nurses are found working today in federal institutions (where salaries are substantially higher than in non-federal employment) or in psychiatric nursing. In mental and nervous institutions, an estimated 9.5 per cent of the professional nursing staff are men. According to an ANA study of 365 such hospitals, almost 77 per cent of the 953 men nurses employed held higher level nursing positions such as head nurses and supervisors. An average of 7.5 unfilled positions for men nurses per hospital were reported in this study.

In 1955, after years of effort on the part of the nursing profession, Congress passed a bill permitting men nurses to be commissioned in the armed forces nurse corps.

EFFECTS IN AN ATOMIC BLAST

In an atomic or hydrogen bomb attack, the blast itself would cause only an insignificant number of injuries, members of the American Nurses' association were told at their convention during the last week of May.

Lt. Col. Joseph D. Goldstein, assistant chief of the department of atomic casualties studies of Walter Reed Army medical center, Washington, D. C., said that 60 to 90 per cent of the total wounded in such a blast would be hurt by missiles produced by the explosion. Missiles from structural or equipment debris will vary from splinters of glass to vehicles.

Radiation Injuries Minimized

Col. Goldstein minimized the effects of thermal radiation, saying that "light must see the object which it burns," and that almost any form of a shield would afford some protection.

Bombing experience shows that about 60 per cent of the total mechanical injuries will involve the extremities.

Ionizing radiation, including gamma, beta, and neutron rays, will be either prompt or delayed. In the case of the prompt burns, 50 per cent of those exposed to a one second flash or radiation will be injured while 100 per cent of those exposed for 90 seconds or longer will be affected. The effect will range from nausea and vomiting to rapid collapse and death.

Shielding Can Protect

Beta particle burns are usually uneventful and adequate shielding will protect the victims.

In the case of gamma radiation, 11/2 inches of steel, 41/2 inches of concrete, 71/2 inches of dirt, or 200 feet of air would reduce prompt gamma radiation by 50 per cent.

Col. Goldstein reported that 600 roentgen units or more of nuclear radiation will have uniformly lethal results on those exposed.

Maj. Harriet H. Werley, a Nursing consultant of the same department, said that thousands of casualties can be produced within seconds by nuclear weapons.

RECOVERY ROOM BLUES

Emesis is flying
People are crying
It happens all hours of the day.
Pressures are dropping
I V's are stopping
Syringes now come into play.
Basins are falling
The noise is appalling
Oh! But to get away.
OR is calling
Whoops! A patient is falling
Side rails are missing today
A patient I'm returning
Oh, how my ears are burning,
I'm sorry another is on the way.
Patients are complaining
Their catheters aren't draining
They can't make their water they say.
A temp is sky high
I'll sponge him till I cry
My hands will soon freeze away.
Levophed is dripping
For a pressure that is skipping
Potent stuff, so don't use it for play.
Beds get so messy
From blood—H'mm and let's see
There's nothing will do but a change.
The phone starts to ringing
Can't come cause I'm singing
Recovery Room Blues today.
My day now has ended
Believe me, I'm leaving plenty
So Millie, take it away!

By DORIS STEVENSON

**PLEASE SEND
ALL NEWS ITEMS**

to:

LUCY PISTILLI TYNER

428 Lowell Avenue

Glen Ellyn, Ill.

*We want to hear
from all of you!*

CONDENSED HISTORIES of the Class of 1931

Dear classmates of 1931:

We have had response from all but ten of our classmates. Some of the girls wrote to Rosellyn Kelley Millis prior to our anniversary and many have responded to my letters, since our activities, asking for "news". Some of the news was gathered at our reunion dinner.

Two of our members—Louise Nimitz Pappenheim and Elizabeth Norris have passed away.

One of our members prefers to remain anonymous in her giving. In our class name she gave a tape recorder, projector, and screen to the School of Nursing. Our contribution to the Alumnae was \$350.00.

There are many to thank for all they did to make our twenty-fifth year celebration a long remembered event. I will not select them out for they must have within their hearts great satisfaction in having given of themselves for others.

I hope all of you receive the joy of learning about your class as much as I have. Bless you all.

—Ann Lucille Jones Laird

Dear class:

I am truly sorry that you are hearing from me at such a late date, but I have been so preoccupied with severe illness at home the past few months.

Upon returning home in that lean year of 1931, I was fortunate enough to do Indian Field nursing on the Menominee reservation at Keshena, Wis. which is near my home town, that lasted one whole year. After that came general duty, and some private duty at the Municipal Hospital at Shawano, Wis.

In 1935, I became Mrs. Fredenberg, and any nursing I have done since that time has been done in my own pediatric department at home, as we acquired a family of four. Their ages range from 7 years to 18 years.

Now that the last one is finally in school, I have thought about turning to nursing again; but after twenty years I feel timid and almost a complete stranger to the field. In fact I feel as obsolete as Robert Fulton's steam engine, but I am going to give it a try this fall anyway.

Irene K. Alft Fredenberg

Dear class:

Doesn't seem possible we have been out so long but one has only to look at our children to realize the years do go by. Mine are 13 and 14 and almost as tall as I am and at that age know more than Hayden and I. How we ever grew up being so stupid is beyond us. It's been ten years since we adopted the youngsters and ten of the happiest we've had and are married 25 years next February.

Rosalie Anderle Bluhm

Dear class:

Since graduating in October, 1931, I became engaged in private-duty at St. Luke's Hospital. In 1933 I was asked to become medical supervisor at Elmhurst Hospital, Elmhurst, Ill. In 1935 I was offered a position at the Youngstown Sheet and Tube Company, East Chicago, Ind., as a Welfare Nurse for their Goodfellow Club. I remained in this position until the outbreak of World War II.

The company started to employ women to take over many of the jobs that were held by men. The officials of the company then decided it was necessary to hire a woman's counsellor. This position was offered to me, and I remained in this capacity until I was married in 1947 to Mr. Albin R. Hult. I was fortunate to also receive a sixteen year old son. We also have two of our own sons.

I served on the St. Luke's Alumnae Board for seven years.

Myrtle Anderson Hult

Dear class:

I have been in California for nine years. I am still employed as a medical social worker with the Los Angeles County Health Dept. Most of my work is with the TB patients, altho we do have prenatal, venereal disease, child hygiene and dental clinics. The patient load comes from the medically indigent in this eastern section of the county.

When I first came to Pomona it was a small community nestled in a lovely valley. The town was surrounded by beautiful orange groves. You should see it today. Few of the groves remain and in their place is mile after mile of tract houses. One

town grew over 7,000 population in less than a year. With this we have had our headaches. Most of the new people are from the East and Middle West. Quick easy credit makes it possible to buy and furnish these homes then, no job, illness, etc., and they turn to the county. Frequently they lose everything and have to be sent home because of lack of residence. So we scream don't come to Calif. unless you have a job and a little reserve in case of an emergency.

Rose M. Barrett

Dear class:

At this time of the anniversary, I am proud of my record as a mother, as well as a nurse, of six sons. They range in age from 23 to 2 years. I also act as a farmerette at times when the busy season arrives, for being a farm manager along with teaching is a big job for my husband, even with lots of help from the boys. Now my family includes 2 grandchildren as well as three daughters-in-law.

Ruth Bowman Slabaugh

Dear class:

We celebrated our 25th Wedding Anniversary last September and have six children and one adorable grandchild. I have a son who will be 24 and is finishing his engineering course at Illinois Tech. after two years out from the army; a daughter 22 who is married; a son 20 who is in the Air Force. Those are the older ones and now come the younger set. In that I have a daughter 12, a boy 6½, and my baby is 5.

Helen Cook Faulkner

Dear class:

I am happily married and have two fine sons.

Eleanor MacKimm

(Eleanor has a masters degree in social work. She has had wide varied experience in positions of high responsibility in social service.)

Dear class:

Doesn't it surprise you to know it's 25 years? There was once a time when I thought it would be impossible to make 3 years. I'm taking college work, aiming for a degree in education.

Luella Erickstead Strong

Dear class:

Currently, I am chief social worker of the Douglas A. Thom Clinic for children and an instructor on faculty at Boston University School of Social Work. The clinic is a moderate size child guidance clinic devoted to an active training, research, and treatment program with emotionally troubled children and their parents. As I look backward it's not accidental that of several schools I've attended over the years toward my Masters degree in social work that St. Luke's is so important to me. My first job was in the outpatient social service department. It was with the generous scholarship support of St. Luke's Alumnae and the Illinois Nurses Assn. that I was able at the age of 25 to go to Antioch College and on to Tulane University School of Social Work and finally, I finished up at Simmons College School of Social Work. The friendship and support of a number of our St. Luke's family was half the battle in those early days.

The years have been good to me indeed. I have regrets about not marrying and no family of course, but in some part I've found much substitution and sublimation in working with parents and their children.

Emily Faucett

Dear class:

In 1931 there wasn't much work so I finished my psychiatric course at Kankakee—after that I did private duty until I was called on a case in a home which lasted 5 years. During that time I spent some time in California and Florida with my patient. After Pearl Harbor I did private duty in Chicago until June 1942 when I received a letter asking me to be a bridesmaid at my brothers wedding. I felt a little guilty about leaving a case but it was there I met my husband. He had lost his wife the year before—leaving him with Jeanne and Mary then 13 and 7. We were married in October. Jeanne is married, but Mary is still with us.

After about two years I went back to work at our local hospital from 3 to 11 P.M. One of these days I am going to retire.

Lucille Fehl Soloman

Dear class:

I have just returned from Cuba and Puerto Rico where I have spent most of the winter, and our home which has been closed for seven months is needing some attention. Give my greetings to all the class and to anyone traveling through the Green Mountains on a holiday, we would be delighted to have them call on us at Sugar Bush Farm.

Mildred F. Noble

Dear class:

After leaving the Chicago area, I married in 1936, received my B.S. from St. Bonaventure University in Allegheny N.Y. in 1941 and M.S.S. from Smuts College in Northampton, Mass. in 1951. Managed to get a diploma every ten years.

In between being a wife and student, trained R.C. nurses aides for our local hospital in Bradford, Pen. My husband retired from medical practice in 1953 and we moved to Roanoke, Va., where I am now a psychiatric social worker at the V.A. neuropsychiatric hospital.

Helen Frantz Wilson

Dear class:

I am doing Public Health Nursing in the Los Angeles City Schools. I started doing school nursing 11 years ago. Prior to that I did industrial nursing for 3 years and before that I was at Henry Ford Hospital (Detroit) doing general duty in E.N.T. department.

I attended U.C.L.A. and L.A. State College and got my P.H.N. and B.A. degree after coming to Calif. in 1941.

Ethel Gibbs

Dear class:

Have put off writing because the doctor has been ill. Kept hoping he would be better so I could attend the reunion. Looks as though I won't make it. Sorry for I would have loved to be there.

Dallas Graham Camp

Dear class:

I married soon after graduation and I have two children. Am employed for the last five years at Ravenswood Hospital in Chicago as X-ray technician. Took the course before marriage.

Jacqueline Grahl North

Dear class:

Since coming to Madison (Char White and I started to work at Wisconsin General Hospital on Labor Day, 1931), I have become a real Wisconsinite.

I was married in 1941 and have been trying to retire ever since. My husband says that old nurses are just like old fire horses—when the bell rings they start running! Whatever the explanation, it seems I manage to get back in uniform many times each year. My husband is a pathologist at University Hospital in Madison—we have no children.

Margaret Hanstein Lalich

Dear class:

The aisle in Grace Chapel the day I "went out" seemed a hundred miles long—but I finally made it! That day, as well as on graduation day, I felt that I, among all the rest, was especially blessed and especially commissioned to carry the torch of good living and good nursing tempered with love and mercy, compassion and understanding as given to us by the Great Physician himself.

Well, the corridor of life these past 25 years has been long—it has been shadowy—for instance, after ten months of a beautifully happy marriage, Jim died so suddenly from a coronary thrombosis. Then a brother-in-law died and within a year, my oldest sister died. Others departed in these 25 years—illnesses in the family—yes, those have been some of the dark places.

Volunteer work in Dr. Slaughter's Luneor Clinic at Ill. Research being a board member of the Y.W.C.A., a teacher of home-nursing (after I couldn't enlist in the armed services), cancer education work, etc., were busy days, especially on cancer detection clinic nights. All of these activities were interesting and challenging, but the biggest challenge comes where we lay aside this our "public" and nurse those dear aging people called "our folks" which has been my volunteer work lately.

You see, even with a lot of useful activity, I don't believe any one would call it very exciting. Our class reunion was a joyous time and looking forward to another reunion in 1961. Should it so be that my chair is vacant at that time, I should like

to leave the following message to classmates and friends.

God has been real to me ever since I was a small girl. I served in nursing as under Him—I have studied the word He gave us and feel that I have grown with Him and in Him. He, not I, has chosen the path I must take and I know He knows every step of the way.

So, when your way is easy and pleasant, smile up at Him and give thanks, when the road is hard and rough, look up and let His smile of blessing reassure you that all is well; when the way is dark and shadowy, possibly you cannot see His face through the shadows, just place your hand in His strong sure one and say; "Father, I cannot see a step ahead, but with my hand in yours, I'll go ahead confident that the end of the road will lead to your Heavenly Home and I shall be with you for all Eternity."

Madlaine Hensel Hopkins

Dear class:

For the past sixteen years I have been with the Army—in the service of the Army Nurse Corps in various capacities—from head nurse to chief nurse. At present, I am stationed at Fort Carson, Colorado—now as hospital supervisor.

During the war, I served in the Pacific, the Marianna Islands, the greater time on Saipan. Those were rough years, just like being in another world. When I returned after the war, home to Chicago, I took up a business secretarial course at Bryant and Stratton Business College for a year. After this, I was recalled into service and assigned to Letterman Army Hospital in San Francisco, where we were needed to take care of the Korean casualties. While in San Francisco I continued my studies at the University of California, on my off time, to work toward my degree, but again an interruption, and I was ordered to Europe, where I remained for three years. Here I continued my studies and brushed up on language courses. Did an awful lot of traveling every chance I had—England, Scotland, Ireland, all over Italy, Rome, Corsica, Milan, Geneva, Turkey, Venice, the Italian and French Riviera—even toured through the castle in Monaco, rolled a few dice at Monte

Carlo—there were many trips to Switzerland—skiing. Also, toured Spain, Portugal, Fatima, France, Paris, Lourdes, Belgium, Holland, Island of Mallorca in the Mediterranean, Berlin, and so many other places. It was all a great education in itself and all those wonderful operas!

While stationed in Germany, my big personal project, were the poor D.P.'s especially the children. Because of my knowledge of the languages, I was able to mingle freely with these people. There were about 42 D.P. camps which I visited, many hidden in the forests, full of sick and tubercular people. With the help of friends, women's clubs, we collected clothing, food and miscellaneous things and distributed them where most needed. At Christmas time, we arranged gifts, parties, a movie, Santa Claus. The first time they saw Santa, they started running away and crying, scared for they never saw one before. During the year we would arrange bus trips to the circus—this was a sight to see! For their First Holy Communion Event, material and white little veils were purchased, each mother or friend made their own—we arranged a Communion breakfast, etc. The First Holy Communion processions were a sight to behold!

Before entering the Army Service, I was engaged in private duty in and around Pasadena, Calif. at the St. Luke's and Huntington Hospitals.

In 1931, shortly after graduation, I worked at the University of Ill., Research Hospital, for about 4½ years, in the children's orthopedic section. In conclusion, I can truthfully say, that I do not regret my 3 years of nurses training. Little did I know, that I would gain so much, as the saying goes—"Strange are the ways of God—incomprehensible are His ways"

Major Elsie K. Hoin

Private duty after graduation at the University of Michigan Hospitals.

American Red Cross service during and after World War II.

Alumnae work for many years.

Married in 1941 to Floyd Millis and now lives in the small town of Galva, Ill. Rosellyn Kelly Millis
(to be continued)

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RECEPTION

Dorothy Dimock Palfi

of St. Luke's Hospital School
of Nursing
1500 S. Indiana Ave.
Chicago 5, Illinois

Entered as Second Class Matter at
the Post Office at Chicago, Illinois

The Alumnae



DECEMBER, 1956

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Mrs. Doris Rogers
1145 W. Lunt
Chicago 26, Illinois
Am. 2-1830. Term ends 1957

Alumnae Pledge



An Assurance of Loyalty

With understanding of and the belief in the aims and purposes of the Alumnae Association of St. Luke's Hospital School of Nursing, I do solemnly affirm, that I will endeavor, by my daily life and service, to honor always the profession of which I am a member.

THE ALUMNAE

Official Organ of
The Alumnae Ass'n of Saint Luke's Hospital School of Nursing
Chicago, Illinois

Volume 54

December, 1956

No. 5

THE CHRISTMAS STORY



ST. MATT. CH. I-18 Now the origin of Christ was in this wise. When Mary His Mother had been betrothed to Joseph, before they came together, she was found to be with child by

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the Holy Spirit. 19. But Joseph her husband, being a just man, and not wishing to expose her to reproach, was minded to put her away privately. 20. But while he thought on these things, behold, an angel of the Lord appeared to him in a dream, saying, "Do not be afraid, Joseph, son of David, to take to thee Mary thy wife, for that which is begotten in her is of the Holy Spirit. 21. And she shall bring forth a son, and thou shalt call His name Jesus; for He shall save His people from their sins." 22. Now all this came to pass that what was spoken by the Lord through the prophet might be fulfilled, 23. "Behold, the Virgin shall be with child, and shall bring forth a son; and they shall call His name Emmanuel," which is, interpreted, "God with us," 24. So Joseph, arising from sleep, did as the angel of the Lord had commanded him, and took unto him his wife. 25. And he did not know her till she brought forth her firstborn son. And he called His name Jesus.

ST. MATT. CH. II-1 Now when Jesus was born in Bethlehem of Judea, in the days of King Herod, behold, Magi came from the East to Jerusalem, 2. Saying, "where is He that is born King of the Jews? For we have seen His star in the East and have come to worship Him." 3. But when King Herod heard this, he was troubled, and so was all Jerusalem with him." 4. And gathering together all chief priests and Scribes of the people, he inquired of them where the Christ was to be born. 5. And they said to him, "In Bethlehem of Judea; for thus it is written by the prophet, 6. 'And thou, Bethlehem, of the land of Juda, art by no means least among the princes of Judea; for from thee shall come forth a leader who shall rule my people Israel.' "

7. Then Herod summoned the Magi secretly, and carefully ascertained from them the time when the star had appeared to them. 8. And sending them to Bethlehem, he said, "Go and make careful inquiry concerning the child, and when you have found Him, bring me word, that I too may go and worship Him."

9. Now they, having heard the king, went their way, and behold, the star that they had seen in the East went before them, until it came and stood over the place where the child was. 10. And when they saw the star they rejoiced exceedingly. 11. And entering the house, they found the child with Mary His Mother, and falling down they worshipped Him. And opening their treasures they offered Him gifts of gold, frankincense and myrrh.

12. And being warned in a dream not to return to Herod, they went back to their own country by another way.

Merry Christmas

Progress Report on Merged School Educational Aims

As alumnae of the St. Luke's Hospital School of Nursing, you soon will receive a brochure describing the "Two Year plus Internship" program to be offered to the freshman students at Presbyterian-St. Luke's Hospital School of Nursing next September. I know that you will be as enthusiastic as we are about the potential scope and professional caliber of this new curriculum.

Since we anticipate an enrollment of some 200 freshmen, not only the construction of the curriculum but its detailed organization and planning will exact a tremendous effort and sustained work by all the members of the faculties of both schools. You may be interested in our progress to date and some of the committee organization of these faculties to achieve our educational aims and realize the objectives of this merged school.

Committees Formed

A "steering committee" composed of representatives from both schools meets monthly to discuss over-all planning and to consider reports from committee chairmen concerned with the various areas of curriculum focus. Smaller committees, now convening monthly, are evaluating their particular contribution to the education of a student nurse to prepare her to assume professional responsibilities and to fulfill her individual promise as a person and citizen.

These standing committees have been appointed in the following areas though the specific "field" may not necessarily be incorporated in the final curriculum as a specific course. For curriculum evaluation, however, these categories seem to serve our purpose: Nursing Resource, Medical-Surgical Nursing, Psychiatric Nursing, Maternal and Child Welfare, Natural Science, Professional Nursing, Social Science and Communication. Two additional committees, Library and Physical Facilities, also will function but their work will be more pertinent when the physical merger of the two schools (tentatively scheduled for September, 1958) is more imminent.

A "uniform" committee including alumnae and students from both schools and members of the respective Woman's Boards has met several times to investigate and develop ideas for the new uniform, cap and pin. Both the cap and pin designs have been completed and accepted by this committee. A

number of possibilities incorporating many practical and modern ideas about uniform design and style have evolved. Currently, a New York firm is making up a variety of models for committee consideration.

\$300,000 Addition

The Presbyterian-St. Luke's Hospital Development Program includes an estimate of \$300,000 to construct an addition to the present Presbyterian School of Nursing. The Woman's Boards of both hospitals are very interested in the future of the new school, particularly in the possibility of actively sponsoring recreational facilities for the student nurses.

We are confident that the alumnae of both the St. Luke's and the Presbyterian Hospital Schools of Nursing will be vitally interested in their "merged" school. Your professional and active participation in recruiting the "future nurses" we hope to interest in our profession and this school (one of the ten largest in the United States) will be greatly appreciated. With your enthusiasm and support, the Presbyterian-St. Luke's Hospital School of Nursing should perpetuate the fine reputation that each of these individual schools has achieved.

Courtesy of
Nursing Department
Public Relations Office



Please Send All News Items To:

LUCY PISTILLI TYNER

428 Lowell

Glen Ellyn, Ill.

BIRTH-O-GRAMS



MICHAEL MUCHOW

(Mother—Helen K. Muchow, 1951)

Mr. and Mrs. A. Edward Hook (Nee Ruth Alden Williams '48) announce the arrival of David Walton on Sept. 16.

Mr. and Mrs. Leo Hill (Ida Svete 48A) announce the arrival of Charles Richard on Oct. 8.

Mr. and Mrs. Charles Froebel (Lois Haines 52A) announce the arrival of William Carl on Nov. 5.

Mr. and Mrs. R. S. Swingholm (Frances Slezak 54A) announce the arrival of Debora Ann on Oct. 11.

Mr. and Mrs. Robert Currie (Elinor Kuhlmann 49B) announce the arrival of Scott on Oct. 18.

Mr. and Mrs. Richard R. Horswell (Cynthia 56A last name not given) announce the arrival of Richard R., Jr. on Sept. 9.

Dr. and Mrs. Robert E. Bartholomew (Jacqueline Weeks class unknown) announce the arrival of Christopher on Sept. 25.

Mr. and Mrs. Donald Erickson (Maiden name and class not given) announce the arrival of Marcia Kay on Aug. 23.

Mr. and Mrs. Ralph Tange (Barbara White 52B) announce the arrival of Karen Patricia on Oct. 12.

Mr. and Mrs. Jack Spohn (Jean Lee 52A) announce the arrival of Teresa Jo on Sept. 20.

Mr. and Mrs. Gordon N. Welch (Jean Rakowski 46A) announce the arrival of Marilyn Constance on Sept. 14.

Mr. and Mrs. George Fyke (LaDonna Camel 50B) announce the arrival of Karen Renee on Aug. 14.

Dr. and Mrs. N. Dean Hungness (Marjorie Peterson 50B) announce the arrival of Kathy Jean on July 6.

Mr. and Mrs. Robert Firchau (Dianne Phillips 53) announce the arrival of Robin Diane.

Mr. and Mrs. John Stasch (Delores Peterson 53) announce the arrival of Shelley Kay on Nov. 14.

And So They Were Wed

Elaine Worthington, 50B, to Eugene Gehrig in Illinois on Sept. 2.

Bernice Bochman House, 48B, to John Albert Bohn in Chicago on Oct. 20.

Barbara Jeanne Meyer, 56A, to Dr. David Wood Florence in Chicago on Oct. 20.

Susan Ann Wade, 56B, to Dr. Durell Boyd Horsley in Kenosha, Wis. on Oct. 13.

Mary Ellen Scoff, 50A, to Dr. Paul Charles Vietzke in Chicago on Sept. 29.

Eleanore Silber, 56B, to Charles William Bauer, Jr. in Philadelphia, Penn. on Sept. 15.

Dorothy Mae Noelte, 55A, to Norman B. Giles in Salt Lake City, Utah on Sept. 13.

Jo Anne Gricunas, 56B, to Donald Warren Swanson in St. Charles, Ill. on Oct. 14.

Diane Geiger, 56B, to Gerald Raymond Fletcher in Chicago on Oct. 12.

Marcia Meyer, 54B, to Dr. Charles J. Lockwood on Aug. 29.

IN MEMORIAM

The Alumnae extends its deepest sympathy

—to the family and friends of Marie Lucy Freeman Peterson, 1902, who passed away on Aug. 25 in La Jolla, California after a long illness.

—to the family and friends of Mary E. Hanna Ruddock who passed away in June in Vancouver, Canada, after a long illness.

—to the family and friends of Helen Moulton Brisbane who passed away on Sept. 18 in Santa Barbara, Calif. where she had been doing private duty at the Santa Barbara General Hospital.

—to Vivian Cadie Jackes, 1912, in the loss of her husband, Dr. H. L. Jackes, who passed away in Vancouver, Canada in Sept. Dr. Jackes interned at St. Luke's.

—to Julia Gabel, 1910, in the loss of her brother, Harry, who passed away in Orlando, Florida in Sept.

—to Ida Swanson Peterson, 1915, in the loss of her sister (who had suffered from acute leukemia).

—to Corabelle Blalke Ungradt, 1929 in the loss of her husband.

—to the family and friends of Genevieve Webster Hendricks, 1929, who passed away on Nov. 24 in Chicago, Ill.

MENTAL HEALTH

Some of the Characteristics of People with Good Mental Health

They feel comfortable about themselves.

They are not bowled over by their own emotions—by their fears, anger, love, jealousy, guilt or worries.

They can take life's disappointments in their stride.

They have a tolerant, easy-going attitude towards themselves as well as others; they can laugh at themselves.

They neither under-estimate nor over-estimate their abilities.

They can accept their own shortcomings.

They have self-respect.

They feel able to deal with most situations that come their way.

They get satisfaction from the simple everyday pleasures.

They feel right about other people.

They are able to give love and to consider the interests of others.

They have personal relationships that are satisfying and lasting.

They expect to like and trust others and take it for granted that others will like and trust them.

They respect the many differences they find in people.

They do not push people around, nor do they allow themselves to be pushed around.

They can feel they are part of a group.

They feel a sense of responsibility to their neighbors and fellow men.

They are able to meet the demands of life.

They do something about their problems as they arise.

They accept their responsibilities.

They shape their environment whenever possible; they adjust to it whenever necessary.

They make use of their natural capacities.

They welcome new experiences and new ideas.

They plan ahead but do not fear the future.

They set realistic goals for themselves.

They are able to think for themselves and make their own decisions.

They put their best effort into what they do, and get satisfaction out of doing it.

Reprinted from a pamphlet published by: The National Association for Mental Health, 1790 Broadway, New York 19, N. Y.

Traffic Safety Editorial

In 1955, more than fifteen thousand individuals didn't return home after the pleasures of the weekend. According to figures recently published by the Safety Service of The Travelers Insurance Companies of Hartford, Connecticut, 15,730 Americans were killed in weekend traffic accidents.

Of last year's traffic fatalities, more than one-fifth occurred on Saturday.

The reasons for this record number of weekend highway fatalities lie in the motoring habits of the American public. Every highway in the nation has its Saturday share of that portion of America bound and determined to arrive at its weekend destination in time for dinner, even if the trip's last sixty miles must be covered in an hour flat. Too frequently, the strain and fatigue of distance driving are ignored in anticipation of ample relaxation at the journey's end.

Then, too, our highways continue to be filled with those drivers whose idea of relaxation is an extra drink

or two "for the road."

Millions of dollars have been spent by Federal, state and municipal authorities in an effort to provide better and safer roads. Additional millions are spent by insurance companies and other private organizations for programs of safety education.

Nevertheless, the weekends of 1955 saw more persons killed and injured on our highways than ever before. It wasn't the fault of the road systems; it wasn't the fault of safety education campaigns. It was the fault of pleasure-bent individuals striving to go too far, too fast, for a weekend's enjoyment.

How to reduce this record total of killed and injured? What is desperately required is the immediate, unceasing cooperation of every American in possession of a driver's permit.

An aroused awareness of the weekend highway peril, plus continued realization of this danger is the only way to reduce the weekend fatality figures for 1956.

Nursing's Many Bugaboos Cited

Low pay, new fields and marriages are the bugaboos causing a nationwide shortage of registered nurses.

So said Miss Frances L. A. Powell, president of the 11,000 member Illinois State Nurses' Association, which held its 54th annual convention at the Congress Hotel during October.

"A basic problem of getting nursing recruits is that the salary is not commensurate with the responsibility," said Miss Powell, director of the Cook County School of Nursing.

Graduate nurses in Illinois are paid as low as \$220 monthly by some hospitals with no fringe benefits. The I.S.N.A. is trying to get the min-

imum raised to \$325.

The nursing profession also has heavy competition from business and industry for high school graduates.

"It used to be that a girl would go into either teaching or nursing. Now she has hundreds of well-paying fields to choose from."

The third problem—marriage—is gradually lessening. More and more registered nurses are going back to work after marriage. Right now, 56 per cent of the working registered nurses in the United States are married.

Reprinted from the
Chicago Daily News

MERRY CHRISTMAS

ALUMNAE NEWS

1896—Kathryn Gruber Chatham, N. Y. visited her friends in Chicago during October.

1905—Salome Dyson and sister have returned to San Diego to take up their residence.

Helen McNab spent her usual vacation at Spring Lake, Wis.

1906—T. Falls Hallowell has sold her home in Paris, Ontario and will live in Toronto.

Ethel Thompson is housing with her sister Blanche in Miami.

Maud Gooch will spend the winter in North Miami with her nephew.

1906—Alice H. Jones wrote to say that she is in the Veterans Hospital in Lincoln, Nebraska, nursing a fractured leg. She will soon be wearing a permanent cast which will enable her to go home and use crutches until her leg heals.

1908—Hettie Gooch of Harbert, Mich. had as guests during the summer the following: Kathryn Gruber, S. Hunt, E. Travers, E. Horn, M. Merchant, and I. Stolp. All St. Luke's nurses are welcome here at any time.

Maud and Hettie Gooch took a trip in Sept. to Fox Lake, Wis. to see Clara Gemuenden Jones, 1922, on her beautiful farm and also, they visited Irene Cox Schemel, 1934, on her farm near Kenosha, Wis. They also called on Ellen Steward, 1898, in Waukegan, Ill.

1908—Margaret A. Bulkley's description of her home and town is as follows:

"Pointe Aux Pins is a summer resort on the Bois Blanc Island—just east of Mackinaw Island in the Straits of Mackinaw. During the summer we have mail each week day but during the winter it comes 3 times a week. I don't really have any difficulty with the postman as my sister has been the post mistress for the last 30 years.

"There are 23 registered voters here, so you can see the population is not large. There is a school with 8 pupils in seven different grades.

"In this section of Michigan there are many French Canadians as the names Bois Blanc which means

whitewood and Pointe Aux Pins—means Point of Pines.

"I grew up in Cheboygan and my father built a summer home here in 1892. About 1904, he built the Chapel of the Transfiguration, so you can see why it all means a great deal to me.

"Incidentally, all mail goes to Cheboygan and is picked up there by the mail man who has a motor boat to bring it across the Straits. His boat is large enough to carry automobiles.

"There are 3 or 4 hundred people here in the summer time and some lovely cottages and a hotel. The people here say that there will be about 400 hunters during the deer season. We have had deer in our front yard every night for the last week. We hate to see the hunters come with their guns."

1910—Rena Murray has been a patient in the Veterans Hospital in Lincoln, Nebraska.

1910—Mabel Shannon is enjoying her retirement in Collingwood, Canada.

1915—Mildred Pringle has moved into their newly acquired home in Scottsdale, Arizona.

1918—Edna Lowe is enjoying auto trips around Amesburg, Mass.

1925—Louise Menard has been a bed patient for nearly a year due to diabetes and arthritis. She is very interested in St. Luke's as she always loved it.

1929—Mr. and Mrs. Lee Myers (Ruth Alkire) celebrated their 25th anniversary Oct. 18 with open house. They have one son 19 years old who is in his second year of law school.

1945—Susan Yeomans is now Assistant Professor of Nursing at the University of Wisconsin.

1950—Elaine Worthington Gehrig is teaching this year again at St. Luke's.

Colette Bakke is on the faculty at St. Lukes after 1½ years abroad.

Gretchen Brown Ohrvall writes that her son and daughter and husband are well and happy in their home in Texas.

Mary Lou Jessup Grafton is at home now with her husband and daughter in Bellvue, Washington.

ALUMNAE NEWS

Marjorie Peterson Hungness wrote to say that husband Dean is now interning at Cook County Hospital. After July, 1957, he will be in the U.S. Air Force. They are expecting to see some parts of our country in the near future.

1950—La Donna Camel Fyke wrote, "How about the 50B's? It's very discouraging to receive the Alumnae and find nothing in it about our class. As for myself—I've been married to a coach for two years and we now have a sweet little girl. I've been to Champaign a few times to visit Norma Gehlbach Rankin.

"Nancy Child Wisniewski writes me frequently from California. Also I receive an occasional letter from Pat Dressendorfer Willand who lives in Springfield and Colleen Committs Meller in Beloit, Wisconsin. Let's all start planning on a reunion at the Alumnae dinner. My address is 201½ W. Oak, Fairbury, Ill."

1951—Irene Lenhardt is now an office nurse for a surgeon and an internist who are on the staff of the Swedish Covenant Hospital. During her vacation she spent one week as a camp nurse and during the rest of the time, she took an auto trip to Massachusetts. There she went on a bicycle trip with the American Youth Hostel for a week in the very scenic and beautiful Berkshire Mountain area. During her spare time from her usual office duties, she plays the violin in the Evanston Civic Orchestra.

Betty Gosha is learning how to play golf. Her sister is entering training at St. Luke's this year.

Helen Knezevich Muchow spent most of the summer painting their entire house and making new drapes.

Alvis Hansen Groman is recovering from her second seige of myelites in two years. This one wasn't as bad as the first one—only sensory this time—no motor involvement.

Doris P. Nason will fly to Chicago with her doctor husband for a December visit with her family on the farm in Central Illinois. They

will fly back to Calif. at the end of December.

Jean Ann Howren Veach and doctor husband will settle in Terre Haute, Ind. where Bill is going in to practice with another urologist. They are very happy that they decided to stay in the midwest.

Katherine Keebler is again an office nurse.

Virginia Modlinski Quinn and her family are now living in Park Forest. She is expecting her second baby anyday.

Barbara MacMillan Urick spent her vacation visiting the family in California.



Request from the Souvenir Committee

The committee would like programs of commencements and annual Alumnae dinners for our historical souvenir collection.



Please send all name and address changes to:

Miss Rosemary Scott

5455 Blackstone Ave.

Chicago 49, Illinois

"Continued Condensed Histories of the Class of 1931"

Dear class:

Fortunately soon after graduation I found very pleasant and satisfactory work in nursing and teaching. For a short period I tried private duty, but it was during the depression and cases were few and far between. The Aurora Chapter, American Red Cross asked for a nurse for itinerant work for three months, and like the man who came to dinner, I stayed. I am starting my twenty-first year in July.

Marie Klein

Dear class:

I was married shortly after our training and just a house wife until World War II came along. Then I taught home nursing here for the Red Cross, nursed at Hines Hospital and on local cases for several years. I tapered off with hourly nursing in Riverside until I become busy with sickness in my own family. We have one son.

Ruth M. Koerner Hallam

Dear class:

I've delayed returning this hoping I might be able to attend at least one of the events, but my father, who is approaching his ninetieth birthday, has not been too well the past few weeks. I don't feel I should leave him alone and you know elderly people resent having outsiders stay with them.

Ruth Longhurst

Dear class:

We were transferred to Oklahoma City in 1936 where I did nothing but get acquainted, have a good time, and travel with my husband. In 1940 we were again transferred to Dallas, Texas. During the war I taught home nursing classes at the County Hospital. After two years of this, I went to North American Plant and worked there until the end of the war. We had bought a new home, where I'm sure to always find plenty to do, but since our class meeting in May I have been inspired to do something again. I think I will do more volunteer work.

Lela McCue Bolitho

Has four children and recently went to work at the Albuquerque Indian Sanatorium.

Jeanne Moreland Pryde

Private duty for three months. Cook County Hospital—P.G. course and staff nursing Infant Welfare. Married in 1937. New York for four years. Moved to Canada in 1941.

Kate Meyers Coulton

Dear class:

My oldest daughter is graduating from Latin School this June. Mary is finishing her sophomore year in high school. I thought I might get back for Barbara's graduation, but finances aren't too favorable. She comes out here to me every summer. My second marriage has been most happy though not even comfortably well off.

After my divorce, I worked six months at Evanston Hospital in the Medical Record Department. After I came out here I thought I might go back to nursing, but as I never did care too much for that I started out again in medical records and in time I took the national examination. I made it, so I am now a registered medical record librarian and have been for six years.

Martine Helen Morgan Copelin

Night supervisor at Passavant Hospital in Chicago. Lives on near north side.

Edna C. Mueller

Dear class:

I was a visiting nurse after graduation for five years in Chicago and that included three years as physical therapist with orthopedic division. After continuing on at Northwestern School of Physical Therapy to receive my certificate in that work, I accepted a position as Orthopedic Nursing Consultant with the Crippled Children's Division of the State of Arizona Welfare Dept. This entailed travelling statewide for clinics and follow up work with the Public Health Nurses and Social Workers. After two years I married

and settled near L.A. which was just before the war. I taught Nurse's Aide classes for the Red Cross and assisted in community Civilian Defense teaching and first aid set up. During polio epidemic in 1943 I took Kenny Polio Course at Children's Hospital in Los Angeles and worked as physiotherapist in Long Beach Tischner Clinic and in Orange County. I also helped out during polio season at Phoenix Convalescent Home for the Crippled Children.

After my marriage broke up, I joined the Waves and was a physical therapist assigned to Camp Shoemaker Naval Hospital in Calif. Upon my release from service I did polio work in Oakland, Calif. and then I worked at the Permanente Hospital with Dr. Kabot with his then new neuromuscular department for the multiple-sclerosis patients.

In 1949 I remarried and settled in Walnut Creek, where I worked in local therapy center, and then did cerebral palsy therapy for two years. I resigned from that position to take care of our two adopted daughters.

Alyce Oleson Bowman

Dear class:

After graduation I married a young law student. I did bit of private duty until he got out of law school and then I stayed home to start a family. We have two children.

Shirley Oliver Johnson

Dear class:

In 1936 I was employed as a stewardess for American Airlines. Flew five years. Married Robert Hammon in December, 1939. War was declared in Dec. 1941. My son was born in August, 1942.

My husband's mother was with us at that time. So when the baby was five months old I went to work as a nurse at Roseland Community Hospital in the O.B. department. Worked there for three years. Then went to work for Dr. Vernon DeYoung. Worked for him for four years. Now I seem to be busier than ever being a housewife.

Annese Pugh Hammond

Dear class:

In 1932 I came to Lake Forest to what was known as the Alice Hame Hospital. I did surgical and relief

nursing. In 1935 I married Arnold Scholtz and quit nursing for a while. Then went back and worked sometimes steady and sometimes as relief nurse until the war came. Then I started to work at Victory Memorial Hospital in Waukegan as afternoon and night supervisor. After the war I worked in their drug room for a year and then quit for good. Being a housewife is a full time job.

Thelma Rieger Scholz

Dear class:

After finishing training I was married. I did private duty for awhile at St. Luke's until the baby came. Later I was a supervisor on one of the medical floors of our local hospital. I am now living in Hammond, Ind. I have a wonderful husband and two children.

Evelyn Rinn Glass

Dear class:

I have been living in the Bay Area since 1939. We were married in 1940 and I did private duty here until 1942, since then I haven't worked so my knowledge of nursing is definitely on the rusty side.

Helen Schilling Burke

Dear class:

After leaving training I was married, did a little private duty nursing. Then my son came along. We moved to Dallas, Texas in 1934, and lived there until 1949. We then moved to Hartford, Conn. We have just moved to Sandusky in Nov. of last year, and now we are in the process of building a home on Cedar Point on Lake Erie.

Winifred Schuler Anderson

Dear class:

I have been a policewoman for almost ten years for Chicago. At the present time I am on leave of absence due to a health condition. Previous to that I spent four years in the Army Nurse Corps and was discharged as a 1st lieutenant. Since leaving training I have traveled a great deal; all over the states and to Europe with my mother who is a retired nurse herself.

Margaret Scofield

Dear class:

In 1931, the depression being in full bloom, I took a position as governess for a nine year old girl whose parents were gone. Spent two

years in luxurious surroundings. Next year spent it in bed with an illness. Following this I spent three years as surgical nurse and then took a position as head nurse in a camp for children affected with cardiac conditions. As I'm still unmarried, I feel the responsibility of taking care of children as my only compensation. Drifted into physical therapy after more work at Northwestern and have worked in Detroit, N.Y.; and now 9½ years in Rockford, Ill.

Edith Snow

Has spent most of her time on a ranch with husband Jim and two children and 2000 chickens.

Gertrude Seipman Bradshaw

Dear class:

For over seven years now I have been with the Veteran's Administration here in L.A. I am a nurse instructor in charge of nursing Assistant training. I continue to find psychiatric nursing most interesting and fascinating. Seems funny to be in this field after 14 years in obstetrics.

Catherine Stough Boyle

Married to Dr. D. B. Knowles and busy being a mother and housewife.

Thelma Thomas Knowles

Dear class:

March 1931 I did private duty. June to October 1931, did VNA relief summer job. After that, became a social worker at Northwestern University clinic and attended night classes at Loyola University for 3½ years. Had a scholarship from I.S.-M.A. First District. Was transferred to the Evanston Hospital Clinic in May, 1935 and stayed there until Nov. 1937. In January 1938, I went to Honolulu to work at Palama Settlement, a clinic, as Medical Social Worker. This was a two year job. Then I did two years of private duty in Honolulu. Worked for two months at a Plantation Hospital on Hawaii too. Returned to the States in November, 1941. January 1942, I joined the staff of the Dallas County Chapter for the Red Cross as director of home nursing. June 1943, I joined the Armed Nurses Corps. Was discharged from the service in 1945 and was married during the same year. We then

lived in Iowa for 16 months and during that time I served on the Nursing Commission of Red Cross.

While my husband attended school in Chicago, I attended the Ray-Vogue School of Interior Decoration until 1948, and then returned to Des Moines. I was hired as a decorator by the Younkers Department store. In 1949 I was transferred to Sioux City for Younkers as their decorator and there I stayed until 1953. Now my summers are devoted to gardening and church work.

Irene Tilton Halden

Dear class:

I live on a farm. I have a good husband and two lovely children. I have done very little nursing in my 20 years of married life.

Viola Truckenbrod Betz

Dear class:

My professional years include some general duty, a little more private duty and a great deal of free friendly duty. However, my years as a wife and mother (of one adopted girl) are to me the principal worth of my life.

Florence Veyette Kenney

Dear class:

Private duty from 1931 to 1934. Married in fall of '34 to Linwood E. Powell and settled down to homemaking. I have one son.

Madeleine Weiler Powell

Dear class:

After graduation I did private duty at St. Luke's for three months and from there I went to the Illinois Research Hospital. I was head nurse in the childrens orthopedics ward for nine years and then I was the supervisor of pediatrics for a few years until I married. Bill and I are since divorced.

Adelaide Welch Kleitsch

Dear class:

Work was not plentiful for nurses during that period and I was fortunate in finding office employment. I was a secretary until 1934 when I married. Until 1942 very busy as a housewife and mother of two daughters. After my husband died I enrolled in a refresher course at St. John's Hospital in Rapid City, but gave it up as I was very ill. I then went back to business work until

1951. (Credit Manager for a Montgomery Ward store) A coronary attack kept me hospitalized for three months, then nine months of rest. In 1952, went to work in an accountant's office until Nov. 1955 at which time I left to marry and moved to Mitchell, South Dakota.

Florence Wolfe Walker

Dear class:

Did general duty at St. Luke's until 1933, and from 1933 to 1936 I did general duty at Bob Roberts Hospital. From 1936 to 1941 I worked for the Infant Welfare Society of Chicago. In 1942 our first girl was born and a second one born in 1945—having married Frank in 1934.

Since 1951 I have been working two evenings a week in the nursery at Luke's.

Minna Zinck Wood

Speech given by AGNES OHLSON, R. N.

PRESIDENT OF ANA

This year marks the 60th birthday of the ANA, as you know. Sixty years, during which nurses have **worked together to better their profession** in every way and to improve patient care. Sixty years during which we have learned, as an organized group, to listen, to speak, to think and to act.

Today, as we look at our professional organization, it is difficult for most of us to comprehend the changes which have occurred in the past 60 years. We see the ANA as it is today—one of the largest professional organizations in the country, with a membership of more than 177,000; constituent associations in the 48 states, the District of Columbia and five territories; and an extensive program undreamed of in the days when nurses first organized nationally. It would be impossible to describe from this platform all that ANA is and does today in the time available. It has taken more than 600 pages of print to report the activities for the association during the past biennium alone. This report, each of you received as you registered. In it is recorded the activities of each of the sections and every ANA committee

as well as your officers and the headquarters staff.

The Sixth Decade Reveals Much Progress

This year also marks the end of a decade for us. The sixth decade in ANA's history. It has been a decade of rapid expansion and great change, both in nursing and in our organization. Ten years ago our activities were governed by a budget of approximately \$289,000. This year, our budget is three times that amount, and the programs and activities we carry on have expanded accordingly.

This is a particularly auspicious decade for us to consider, since it marks the first during which nursing has officially been recognized as a profession. Some of you will remember that it was in 1946, after a great effort on the part of ANA, that the Civil Service Commission reclassified graduate nursing positions in federal government agencies from the sub-professional to professional status. During this decade we adopted the first Code for Professional Nurses, and were gratified to see our Code used as a model for the one adopted by the International Council of Nurses.

We launched an extensive program of research, and following that established the American Nurses' Foundation, Inc. We developed the Professional Counseling and Placement Service, which was established in 1945. We created a formal economic security program. We expanded our legislative activities with the opening of an office in the nation's capital. We created a comprehensive public relations program, an intergroup relations program and have expanded our activities in international relations. All this has been reflected in the development of the platform of the ANA.

What makes this expansion of program most significant, I believe, is that it occurred during a decade which also saw a tremendous reorganization in the structure of the ANA and the development of section programs. This has resulted in a greater ability to meet the needs of members and greater opportunity for participation.

Committee of Long-Term Goals Created

In order to help our profession, keep in step with changes in society, and to cope with other than immediate problems, we must plan now so that we can function effectively as an organized group ten or twenty years from now. We must study the social and economic trends which will help fashion the world of tomorrow. We must look to our association and its ability to function successfully in that world. The ANA has already taken steps toward such an appraisal. The Committee on Current and Long-Term Goals which was created at the last convention has begun this tremendous task. It is our eye on the future, and will help us to make a realistic appraisal of the present.

The experts tell us that we can, in the future, anticipate a larger population, an older population and a population with more money to spend on health care. Our people will have increasing freedom from drudgery, increasing freedom from disease and an advancing level of education. These trends will affect us as individuals and as a professional group. They will influence not only what we are able to do but how we do it.

What will be the character and nature of nursing care, ten or twenty years from now? This question cannot be answered by one person. It must be answered by the nursing profession. Each of us has a part in formulating the answer. With the great changes in disease patterns, the increasing number of cures possible, the very nature of illness has changed. Many diseases which once were devastating in their effect, are under control. Yet new health problems arise and with them new nursing problems. How we solve these problems will partially determine what nursing is in the years to come.

Developments in related health professions also will have a great effect upon nursing in the future as they have in the past. For example, there is an increasing emphasis on medical education in the human as well as biological sciences, an increasing tendency to educate physicians to see not just a body, but a human being in relation to his family and community. As this trend gains mo-

mentum, physicians will find they are unable to carry out new medical practices while continuing those of the present. Assuming, as figures in the past indicate, there will not be enough doctors to go around, so to speak, physicians will pass on more and more tasks to other professional persons. This pattern is not new. We know, today, professional nurses are performing many functions formerly carried on by doctors. But, the tempo of this trend will, I believe, increase. This of course, has obvious implications for nursing. As professional nurses take on more of these additional functions, they must in turn delegate more of their activities to others. This will gradually bring about a reallocation of responsibilities and, I believe, an increasing correlation between medicine and nursing. The nursing profession must help such a correlation mature.

At the same time, nursing must not neglect its responsibility in helping the development of nonprofessional health personnel. The increasing need for persons trained to give care, under professional direction, is obvious. Practical nurses and auxiliary health personnel are integral components in today's health care picture.

Nursing Leadership Needed

Changes in nursing will, of course, affect the needs of nurses and hence the future of our organization. We must consider carefully what it is we need most from our professional association, and then find a method of meeting those needs if they are not already provided for.

Right now, in view of the tasks we are called upon to do, and the challenges which face us, perhaps one of our needs as a professional group is to develop leadership experiences. The need for leadership in professional nursing is obvious today. More and more, both on the job, and as one of many professional groups, we are being called upon to assume this role.

I should like to read a passage, written in 1948 in "Nursing for the Future"* in which the author describes a professional nurse of the latter half of the 19th century. "The professional nurse will be one who recognizes and understands the fundamental (health) needs of a person,

sick or well, and who knows how these needs can best be met. She will possess a body of scientific nursing knowledge which is based upon and keeps pace with general scientific advancement, and she will be able to apply this knowledge in meeting the nursing needs of a person and a community. She must possess that kind of discriminative judgment which will enable her to recognize those activities which fall within the area of professional nursing and those activities which have been identified with the fields of other professional or nonprofessional groups.

"She must be able to exert leadership in at least four different ways: (1) in making her unique contribution to the preventive and remedial aspects of illness; (2) in improving those nursing skills already in existence and developing new nursing skills; (3) in teaching and supervising other nurses and auxiliary workers; and (4) in cooperating with other professions in planning for positive health and community, state, national and international levels."

"Brown, Esther Lucile, Ph. D., *Nursing for the Future* (New York, Russell Sage Foundation, 1948, 198 p.)

This description, written eight years ago, says little of which we are not aware today. Yet, are we each of us able to exert leadership in at least those four directions. For to the extent that each of us exerts these leadership qualities, to this extent will we be able to assume the leadership role which we are being called upon to play today, as a profession and as an organization. We have taken the lead as a professional organization in many ways during the past years. We are now taking the lead in planning for the future.

As times have changed, as nursing has changed, we have extended and adjusted the activities of the ANA accordingly. We have, I believe, learned organizational adaptability. We have made the study of our structure a continuing process. Every two years, assembled as we are this week, we review changes in bylaws, changes in our platform, so that we can adjust to present needs. One of the planks in our platform specifically provides for this. We know we will probably never have perfection, improvement is always possible. If

we give careful thought before each contemplated change, we will accomplish what we intend, "to facilitate effective action in nursing."

Intergroup Relations Program Developed

Perhaps one of the most significant trends today, of which we must be cognizant is the growing importance and influence of organized groups in our society. One can accomplish little alone these days. Community action, group action, are the order of the day. There is a growing tendency for groups to speak for and represent individuals. This is a trend which gathers momentum, obviously. For as soon as one group acts in this way, other persons find they cannot stand against the pressures exerted unless they, too, are organized. The objective of any group is to change the status quo. We ourselves are an example of this. When nursing first organized, one of the major objectives was to change the situation regarding the licensure of nurses. Underlying all our programs is the aim to improve patient care. This denotes change. Today, many of our programs are designed to change present situations. We wish to eliminate segregation in nursing, hence our intergroup relations program. It goes without saying that there are bound to be organized groups whose objectives do not match ours, whose aims may be contrary to ours. To cope with such situations we must be united, and firm.

As nurses we must develop the techniques which other groups are using to make themselves effective. Group activity of this kind requires that we present a united front to the public. This is not as simple as it sounds. Yet it is, I believe, perfectly compatible with the democratic principles upon which the ANA is based. We need dissenters in nursing. We need varying viewpoints. We need alert, inquiring minds. Yet, once a majority decision has been reached, those with varying viewpoints must stand together and speak with one determined voice. We must be firm without being arbitrary. We must not permit opposition to "divide and conquer." For group activity, participation is necessary. The thought, en-

ergy and effort of every member is required.

Because of such participation, we have found ways to improve and expand continually through the years. Where there was no way, we created one. This must continue, perhaps even at a greater pace than before because we are living in an era of great pressure. Pressure which cannot be resisted. As Dr. Mary Schauffler said, during our last convention, "Our period is characterized by social ferment. In all aspects of our life, we are having or need to have objective re-evaluation of standards, practices, policies and value-judgments to bring them in line with the times."

It is such thinking as this which is directing the work of the ANA. It is thinking such as this which must guide us in planning now so that we can utilize our resources constructively in the future. The decade ahead which faces us is one which will require all our faculties, all our efforts.

Nursing Assuming a Larger Role

Nursing will, in the next decade, play a much more important role in the health care of the nation than ever before. Year by year, nursing has assumed more and more responsibility in care of patients and greater participation in preventive medicine. One has only to look at the functions which have been outlined by the various sections to see what nursing is today. The idea of "planning for the total nursing needs of the patient" recurs in one statement after another,

and such practice requires judgment, self-direction, and an understanding of human behavior and relationships.

Through the years, nursing has acquired a body of knowledge of its own. The independent nursing functions which are a part of practice today are increasing and it is in this area, where nursing is assuming more and more responsibility.

The benefits of such care for patients are being documented through some of the research underway in nursing. For example, one of the studies shows that given the opportunity, a head nurse's potentiality to plan nursing care is so great that it cannot be accurately estimated. Where such a condition existed, remarkable results were apparent in psychiatric patients. While the study does not infer that nursing care alone was responsible, it indicates what can be accomplished when a head nurse is able to "plan for the total nursing care of the patient."

The main reason I am so confident in predicting a much larger role for nursing in health care is that nursing today is strong enough, as a profession, and as an organized group, to have an impact on public opinion. The tremendous advances of the past decade to which I referred earlier are indications of this strength. Not only has nursing much to say, but it has a voice and a means for unified, constructive, action.

We have the strength and the means—with the will to carry through we have only to decide the course of action and the method. This is in your hands.



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Dorothy Dimock Palfi

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